

**Lisbon nominated for 'World's Best Destination'**

Portugal's capital city has been nominated in the World Travel Awards (WTA) 2010 amongst the prestigious categories that include 'World's Best Destination', 'Best Cruise Destination' and 'Best Cruise Port', the Lisbon Tourism Board announced this week. (See Page 4)

**A fifth of prison inmates are foreign nationals**

About 20% of the more than 11,500 inmates in Portugal's prisons are foreign nationals, the overwhelming majority from other Lusophone countries, according to the national prisons general-directorate DGSP. (See Page 8)

**IMF optimistic deficit targets will be met**

The International Monetary Fund has this week dismissed speculation that Portugal could be forced to turn to it for a financial bailout, with a spokesman saying the IMF is confident Lisbon will meet its deficit-cutting targets. (See Page 13)

**New tender for Tagus crossing high-speed train links**

The Portuguese government could launch a new tender for construction of the Lisbon-Poçoirão high-speed train line and bridge over the Tagus River before the end of the year, a senior official said. (See Page 15)

**Multi-million € plan to treat teens' teeth**

The chief of Portugal's national healthcare system (SNS) Francisco George, announced this week that in 2011 "all 16-year-old Portuguese will have all their teeth treated or protected". (See Page 17)

**Weekend weather**

**Lisbon:** Autumn marks its arrival as temperatures will be cooler for much of next week though rain is set to stay away at least until next weekend. **Algarve:** The weekend will be cool and partly cloudy though temperatures are expected to rise to around 24° during the course of the week. **North:** Rain will dominate though maximum temperatures will be in the low 20s.

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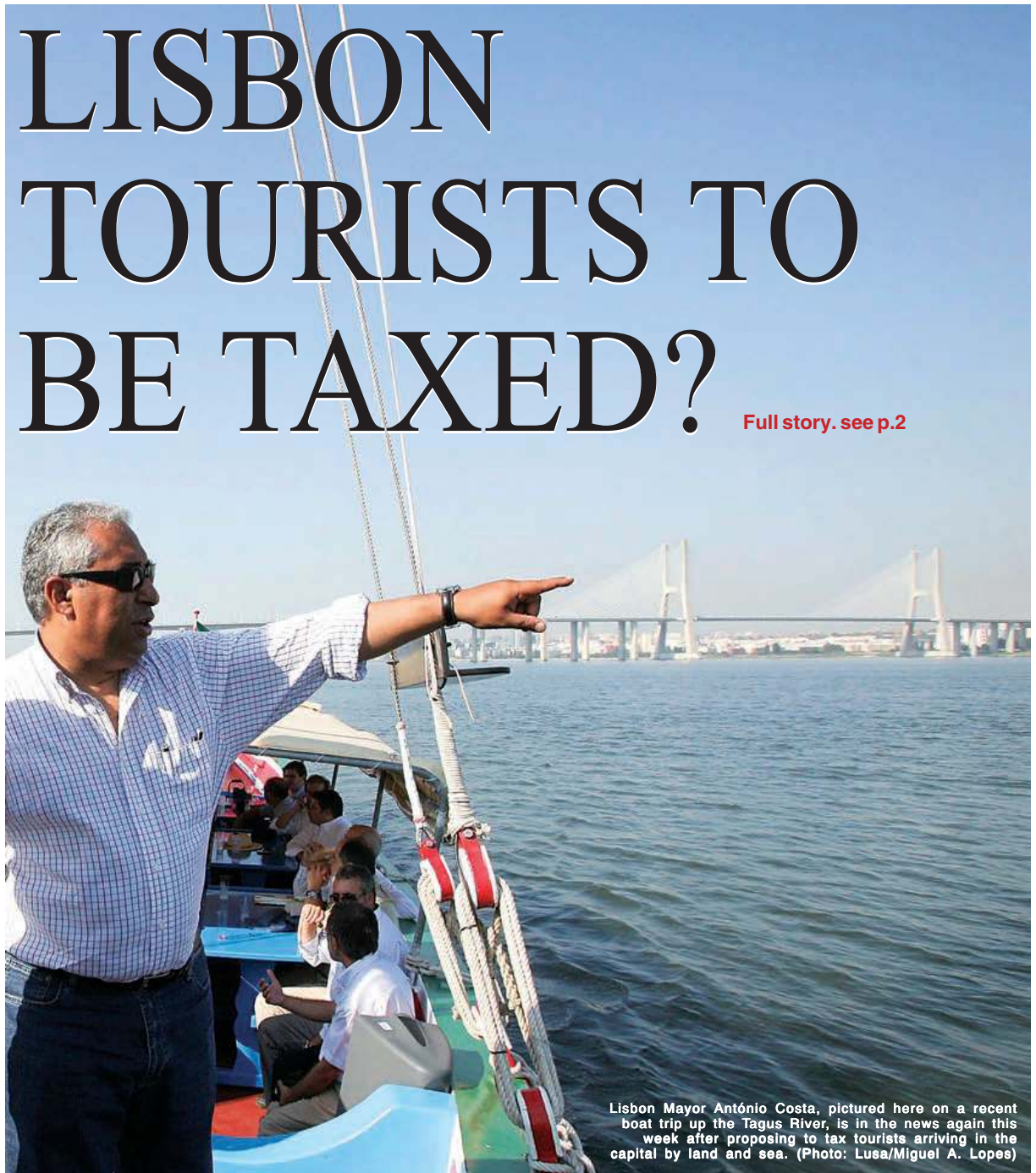
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## Lisbon Mayor looks to boost city coffers by charging tourist taxes at airports, ports and hotels

# LISBON TOURISTS TO BE TAXED?

Full story. see p.2



Lisbon Mayor António Costa, pictured here on a recent boat trip up the Tagus River, is in the news again this week after proposing to tax tourists arriving in the capital by land and sea. (Photo: Lusa/Miguel A. Lopes)



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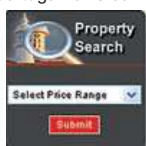
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## Lisbon tourists to be taxed?



Lisbon Mayor António Costa caused a stir this week within the travel industry when he admitted the City Hall was looking to tax visitors to the Portuguese capital.

Brendan de Beer

Tourists could soon be faced with two new taxes should they wish to visit the city recently voted Europe's best destination.

In what is perhaps a bid to cash in on the capital's growing popularity, tourists arriving from abroad by air, sea or rail could be charged one euro to enter the city. In addition to this tax, Mayor Costa wants to charge hotel guests a maximum of €1.90 for every night they spend in the capital.

Staying at a hostel will be 'cheaper' with a tax of only €0.20 a night.

Opposition to this announcement has been swift, but António Costa has defended tabling this proposal as a means of financing promotion of the capital and re-

investing revenue from these taxes straight back into the tourist industry centred around the Greater Lisbon Area.

Based on air and sea passenger figures for 2009, which is now widely regarded as the worst year of the past decade for tourism in Portugal, the City Hall can look forward to a cash injection of around €13 million, plus several millions more from taxes levied on hotels.

The hotel industry, however, is not convinced that this move will serve to generate repeat and new visits to the capital.

The Association of Hotels says it already invests in the region of six million euros each year in promoting the capital and is willing to discuss increasing this

amount with António Costa.

While the Lisbon Mayor has this week stressed that the proposal to tax tourists is just that, and that nothing has been decided, television channel TVI revealed that the tourist tax was initially planned to come into effect by as early as the end of this month.

Despite arguments by the Association of Hotels that Mr. Costa's proposal will "sink the Lisbon travel industry", it seems the mayor is looking to capitalise on the city's growing popularity and the string of travel awards it has received in recent years.

Last year Lisbon reigned victorious in three of the World Travel Awards' most coveted categories: 'Europe's Leading

Destination 2009', 'Europe's Leading Cruise Destination 2009', and 'Europe's Leading City Break Destination 2009'.

In January, for the second year running, the city collected the award for 'World's Best Hostel' at the eighth annual Hoscar (Hostelworld Customer Annual Ratings) Awards ceremony, in Dublin.

In April, Lisbon was voted 'Europe's Best Holiday Destination' in a survey conducted by the European Consumers Organisation, which described "the wonderful city" as "the most beautiful place to go [in Europe] for a trip or a week". (Also see page 4 for an in-depth report on the capital's host of recent accolades and nominations for future awards).

## Airport passengers figures down, but performance better than EU



The number of passengers who travelled through Portuguese airports in 2009 fell by 3.8 percent, in comparison to 2008, though this was less than the overall EU average of 5.7 percent, according to the National Statistics Institute (INE).

"Within the context of the international economic crisis, in 2009 the dynamics of air transport within Europe suffered a 5.7 percent reduction, in comparison to the year before, regarding passenger movement within the EU27", the INE stated.

It highlights the scenario within Portuguese airports, explaining "the negative evolution [in Portugal] was less accentuated, with a passenger movement in the region of 3.8 percent below the volume registered in 2008".

Last year 757.9 million passengers travelled through European airports, 46 million fewer passengers than in 2008.

In Portugal last year the number of passengers arriving or departing by air totalled 23.8 million, one million fewer than the 24.8 million registered the year before.

"While 2008 was characterised by a slight increase in the number of [airport] passengers, both in Portugal and in the EU27, 2009, in comparison to the previous year, showed a contraction

in airport activity which was more accentuated throughout the EU27 countries as a whole than specifically in Portugal".

The INE says that, in 2008, the number of passengers carried by airlines rose by 2.8 percent in Portugal and by 0.4 percent throughout the EU27.

North America was the destination that suffered the biggest drop in passengers being carried both to and from Portugal in 2009, with a reduction of 13.3 percent.

London's Heathrow Airport (UK) was the busiest airport in Europe last year, having processed some 66 million passengers, followed by Paris' Charles de Gaulle (France), with almost 58 million passengers.

Lisbon Airport processed an estimated 13 million passengers in 2009.

According to a provisional assessment by the INE, "the first quarter of 2010 seems to confirm the negative period that the air passenger industry is going through".

## Tourism revenue grows

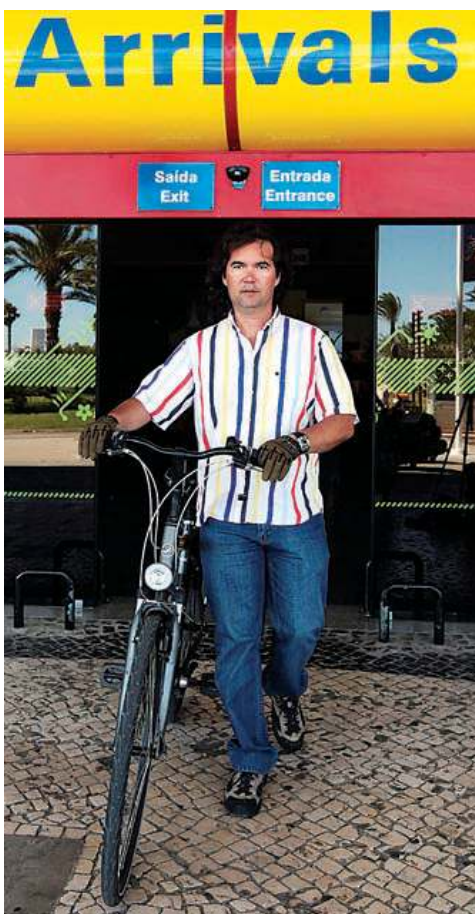
Revenue generated by tourism in Portugal in July this year increased by 57 percent in relation to the month before, June 2010, and by 12 percent in comparison to July 2009.

This was confirmed by statistics published by the Bank of Portugal.

According to figures from its statistics newsletter, the country's tourism-generated revenue in July reached €932.8

million, in comparison to the €593.7 million made in June.

Portuguese holidaying aboard in July spent €258.1 million; 4.9 percent less than in June, but 7.9 percent more than in July 2009.



Passengers arriving at Faro Airport are given the opportunity to appreciate the beauty of the Ria Formosa on bicycles. (Photo: Lusa / Luis Forra)





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# Lisbon nominated for 'World's Best Destination'



RCI's Independence of the Seas, one of the largest cruise ships operating in Europe docked in Lisbon on July 28th. (Photo: Lusa / Manuel de Almeida)



Portugal's capital city has been nominated in the World Travel Awards (WTA) 2010 amongst the prestigious categories that include 'World's Best Destination', 'Best Cruise Destination' and 'Best Cruise Port', the Lisbon Tourism Board announced this week.

In competition with Lisbon for the title of 'World's Best Destination' are another 17 destinations including cosmopolitan contenders such as London, the Maldives, Miami, New York, Rio de Janeiro and Sydney.

Also competing for 'Best Cruise Destination' are the Bahamas, Copenhagen, Istanbul, Miami, Shanghai, and Stockholm, amongst others.

'Best Cruise Port' contenders, along with Lisbon, are Cape Town, Copenhagen, Istanbul,

Miami, Port Victoria, Rio de Janeiro and Sharm el Sheikh.

The winners will be announced at the glitzy 17th World Travel Awards ceremony being held in London on November 7th.

Now referred to as the 'Oscars of Tourism' the nominees are painstakingly chosen based on online votes from thousands of travel professionals from around the world.

Created in 1993 the World Travel Awards aimed to stimulate competition and quality within

the international tourism sector by globally promoting the best destinations and services rendered.

Last year Lisbon won the WTA title of 'Best European Destination', 'Best European City-Break' and 'Best European Cruise Destination'.

In fact in less than two years Portugal's capital city has propelled itself to sit comfortably amongst Europe's most enticing destinations, collecting an assortment of awards along the way that

prove the worthiness of its heady ascension.

Prior to 2009, Lisbon failed to impress WTA voters; in 2008 it won the title of 'Europe's Leading Tourist Board', though until last year it was one of few accolades achieved by the relatively unknown city when compared with other destinations in Europe.

In January this year, for the second year running, the city collected the award for 'World's Best Hostel' at the eighth annual Hoscar (Hostelworld Customer

Annual Ratings) Awards ceremony, in Dublin.

Held to recognise the best hostels in the world, some one million Hostelworld.com customers participated in the 2009 awards by voting on over 23,000 venues from across the globe.

In April, Lisbon was voted 'Europe's Best Holiday Destination' in a survey conducted by the European Consumers Organisation, which described "the wonderful city" as "the most beautiful place to go [in Europe] for a trip or a week".

Lisbon beat off competition from destinations such as Barcelona, London, Copenhagen, Bilbao, Lyon, Amsterdam, Berlin, Prague and Helsinki, which together, and in that order, formed the top ten for 2010.

The independent consumer group, based in Brussels, is a non-profit-making organisation that each year rewards 25 product ranges chosen by a jury and European consumers.

These achievements followed a string of recent awards, including one from travel website Lonely Planet, which described Lisbon as a "seductive mermaid" and ranked the Portuguese capital as one of the ten-top cities to visit.

In 2009, Yahoo Travel also placed Lisbon at third in its top ten list of cities to visit.

Just this week, Lisbon was voted by one of the world's leading travel advice websites as Europe's 'Most Affordable' holiday destination. According to a survey conducted online by the well-known travel advisory website TripAdvisor, Lisbon, while not being the most attractive, cleanest or safest European city, is the most affordable for people looking to take a break in Europe.

On the other hand, TripAdvisor's voters elected London as the most exciting, but most expensive European city, while at the same time deciding its food was the worst.

Paris (France) and Venice (Italy) followed as the second and third most expensive destinations

in Europe.

According to the nearly 3,000 people who took part in the survey, Lisbon is more cost-friendly than Prague (Czech Republic) and Istanbul (Turkey), which took second and third place respectively.

In 2009 Prague was voted as the most economic European holiday destination, followed by Amsterdam (Holland) and Istanbul; Lisbon did not even make it onto the TripAdvisor list, let alone feature amongst the top-three. Of the 2,963 people who participated in the survey, 559 were British.

Interestingly, along with London, Liverpool and Birmingham were elected as having the worst gastronomy. By contrast, Rome, Paris and Barcelona were, according to the travellers, where food is the best.

Meanwhile other parts of Portugal have also been making an impression on WTA voters.

Both Funchal (Madeira) and the Algarve have been nominated for various categories relating to the best international hotels and resorts.

Funchal is on a par with Lisbon with six nominations each. Madeira's Choupana Hills Resort & Spa has been put forward in three categories, while the Hotel Pestana Casino Park, The Vine Hotel, Reid's Palace, Hotel Pestana Carlton Madeira and the Hotel Quinta da Bela Vista are also candidates in various categories.

In the Algarve the exclusive Hotel Vila Joya, in Albufeira, has been nominated for 'Best Boutique Resort' and 'Best Boutique Hotel'.

Lagos' Dona Ana beach has been nominated for 'Best Beach', while Vila Sol Spa & Golf Resort (Vilamoura), Martinhal Beach Resort & Hotel (Sagres), and Vila Vita Parc Resort (Porches) are also in the running for titles in the Algarve.

In Northern Portugal the Aquapuro Douro Valley, in Peso da Régua, is nominated for three categories, while the Praia d'El Rey Beach Resort, Peniche, has one nomination.

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# Algarve Research Note introduced to region's MDs

Carrie-Marie Bratley



On Tuesday this week an "informal and unique get-together" was held to introduce managerial representatives from the Algarve's four and five-star hotel sector to an innovative tourism market study – the Algarve Research Note – which is being developed and elaborated by the ILM Group.



Rui Virginia, of Quinta do Barranco Longo, acclaimed chef Jonnie Pratt, and Andrew Coutts, President and CEO of the ILM Group.

Speaking to **The Portugal News**, ILM president and CEO Andrew Coutts explained that the Research Note was developed due to a need to be "inside" and "on top of the market" as well as "an interest and a need, from the market and the country, to understand the real situation with which the national hotel industry was faced, during what was considered by many to be one of the most economically threatening summers to date".

Andrew Coutts has lived in Portugal for 20 years and has worked on "both sides of the table", developing investment and in an advisory capacity for some of the biggest names in the tourism and residential tourism industry. On his CV are names such as the Champalimaud family and Quinta da Marinha, for which Andrew was the company's managing director. He founded the ILM Group in 1999.

Four years ago a similar market feasibility study was carried

out by the group for the residential tourism sector. This was followed by a tourism research study specifically concentrated on the five-star sector.

This year the Research Note is focusing on four and five-star hotels in the Algarve.

As the previous studies were "well received by hoteliers, this year we decided to repeat the exercise but opening it up to four star hotels, which was a bit of a challenge as there's a lot of them" Mr. Coutts quipped, adding "It's

quite a task".

Key performance indicators will include occupation and price rates, nationalities, revenue and expenditure, information that the ILM Group hopes hoteliers will supply on a basis of trust.

The Research Note differs from statistics supplied from other associations as it is based on figures supplied "straight from the horses' mouth".

"We can therefore do a much deeper analysis", he explained, stressing that the outcome is "factual and not fictional, from primary source data and is a horrible objective".

Mr. Coutts said the Research Note aimed to produce "real, interesting data that can be used by the sector and the trade".

"I hope the findings will be surprising and positive" he said.

Around 40 of the Algarve's managing directors and representatives from four and five star hotels were invited to the get-together, which was held at the Quinta do Barranco Longo in Algez.

The working wine farm, which is currently mid-harvest, was an unusual choice of location for the event, but proved a popular alternative to the norm.

An equally innovative spread was created by renowned chef Jonnie Pratt, of Almancil's Bistro des Z'Artes, using only fresh, local produce from Loulé market.

Ahead of the soirée Mr. Coutts told **The Portugal News** "the majority of the people invited have said they would turn up and most have already committed to participating in the survey".

It is a well documented fact that in recent times the Algarve has suffered a significant blow to its once thriving tourism industry. The global economic crisis led to purse-strings being tightened all over the world, forcing many to shelve holidays as a dispensable luxury.

Conflicting data regarding per-

formance results in the Algarve left little doubt that 2010 would be a defining year.

According to Andrew Coutts, despite many investors opting to put their projects on hold for the time being, the Algarve remains "without doubt" a place that is worthy of investment.

"The Algarve as a product has not changed, but on the demand side things have been really tough for the past three years".

He stressed that "due to price-driven choices" people are trying out new destinations on "the other side of the Mediterranean".

More specifically, "Turkey had a major impact on the Algarve this summer – we'll see how much once we've done the

analysis".

"The Algarve is horribly reliant on the UK market but it's really tough up there right now", he added, explaining how, along with other global incidents that had an impact on the international economy, such as the BP oil spill, "its no wonder that Portugal has been affected the way it has".

Regarding the regional tourism sector, he advised, "We need to market ourselves far more aggressively, not just to the UK but also to other source markets".

"We have to say the Algarve is very much here, we have the beaches and the golf courses but there are other attractions to the Algarve that have been forgotten".

## Education, technology the fields of battle for economic success – PM

Portugal needs to choose carefully "the right place to fight" for economic prosperity, Prime Minister José Sócrates said on Wednesday, pointing to education, innovation and technology as the fields of choice.

"I continue to believe that the field where we should fight to give our economy success, so that the Portuguese economy has the conditions to bring a good quality of life to the Portuguese... is exactly the area of education, the area of innovation, the area of technology", he said.

Prime Minister Sócrates, who was visiting a technology fair in Lisbon, underlined there was no sure "remedy" for economic success, but insisted no nation had blossomed without investing in those three fields.

He said his Socialist government had targeted those areas

as priorities five years ago through a "Technological Plan" that was beginning to bear fruit, generating "an atmosphere of determination and confidence".

Success for a "technological Portugal", he added, required the meshing of "political vision" and "business action", a convergence of "public and private" interests.

The prime minister visited the fair for about two hours, discussing products and projects with exhibitors. He showed special interest in the development electricity-powered cars.

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# PSP announce a drop in summer crime

During the 87-day 'Safe Summer' police operation carried out from June 21<sup>st</sup> to September 15<sup>th</sup> this year PSP officers made 2,161 arrests and registered a drop in the number of incidents relating to serious and violent crime.

Official statistics were released this week.

At the end of the 'Verão Seguro' operation, PSP police had made 67 arrests for possession of an illegal weapon, 255 for drug trafficking, 768 for driving under the influence of alcohol, 396 for driving without a license and 108 arrests for theft.

It was also announced that there had been a drop in the number of incidents involving vandalism; 2,480 property thefts were reported, along with 5,370 car-thefts.

Violent and serious crime also fell; this summer approximately 200 fewer incidents involving serious or violent crime were registered in comparison to last year.

Traffic-wise, during the 87 days of the initiative the PSP force registered 13,777 accidents, 82 fewer than last year, though there were more deaths as 39 people were killed in the accidents, 13 more than during the same period of 2009.

The PSP claims to have registered an "unusually high number of fatalities" in June and July, particularly in Lisbon, Aveiro and Coimbra.

During the 'Verão Seguro' 127,282 vehicles were inspected by police, who fined a total of 24,064 drivers, 9,268 for speeding, 1,036 for drink-driving and 932 for carrying children who were not seated in the legally-required 'kiddie chairs'.

## Immigrants asking for help to leave Portugal quadruple

The number of immigrants asking for help to leave Portugal and return to their homelands has almost quadrupled since 2006, according to the International Organisation for Migration (IOM), which cites the economic crisis as a main reason why more and more immigrants are turning to the Support Programme for Voluntary Return.

From 2006 to 2009 the help requests rose from 252 to 1,011. During the first six months of this year 891 help requests were made by cash-strapped immigrants wanting to return to their homelands, almost 90 percent of the total registered in 2009. Of the requests made in 2009, 381 were granted; during the first six months of this year 306 immigrants have been helped return home.

The Support Programme for Voluntary Return is promoted by the IOM and co-financed by the Portuguese Government. Grants can range from €50 to

€1,500 and are used for travel needs, such as flights, pocket money for the journey, and a re-integration grant for when the immigrant arrives.

According to a Portuguese representative for the IOM, the Support Programme for Voluntary Return was created to help "people who do not have any other resources" return to their homelands.

Generally, these people are "in a delicate and desperate situation", explained Marta Bronzin of IOM Portugal.

Nationality-wise Brazilians are those who seek the programme's help most frequently, followed by Angolans, Cape Verdeans and Ukrainians.

The majority of help-seekers are male, live alone and have been in Portugal for more than five years. However, the number of families asking for help in returning to their homelands is growing, particularly amongst the Brazilian community in Portugal.



Internal Affairs Minister Rui Pereira explaining the 'Automatic Policing' function on September 15th in Faro. (Photo: Lusa / Melanie Maps)

## Brit wanted by UK police found dead

The body of a man who was wanted by UK authorities after reportedly being on the run for more than a decade was found in a torched car in what reports suggest may have been an organised murder.

Identified in the Portuguese press as Raymond Grant, 64, the man's body was found at around 23h30 on Monday night inside his 13-year-old Renault Laguna, on a secondary road off the main A22 - Via do Infante motorway, between Santa Bárbara de Nexe and Estoi (Algarve).

Both the body and the vehicle had been completely destroyed by flames.

Reports claim that, due to the extent of the fire, fire-fighters and GNR police officers who initially assisted at the scene could not identify whether the

body was male or female.

Allegations have since emerged that Mr. Grant, an investment fund manager, was wanted by British authorities. In 1999 he was sentenced by UK courts to 15 months in jail for tax fraud but disappeared before starting his sentence. It is said that, along with two partners, he had set up an investment plan similar to a 'pyramid' scheme, in which investors were promised monthly financial returns of 4.25 percent in interest.

It is not known how long Mr. Grant had been in the Algarve, but he is said to have lead a quiet

life in Portugal, with few known movements.

He had a Portuguese *contribuinte* number but never declared any earnings nor did he own property or have a fixed address. During a short spell in Faro hospital he provided a fake address which was of a café in Faro. Mr. Grant's last known official address, on Rua da Barqueta, Faro, is currently occupied by residents who told police an English couple lived there two years ago.

The car in which he died was the only belonging registered in his name. A bible written in Eng-

lish was found under his seat.

A local resident who was interviewed by PJ police told the Portuguese authorities that he had heard what sounded like three shots shortly followed an explosion.

Autopsy results will allow a more exact cause of death to be determined, though it seems police are dismissing suicide theories.

It has been suggested that the presumed hit was carried out by professionals, due to the fast and violent nature of the presumed crime, without leaving any evidence.

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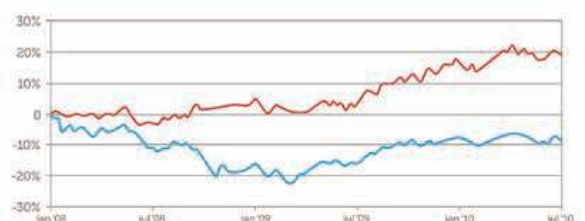
Alex besteedt dagelijks aandacht aan uw portefeuille en speelt direct in op de actuele ontwikkelingen. Ziet Alex kansen op de beurs, dan kopen we de aandelen die goed in uw profiel passen en kans maken op winst. Is het beursklimaat negatief, dan stappen we uit en verkopen we aandelen. Zo beperken we u risico's en over het tijdelijk niet belegde vermogen ontvangt u nog steeds rente. Kortom, Alex doet eigenlijk niet aan vermogensbeheer maar aan vermogensgroei.

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Prison guards lead a group of nine Romanians to the Leiria courthouse for the reading of their sentences. (Photo:Lusa / Paulo Cunha)

## A fifth of prison inmates are foreign nationals

About 20% of the more than 11,500 inmates in Portugal's prisons are foreign nationals, and the overwhelming majority are from other Lusophone countries, according to the national prisons

general-directorate DGSP.

Figures handed to the Lusa News Agency at the weekend showed 20.4% of the prison population of 11,535 during the second quarter was composed of

foreign nationals, with Cape Verdeans leading at 727 inmates.

Brazil followed with 298, trailed by Guinea-Bissau (229), Angola (192) and Romania (118). Most of the foreign inmates

were serving sentences of three to six years, the DGSP figures showed, with about one-third off the total in preventive detention awaiting trial.

The gender breakdown indicated 2,168 were men and 183 women. TPN/Lusa

## EU external strategy on Passenger Name Records

The European Commission this week adopted a package of proposals on the exchange of Passenger Name Record (PNR) data with third countries, consisting of an EU external PNR strategy and recommendations for negotiating directives for new PNR agreements with the United States, Australia and Canada.

"In this strategy, we set the general principles upon which any PNR agreement with a third country should be based. PNR data has proven to be an important tool in the fight against serious transnational crime and terrorism, but at the same time, it raises important issues about protection of personal data", said EU Commissioner for Home Affairs Cecilia Malmström.

More and more third countries use Passenger Name Record (PNR) data in the fight against terrorism and serious transnational crime. Law enforcement authorities can use data provided by a passenger to book a flight to investigate past crimes, prevent new ones and make risk analysis.

Currently the exchange of PNR data with third countries is done under different frameworks. Continuing this situation when PNR data is an increasingly popular security tool, would adversely affect legal certainty and the protection of passengers' personal data.

## News in brief

### British request led Salazar to ban German spies in 1942

Portuguese dictator António de Oliveira Salazar banned a German spy organisation from Lisbon in 1942 following British pressure, according to an official history of Britain's intelligence service MI6 published on Tuesday in London. According to historian Keith Jeffery's 'Secret History of MI6', Salazar was given a file by the British ambassador to Lisbon documenting the activities of the German Waterfront Organisation (GWO) in Portugal.

GWO had been set up by the Nazi regime to monitor the movements of Allied vessels in Lisbon's harbour during WW2. After Salazar was given the British file, GWO was "eliminated".

### New rules against home-made explosives

The EC has put forward a proposal to limit access to chemicals that can be misused to produce home-made explosives. It aims to reduce the threat of attacks committed with home-made explosives, thus enhancing EU citizens' security. In addition, producers and retailers would benefit from equal rules EU-wide. "Home-made explosives are tools used very frequently by terrorists and other criminals to perpetrate attacks. We need to enhance controls and prevent terrorists from taking advantage of existing differences in security rules among EU Member States" said EU Commissioner for Home Affairs Cecilia Malmström. Most terrorist attacks in the last ten years have used explosive devices, which have frequently been based on home-made explosives, fabricated from chemicals that are currently widely available to the general public. Home-made explosives were used, for instance, in the London bombings in 2005.

### Portugal gets Gabon ambassador's post

The EU's top diplomat, Catherine Ashton, appointed some 30 EU ambassadors last week, including Portuguese diplomat Cristina Martins Barreira to serve in Gabon. Lisbon failed in its bid to get the EU ambassadorial posts in Angola, Mozambique and Guinea-Bissau and saw a decision on the prized post in Brazil postponed because Ashton did not consider the candidates for Brasília "adequate". Barreira has been serving as Brussels' representative to Costa Rica and Panama. The key ambassadorship in Washington went earlier to Portugal's João Vale de Almeida, the former chief of staff to EC Chairman Durão Barroso.

### Former Cape Verde President rushed to hospital in Portugal

Cape Verde's first President Aristides Pereira was rushed to hospital in Portugal's central city of Coimbra but is currently in a "clinically stable" condition, the hospital's press officers told Lusa on Tuesday. According to local newspaper 'Diário de Coimbra', Pereira tripped and broke a leg Saturday, and is currently under observation in Coimbra's University Hospital. Aristides Pereira, 86, was among the founders of the African Party for the Independence of Guinea and Cape Verde (PAIGC) and became Cape Verde's first President upon the country's independence in 1975. Pereira held the post until 1991.

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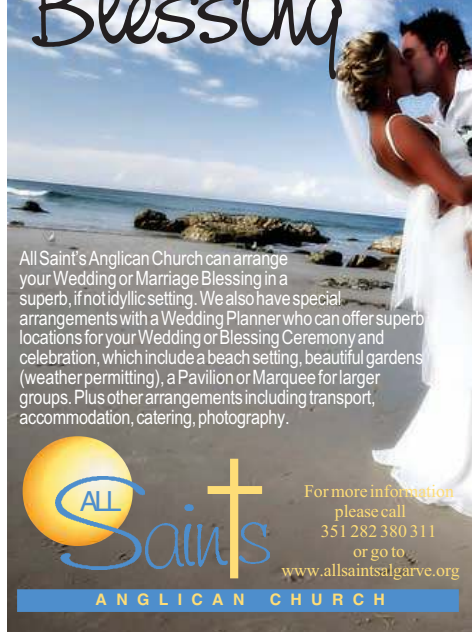
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# Portugal top ranked for transplants



In 12 months Portugal has increased the number of kidney transplants it undertakes by almost 14 percent to become the world's number one country for such interventions, surpassing Spain in the process. Meanwhile, the national transplant waiting list has been halved.

Portugal is currently the world leader in the number of liver and kidney transplants it has carried out in the past two years.

After topping the ranks in terms of liver transplants in 2008, Portugal has managed to overtake Spain, the previous world leader, in terms of kidneys transplanted from deceased donors.

This was confirmed in 'Transplant Newsletter', published by the EU and the Spanish Organización Nacional de Trasplantes.

Maria João Aguiar, Portugal's national coordinator for Blood and Transplant services, praised the news, saying "We have managed to maintain our position as leaders regarding liver transplants and we have overtaken Spain regarding kidney transplants from deceased donors, which is ideal".

In 2008 the differences between Spain and Portugal's statistics were minimal; Spain carried out 44.9 interventions per one million inhabitants, with Portugal falling only slightly behind at 44.8.

Now Portugal has reached 50 operations per million inhabitants as Spain fell to 44.8.

However, Norway leads the way regarding transplants from living donors, but only carries out 39.2 transplants (per every one million inhabitants) from deceased donors, in comparison to the 50 transplants from deceased donors currently being achieved in Portugal.

But in Portugal almost all sectors relating to transplants increased in 2009: regarding donors, overall, Portugal took second place, after Spain, with a rise of 16 percent to 31 donors per every one million inhabitants.

Thanks to extra efforts by hospitals to improve coordination between organ collection departments many obstacles have been overcome to prevent unnecessary wastage of potentially useable organs.

Through this effort Portugal has almost reached its main goal

of being self-sufficient in all areas of transplants.

Last year liver transplants fell to 24 per million inhabitants, from 25.8 in 2008. Even so, Portugal is still the country where most liver transplants are carried out in the world.

With liver transplants as the exception, there were improvements in all other areas: heart transplants increased from 3.9 to 4.4 operations per one million inhabitants and seven more lung transplants were carried out than last year.

Pancreas transplants also increased from 1.34 to 1.9 per one million Portuguese.

**Photo right: An image of a windpipe transplant with stem cells to treat a patient with trachea cancer at AOU Careggi hospital in Florence, Italy. The innovative procedure uses stem cells to enable a donated trachea to regenerate tissue. (Photo: EPA/Carlo Ferraro)**



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# Portimão port boost



In a further endorsement for Portimão as an important destination on the European cruise rota, popular cruise company Pullmantur has included the city on its books and will be making its maiden visit on September 27<sup>th</sup>.



A cruise liner docked in Portimão Harbour

Next Monday Pullmantur's 'Empress' will be sailing into Portimão as part of an itinerary that includes Malaga, Tangiers and Lisbon.

Pullmantur is following in the footsteps of other large cruise operators, such as Iberocruceiros and Princess Cruises.

'Empress' was fully renovated in 2004 and can carry 1,853 passengers and 685 crew members.

At 208 metres in length and 30 metres width the imposing vessel can reach speeds of 19.5 nautical knots and weighs 48,500 tons.

It is due to call into Portimão another 14 times before the end

of the year, on October 1<sup>st</sup>, 5<sup>th</sup>, 9<sup>th</sup>, 13<sup>th</sup>, 17<sup>th</sup>, 21<sup>st</sup>, 25<sup>th</sup> and 29<sup>th</sup> and November 2<sup>nd</sup>, 6<sup>th</sup>, 10<sup>th</sup>, 14<sup>th</sup>, 18<sup>th</sup> and 22<sup>nd</sup>.

In total, 'Empress' will bring an estimated 27,000 tourists to Portimão before 2011, further contributing towards the exponential growth of the city's

cruise port.

Its strategic location between the Atlantic and the Mediterranean has made Portimão a popular port-of-call, as well as the 'excellent' safety conditions that the local Town Hall claims it offers.

Last year Portimão welcomed a total of 38 vessels and 23,588

## Paraglider makes emergency landing on cruise ship

A powered paragliding enthusiast was forced to make an emergency landing on a cruise ship docked at Portimão port earlier this week in an unusual and unprecedented incident.

The 25-year-old Brazilian man was forced to land on the vessel, Holland America's 'Prinsendam' cruise liner, following complications with his equipment. He is believed to have sustained a fractured leg following the incident.

After crash-landing on the vessel the man was immediately given medical assistance and taken to the local Barlavento Hospital. His equipment, which was caught on the top deck of the ship, was collected by the Maritime Police for inspection and to ascertain the cause of the incident.

Powered paragliding, otherwise known as paramotoring, is a form of ultra-light aviation where the pilot has a motor strapped to their back (a paramotor) which provides enough thrust to take off using a paraglider wing. It can be launched in windless conditions, and on level ground, by the pilot alone — no assistance is required.

Paramotors are seen frequently on both sides of the Arade River, in the vicinity of Ferragudo and along the Praia da Rocha beach, Portimão, and Alvor beach.

visitors, corresponding to a growth of 46 percent in terms of arrivals and 110 percent in terms of the numbers of passengers in comparison to 2008.

The weekly ferry to Madeira, the 'Volcán de Tijarafe', which is operated by Naviera Armas, also contributes with an annual

27,826 passengers.

By the end of this year 68 cruise ships are expected to have stopped off in Portimão, bringing with them some 60,000 tourists, representing a 79 percent growth in traffic and 155 percent growth in terms of visitors, in comparison to last year.



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# Portugal vies for UN Security Council seat



Portuguese Prime Minister José Sócrates travelled to New York on Thursday where he was scheduled to address the United Nations General Assembly and hold meetings about energy policy and Portugal's bid for a Security Council seat, diplomatic sources said.

Prime Minister Sócrates, is accompanied by Foreign Minister Luís Amado, who will speak before the General Assembly on Saturday.

The prime minister is also scheduled to make a speech on energy and growth policies at an event for global leaders in Columbia University.

Portugal's investment in renewable energy sources "has been singled out as an exemplary case study in several US media", a diplomatic source said.

Prime Minister Sócrates will also be at a reception hosted by US President Barack Obama in New York's Museum of Natural History.

Sources denied that Mr. Sócrates will make any speech on Portugal's public finances during the trip.

José Sócrates will also hold several meetings with other heads of state and government in which he intends to gather support for Portugal's bid to become a non-permanent member of the UN Security Council for 2011/2012. Portugal hasn't had a seat at the Security Council since 1997/98.

Foreign Minister Luís Amado told Lusa News Agency before travelling to New York that he is "confident" that Portugal's bid for a seat at the UN Security Council will succeed, partly due to Lisbon's "balanced" diplomatic policies.

Speaking to reporters earlier in the week outside the UN Millennium Goals summit, Minister Amado refused to speculate on Portugal's chances of beating Germany and Canada for a Security Council spot.

"It's always rash to predict results in a vote such as this, and I won't do it", Mr. Amado said about the October 12 General

Assembly election for a non-permanent Security Council seat.

Luís Amado recognised that Portugal's bid is handicapped by its "smaller external representation", noting that Germany and Canada have "almost twice as many" embassies and delegations worldwide.

The minister is, however, confident that Portugal will be able to persuade many voting nations through its "balanced, constructive" policies.

"I believe our role has been recognised by many states", Minister Amado said. "Within the European and Western blocs, our policies have been recognised as open and balanced."


In a related story, Minister Amado explained the United States and the European Union "need each other more than ever" to handle "problems facing the West in a fast-changing world in which other regions are emerging with great economic, military and geopolitical power". The Portuguese Foreign Minister was speaking in New York after a meeting between European heads of diplomacy and US Secretary of State Hillary Clinton.

"The West must consolidate transatlantic ties in an expedient and coherent way, and that's what we're looking at", Amado added.

The Middle East peace process, Pakistan, Iran and Afghanistan were all on the agenda of the meeting with Clinton, also attended by European High Commissioner for Foreign Policy Catherine Ashton, Amado said.

TPN/Lusa

**Photo above right: Portugal is hoping to gain a seat on the UN Security Council where it will be empowered to make decision affecting current and future world affairs.**






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## PM praises new budget review system

Prime Minister José Sócrates has applauded the EU decision for greater prior and common discussion and coordination of national budgets, saying criticism of the move in Portugal was based on a "misunderstanding" of the so-called 'European semester' of budgetary reviews.

"All the debate that's taken place in Portugal over 'prior [EU] vetting' is based solely on a misunderstanding", Prime Minister Sócrates said after a meeting of EU leaders in Brussels.

He said the newly approved system of prior budgetary review was nothing more than a more concerted and rigorous application of previous EU rules to assure greater coordination among member states in implementing national Stability and Growth Programmes, representing no

loss of sovereignty as charged by some critics.

In future, "Portugal will see its economic options discussed with others" in the same way that it will participate in discussing the budget options of other EU members, the prime minister said.

He described the new 'European semester' system of budget discussions as a "significant step" in strengthening the 27-nation bloc's economic coordination.

In a related story, the Portuguese government has reaffirmed it will meet its deficit cutting target this year and said Lisbon had already assured more than 90% of its financing needs for 2010.

"The government is in a position to guarantee and confirm its commitment in terms of its budget objectives for this year", said Pedro Silva Pereira, minister to the cabinet presidency.

"There will be a reduction of the deficit to 7.3%", from 9.4%

last year, he added in comments to reporters after a cabinet meeting.

Public debt was also being held "within budgeted limits", Silva Pereira said, underlining that "more than 90% of the Portuguese economy's financing needs have already been assured".

"Thus, by the end of the year, the necessity of resorting to public debt will be much less, on a much smaller scale, and always within budgetary limits", he said.

TPN/Lusa

## Unions worried about unemployment growth in 2011



Portugal's two trade union confederations are worried about the possibility that current high levels of unemployment might grow even further in 2011 and called for increases in wages and pensions.

Representatives from confederations UGT and CGTP were received by Foreign Minister Luís Amado for a discussion in preparation of last Thursday's European Council gathering.

"Government forecasts for unemployment in 2011 are unrealistic", UGT secretary-general João Proença told Lusa News Agency.

"We believe it will climb by up to 1.5 percentage points, to 11%, unless new steps are taken to fight it."

"[The government] must insure that people don't lose purchasing power, especially those with smaller wages and lower pensions", CGTP official Graciete Cruz said. TPN/Lusa

## Public spending grows

Portuguese public spending grew by 2.7% in the first eight months of 2010 compared to the previous year, a rate that is "decelerating" and "perfectly in line" with the budget forecast, according to a government note released earlier this week.

According to government figures, the rate of spending growth is decelerating; it had reached 4.3% in June.

The government note further adds that the increased spending comes from Social Security and health expenditures.

Earlier, Prime Minister José Sócrates had said that the country's current financial and economic situation demands "a steady hand" and "clear judgment" from political decision makers.

In contrast to these comments, were those made by the Social Democrats chief whip.

The pace of growth of the Portuguese debt is "extremely worrying" and "absolutely unsustainable", said the PSD's Miguel Frاسquilho in an interview to the Lusa News Agency.

Frasquilho accused the Socialist government of dereliction of duty in financial matters: "The government isn't paying attention and isn't doing its job, which should be cutting down on spending."

"It's not surprising that, every time the Portuguese state issues debt bonds, interest rates grow higher, because investors perceive Portugal as an increasingly risky nation, and that will have dire consequences on the financial sector and on families and businesses", Frاسquilho added.

In order "not to look bad", Portugal should "be cutting down on public spending, as Greece, Spain and Ireland are doing".

The MP added that the unchecked growth of indebtedness will "kill off the welfare state".

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## To Invest or Not to Invest

**"- That is the question. Whether 'tis Nobler in the Mind to Suffer the Slings and Arrows of Outrageous Fortune...."**

Whether pension or savings, the answer has to be yes. When will it ever be a resounding "no"?

During the carnage of 2007 and 2008, that may have been an answer for most (capital preservation was at the top of the list) but life is too short to keep saying no. Many are still reluctant to invest as 2010 is turning out to be a poor afterthought for 2009 where investors have face further challenges and the miserable outlook continues for savers.

Most are keeping their stash in cash and many prudent and fortunate investors who were not in the markets in 2007 have done well.

Today in Portugal, taxation on bank interest looks to have been raised from 20% to 21.5%. Even on the meagre savings rates that continue to be dwarfed by the excessive spreads on borrowing, this will still hurt those reliant on bank interest for income needs.

An alternative has been offshore cash deposits but, alas, they no longer offer a better option for returns in bank interest. The Finanças are taking full advantage of information sharing through the EU Savings Directive (EUSD) and those that have opted to have their offshore interest paid gross (and failed to declare it) are likely to get caught up in a factual campaign currently underway with the Finanças for interest undeclared as far back as 2006.

Apparently thousands of notices are being sent to individuals from both local and regional Finanças offices and, in some

cases, confusing matters for the individuals targeted.

Taxation and planning go hand in hand and investment strategies must also join the party. The banks still fail to deliver so why continue to use their deposit facilities as a main income or growth strategy?

Yes, imbalances in the global economy remain and financial markets reflect this, most probably into 2011. Nonetheless, they are still at a far lower value than they were in 2007 and the background is different. In fact, very different indeed if you think about how all of us have traditionally invested over the last 10-20 years.

As part-time traditional historians, financial advisers will remind you of past events to try and give a context for the future. I like to do this with a little less replication than one would imagine and, whilst incorporating an understanding and respect for traditional investing, I build around this a more real-time and forward moving platform.

If I've lost you, as an example investors have been doing the same thing over the last 10-20 years in the markets with bank stocks as a traditional investment strategy to provide dividends during a recession. This "tradition" of an environment of low interest rates where corporate bonds and equities are the asset of choice still remains a fundamental for income and growth. Alas, the system is not the same. Therefore, as an investor, you

need to change the way you do things, what you look for.

If you can, maybe cast your mind back to the last significant recession in the early 90's and the doom and gloom back then. You may or may not have seized the opportunities at the time but look what happened to the business cycle after that. If you didn't then why not and, if you did, were you able to get out with at least some of the spoils? To invest or not to invest – that is the question. So, what will you be doing for your money in the next 10-20 years?

This article is intended to provide a general review of certain topics and its purpose is to inform but NOT to recommend or support any specific investments or course of action.

*Raoul Ruiz Martinez is a resident and independent consultant for Finesco Financial Services Ltd., Glasgow and regulated to advice on capital investments in both the UK and throughout Europe under MiFID regulation. He can be contacted at the offices of euroFINESCOs.a. either by telephone on 289 561 333 or on email [Raoul.Ruiz@Finesco.com](mailto:Raoul.Ruiz@Finesco.com).*

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# IMF optimistic deficit targets will be met; President voices confidence



The International Monetary Fund has this week dismissed speculation that Portugal could be forced to turn to it for a financial bailout, with a spokesman saying the IMF is confident Lisbon will meet its deficit cutting targets. Separately, President Cavaco Silva said, if Portugal did its homework, it would not have to "worry about international organisations".

Portugal's "relations with the IMF are normal and we don't foresee any need for IMF financing", a spokesman for the Washington-headquartered organisation told Lusa News Agency.

"We hail the authorities' efforts in recent months to strengthen the budget's position and believe they will do whatever necessary to reduce the deficit to under 3% by 2013", as agreed with Brussels, the official added.

Portuguese economists, opposition politicians, bankers and business leaders have warned in the last few days that the country risked being forced to seek financial support from the IMF.

The minority Socialist government has reaffirmed its commitment to meet the Eurozone

ceiling of 3% by 2013, pledging to cut the deficit to 7.3% this year and 4.6% next year from 9.4% in 2009.

In comments to journalists, the head of state downplayed speculation of IMF intervention, saying what was required of the country was to "do our work, fulfill the commitments we've assumed to reduce our needs and not leave complicated problems for the future".

"No one will come to Portugal to resolve our problems; it's up to us to resolve them", Cavaco Silva, a former economics professor, said.

"If this is done, we'll not have to worry about international organisations", he added. *TPN/Lusa*



President Cavaco Silva makes a speech during the opening session of a meeting in Lisbon on September 31st. (Photo: Lusa / André Kosters)

## Most internet sites now safe to buy electronic goods - EU

Buying popular electronic goods like digital cameras and music players on the internet is now much safer following a crackdown on problematic websites.

A total of 84% of the websites selling electronics, checked for breach of EU consumer rules, now comply with EU law (compared with only 44% in 2009).

The 'sweep' investigation was launched in May 2009 and carried out by national authorities in 26 member states, Norway and Iceland.

The problems identified included misleading information on consumer rights, incorrect prices and missing contact details of the trader.

These sites have now been corrected and penalties have been imposed where necessary.

The Commission also announced the initial findings of the 2010 Sweep targeting online sales of tickets for cultural and sporting events.

EU Health and Consumer

Commissioner John Dalli said: "The sweeps are all about making sure that EU laws benefiting consumers are enforced with vigour, to deliver transparent pricing and truthful information.

"These results show that the sweeps are working. The boost to consumer confidence which they can generate will also benefit reputable businesses. We are determined to continue these joint enforcement actions and already have the next problem sector in our sights".

## Armed Forces willing to contribute in budget restraint efforts

The Portuguese Armed Forces are willing to do their share in efforts to reign in the country's budget deficit, State Secretary for Defence Marcos Perestrelo said this week.

Questioned by reporters as to whether Portugal's current financial troubles might impact the defence budget, Perestrelo said: "National Defence is – as always – committed to help the country solve its problems."

"If the state, and therefore the country, has budgetary problems, the Armed Forces will be willing to take part in that effort, as we always have been willing to take part in any mission required of us", Perestrelo said.

Perestrelo spoke outside a ceremony kick-starting the National Defence Day initiative, in which over 132,000 youths were summoned to military facilities.

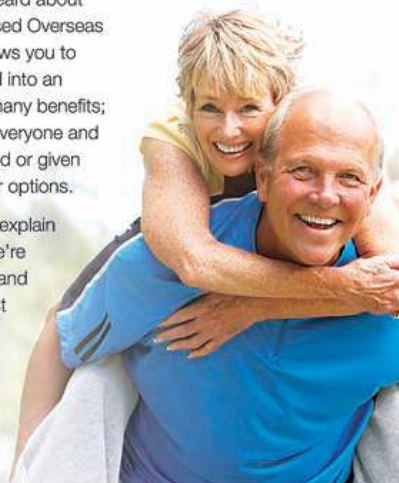
For the next eight months, young Portuguese men and women must attend one-day information and recruiting sessions at Army barracks. These sessions have replaced mandatory military service for young adults and will, for the first time ever, include females.

*TPN/Lusa*

## Transferring your UK pension to QROPS? Make sure you get the right advice

As an expat, you may have heard about QROPS - Qualifying Recognised Overseas Pension Scheme - which allows you to transfer your UK pension fund into an international scheme. It has many benefits; however, it's not suitable for everyone and many expats have been misled or given the wrong information on their options.

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## Boliqueime gets a brow-raising make-over

The Hair Lounge in Boliqueime has transformed itself into a unique beauty centre focusing on offering residents and visitors the best in brow treatments, hair styling, permanent make-up and anti-ageing treatments.

With new premises, still in central Boliqueime, the new Jayne Jackson centre offers a glamorous and relaxed environment more than double the size of her previous lounge - and also excitingly brings to the Algarve for the very first time a dedicated Brow Bar.

Advanced Permanent Makeup and Brow Artist Jayne Jackson trained extensively in the UK with Karen Betts and Nilam Patel, renowned for the calibre of their work both with celebrities and royalty - Girls Aloud, Mel B, Katie Reid (Jordan) and Duncan James. Jayne's skills are also finding a niche working alongside cancer and alopecia sufferers. Jayne said "We all want beauty in our lives - perfect skin, hair, brows and features - at Jayne Jackson we strive to give our clients the perfection they are looking for. Our specialist team of therapists, stylists and aesthetic medical professionals are all masters in their fields and will work with every client to help them look their very best."

With an almost obsessive passion for well sculpted brows, Jayne is creating stunning perma-

nent hairstroke brows and has developed her own unique non permanent procedure - Ultra Definition Brows. A combination of tinting, tweezing, threading, waxing and an expert eye gives even the most threadbare and over-plucked eyebrows a model makeover and transformation. Jayne says "Brows are definitely the feature of the moment and we all know that perfectly shaped brows, whether permanent or simply shaped and tinted, will enhance and lift the years away."

Prices for Jayne's unique Brow Bar are exceptionally competitive. Ultra Definition Brows are €25. Natural looking and beautiful permanent hairstroke brows, created using the most advanced techniques, are €400.

Jayne opened the original Hair Lounge more than three years ago and has established a loyal and multi-nationality following. With multi-lingual staff - Portuguese, English, Dutch and German - she offers a London calibre atmosphere right in the middle of the Algarve. Enjoy a sip of wine, a herbal tea, or even sushi for lunch in this sophisticated and friendly centre of excellence.

Jayne Jackson is open Tuesday to Saturday from 10:00 until close. Appointments are recommended.

Tel: 919 197 860 email info@jaynejackson.eu web www.jaynejackson.eu Jayne Jackson, Boliqueime.

## New Production of the Music Hall Revue



Miss Margaret Matterson who delightfully perform 'Oh Mr Porter', Capt. Kent Ringborn who will sing 'Ol' Man River' and Mr Damian King who will give a rendition of 'My Old Dutch'

The Angels Theatre Group are presenting the Music Hall Revue on October 28<sup>th</sup>, 29<sup>th</sup> 30<sup>th</sup> at the Stable Gallery in São Brás de Alportel Museum

A Music Hall revue includes many aspects of current variety shows and amongst the solo acts are authentic songs from the Music Hall era, recreated by members of The Angels Theatre Group. Many of the songs are well known, so the audience may sing-a-long.

One such song was made famous by Marie Lloyd, called "Oh Mr Porter". It will be performed delightfully by Miss Margaret Matterson.

Another song called "My Old Dutch" from the repertoire of Albert Chevalier, who was famous for his "Coster" songs and born in 1861, will be sung with gusto by the group's very own cheeky cheerful Cockney, Mr Damian King. A song from the musical, Show Boat is "Ol' Man

River", which was made famous much later by Paul Robeson, and will be sung with great dignity by Captain Kent Ringborn.

The Angels Theatre Group entertain for charity and these shows will benefit a new project to establish a holiday centre in the Algarve for people with Special Needs. More information can be found on [www.centrealgarve.org](http://www.centrealgarve.org)

Tickets for the shows are 20 euros, and include a steak pudding with peas supper. They are

available from São Brás Museum (Amigos apply to museum for discount ) 96-6329073; QM Garden Centre Sta Bárbara de Nexe 289-999613; Joro Ldshop Almancil 91-9899881.

If you go dressed in period costume you will be rewarded with a free raffle ticket for a special prize.

More details can be found on the website [www.angels theatre group.com](http://www.angels theatre group.com) or by telephoning 96-6086181.

## The Woodentops Property Services

Established since 2005 in Vale Formosa, Almancil, the Woodentops have been very active in offering the public a complete package in villa construction, which covers New Builds, renovations, repairs, plumbing, electrical and bespoke carpentry.

One of the specialisations offered that The Woodentops can achieve to their clients' satisfaction is turning a cold and damp house into a cosy, dry environment. The age of the property is

not an issue, wall, roof and floor insulation is a must.

Martin who runs The Woodentops has been involved in construction since he left college in the late 70's. Born in Kent (1958) and working in house restoration, Martin decided to move to Portugal in 1986 where he built his own villa along with projects for several clients. For more information, contact The Woodentops 966001922 or email [theworkshop@sapo.pt](mailto:theworkshop@sapo.pt).



## New plumbers on the block

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pools. Your needs are their challenges. Go and let them help you. Visit them at: R. Dom Vasco da Gama, Urb. Marina Sol 12-B 8600-774 Lagos or phone 282 769 535.



See page 2 for our exact print run this week.

## UK Style Optician in Lagos



SN&N Optico have just opened in Lagos, giving eye examinations and providing glasses, contact lenses and accessories. They have a fully qualified UK optometrist and offer services and prices equivalent to the UK Optical Market. They also offer contact lenses on a monthly payment scheme.

They carry a stock of single vision lenses that can be made up on the same day and are supplying frames that are not available anywhere else in Portugal such as the exquisite Ete hand made frames from Italy and Convertible frames from Australia which feature a patented magnetic sunglass clip attachment.

MD Brian Neville and his wife owned a Vision Express optical practice back in the UK some years back. They didn't come to Portugal with the intention of setting up a practice but when Brian went for an eye test last year with the intention of replacing his reading glasses, he says he was shocked at the price quoted. He reckons glasses cost on average

here in Portugal three times more than in the UK which got him thinking of the possibility of opening a practice here.

When he discovered there were no barriers, he set out with the intention of supplying local residents, ex-pats and Portuguese alike, with good quality, affordable glasses as you find back in the UK. As a result the new opticians offer clients a service that is equivalent to a UK practice in both professional standards and price. In addition to this they have managed to recruit Mrs Joana De Graaf, a Portuguese registered Optometrist.

You can find SN&N Optico Lda at Urbanizacao Cerro Do Convento, Santo Amaro, Lote 6 Loja D, 8600-774 Lagos. Tel: 282 761 506, Mob: +351 925083577

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# New tender in November for Tagus crossing high-speed train links



The Portuguese government could launch a new tender for construction of the Lisbon-Poçoirão high-speed train line and bridge over the Tagus River before the end of the year, a senior official said last Friday.

State Secretary for Transport Correia da Fonseca said the new bidding round could take place in November, but added no decision had yet been taken by the government.

He said a new tender could get between €600 million and €700 million in EU financing for the €1.9 billion project in contrast to the €170 million that had been offered for the round annulled last May due to budget constraints.

The project would be altered, he added, allowing savings of about €200 million.

Earlier this year, the Socialist administration postponed by two years plans to construct bullet-train links from Lisbon to Porto and on to Vigo in north-eastern Spain, while reaffirming its commitment to advance with a high-speed rail line from the capital to Madrid.

A spokesman for state railways REFER told Lusa News Agency that work would start on the bullet-train line to the Spanish border from Poçoirão, 34.5 kilometres south of Lisbon near the site of a planned international airport, would likely only begin

early next year as expropriations were still ongoing.

Work was originally to have begun this month.

The official Government Gazette or *Diário da República* published last Friday the Government's decision from May to cancel the previous tender round due to the continuing "deterioration of the economic and financial environment".

The round had been won by Tave Tejo, a consortium of Portuguese, Spanish and Italian companies.

Spanish consortium partner FCC told Lusa in Madrid that they would "act to defend our interests", declining further elaboration. *TPN/Lusa*



The Minister for Public Works, Transport and Communications, António Mendonça (right) and his Spanish counterpart José Blanco (left) on their arrival in Badajoz on July 29th to test the Alcazaba viaduct for high speed trains. (Photo: Lusa / Nuno Veiga)

## EU sets out measures to improve rail services

vestment in rail services.

The proposal for a Directive establishing a Single Rail Area is an exercise in legislative simplification and consolidation with the merger of the three directives in force and their successive amendments into one coherent text.

It also aims to tackle key problem areas undermining the effective functioning of the railway market.

Siim Kallas, European Commission Vice-President responsible for Transport said: "Europe is at the forefront of railway tech-

nology. We are in the top tier of modern rail networks. But, and it is a big but, Europe needs and deserves better rail services.

"We need to deliver better quality, better reliability, more choice and more innovation to passengers and freight users.

That's what this package is designed to do. My aim in all of this is more competition in passenger and freight services. That will be good for passengers, good for freight users, good for very high quality rail equipment producers and good for the environment."



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\*Correct at time of going to press.



# President challenged over silence on endangered 'welfare state'



Socialist-backed presidential candidate Manuel Alegre has criticised what he calls President Cavaco Silva's "silence" over his party's attempt to alter Portuguese constitutional foundations on education, the public health service and labour rights.



Socialist-backed presidential candidate Manuel Alegre in Lisbon on September 18th. (Photo: Lusa / Miguel A. Lopes)

Manuel Alegre, in an interview with Lusa News Agency at the weekend, claimed the incumbent, whom he challenges in next January's election, gave "no guarantee" such changes would not take effect under a future Social Democratic Party (PSD) administration, with or without a revised constitution.

Leftist parties, including the ruling Socialists, have attacked the PSD's proposed constitutional changes as "extremist", an accusation dismissed by the main opposition force once led by Cavaco Silva.

If elected president, Mr. Alegre said he would veto any attempt to weaken Portugal's

"welfare state".

"About this [the president] has yet to take a stance; he's said nothing", he charged.

Cavaco Silva has yet to say whether he will run for a second term in the upcoming election, but is generally expected to do so.

Since the democracy-restoring 1974 revolution, incumbent

heads of state have always won re-election.

On the international front, Manuel Alegre came down hard on France's recent deportation of gypsies to Romania and Bulgaria, calling such action a "bad sign" of "xenophobia" and a search for "scapegoats" for domestic problems. *TPN/Lusa*

## Timor wants GNR to 'intensify' police training

President José Ramos Horta praised the work over the past four years of Portugal's GNR police serving in East Timor with UN forces, saying he wanted their training of national police to continue and intensify.

"Training is the great priority in the consolidation and development of our police and I hope this [GNR] contribution will not only be maintained, but intensified", the president said at an awards ceremony for a departing Portuguese contingent.

Ramos Horta said the Republican National Guard's (GNR) performance in East Timor since deployment amid turmoil four years ago had gained "the admiration of all" and was a "model" for the nation's security forces.

The president's comments came after a meeting with the prime minister during which Xanana Gusmão informed

Ramos Horta of the government's five-year reform plan for the national police (PNTL).

After the meeting, Gusmão told journalists that the United Nations Integrated Mission in East Timor (UNMIT) might leave the country or be "substantially reduced" by 2012.

"We spoke about developing the PNTL in preparation for 2012, since our goal is that UNMIT will withdraw or substantially reduce its activities [by then]. That's why we need to insure minimum working conditions for our police force in terms of laws, equipment and buildings", Gusmão said.

Since a wave of violence in 2006, policing in Timor has been carried out largely by UNPOL, a UN police unit, including the GNR.

UNPOL has gradually been returning policing responsibilities to the PNTL. *TPN/Lusa*

## NEWS IN BRIEF

### Education gender equality goal at risk, says UNESCO

Portugal is one of 14 countries at risk of missing the UN Millennium Development Goal of eliminating gender disparity in primary and secondary education, UNESCO said in a report covering 157 nations which was published last Friday. Fellow Portuguese-speaker Brazil was also on the downside list, mostly composed of African and Latin American countries.

### Demand for Portuguese language classes in Venezuela grows by 30%

The demand for Portuguese lessons in Venezuela grew by an estimated 30% this year, teacher David Pinho told Lusa News Agency. "We don't have precise figures yet since enrolment just started but we have had a lot of requests. Our estimate is a 30% growth in demand" among several Portuguese-teaching institutions, Mr. Pinho said. "At the Caracas Portuguese Centre alone, 84 people registered in a single day, twice as many as last year." According to Pinho, the "Venezuelans' prime reasons for learning Portuguese are job-related, especially for those who work at multinational companies. Children and teenagers are often enrolled by their Portuguese-born parents, either for cultural reasons or with an eye to returning to Portugal someday.

### Portugal begins training Bissau prison wardens

Portugal began training prison guards and wardens in Guinea-Bissau on Monday, and offered uniforms and other gear to help reform the country's jail system, diplomatic sources told Lusa. The assistance is budgeted at €110,000, and includes training for prison directors. "We will supply 160 uniforms for prison guards (...) plus 80 nightsticks and 30 sets of handcuffs", Portuguese embassy in Bissau advisor Ermelinda Arede told Lusa. "Our support for prison system reform is a priority of the Drug Trade Combat Operational Plan, following an International Conference on Narcotrafic held in Lisbon in 2007." The Portuguese-trained five prison directors and 80 wardens will be allocated to the reopened Mansoa and Bafata penitentiaries, which were officially reopened Wednesday. "No justice system can be effective unless it includes an effective prison system", Guinean Justice Minister Mamadu Djaló Pires said. "Court convictions of criminals are useless if the condemned are then allowed to remain free because the state doesn't have facilities where they may serve their sentence in humane conditions."

### Education is "national priority" says President Cavaco Silva

Portuguese President Aníbal Cavaco Silva said Monday that education is "a national priority" that generates "great returns". "Education must be an all-encompassing priority that unites and mobilises everyone: sovereign authorities, other political agents, teachers, parents, students, local councils, local communities", President Cavaco Silva said in a speech during the opening of a new primary school in Lisbon. Education "must not be just another luxury", Mr. Cavaco Silva added: "Investing in education brings great returns for parents and for society as a whole. Our ambitions to develop and to improve, can only be reached with a better qualified population."

### Portuguese tall ship 'Sagres' heading to Indonesia after Timor trip

Portuguese tall ship Sagres is heading towards Jakarta after leaving East Timor, the Portuguese Navy told Lusa earlier in the week. "The ship is sailing northwards after departing from Timor on Saturday", a Navy source said on Monday. The Sagres will "dock in Jakarta on the 26th", where it will remain for five days, then move on to Bangkok. The Sagres sailed from Lisbon on January 19 for an 11-month round-the-world trip, its first since 1984 and only the third in total. On its current trip, the ship has visited Brazil, the United States, Japan, China and East Timor. *TPN/Lusa*

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# Multi-million euro plan to treat teens' teeth



The chief of Portugal's national healthcare system (SNS) Francisco George, announced this week that in 2011 "all 16-year-old Portuguese will have all their teeth treated or protected".

Francisco George was speaking of an oral health programme for which a multi-million euro budget has been approved.

"Around 90 percent of this year's €30 million budget for the Oral Health programme will be applied", he stressed.

Francisco George gave a general round up of the SNS's overall performance in various areas at a conference in Oporto named "SNS - National Health Service, A Right, A Duty".

He addressed services such as the National Vaccination Plan, the Plan for Maternal and Infant Health, and the Oral Health programme.

The national health director also made an assessment of the no-smoking ban placed on Portugal in 2008.

He said that the ban was "a good law" and that an overall evaluation of its results would be presented in parliament soon.

According to Mr. George, it is already possible to conclude that since the ban's implementation, "there has been a reduction of five

percent in the number of smokers, a reduction in prevalence, and a 22 percent reduction in the number of cigarettes consumed per day".

He revealed that an array of information was being prepared to enhance the Portuguese population's knowledge regarding the prevention and control of chronic diseases.

Regarding the National Vaccination Plan, Francisco George addressed the introduction of new vaccines, such as the Hepatitis B and the cervical cancer vaccine.

"In total we have 13 vaccines for females and 12 for males, with a [protection] coverage of 97 percent", he affirmed.

He did, however, admit that "there is still work to be done within the realms of family planning".

Defending the public health service's efforts, Mr. George reasoned "there is no public health without the Welfare State", adding "Everyone acknowledges the major effort the

SNS has made for the well-being of the Portuguese".

**Photo right: Pupils show the first dentist cheques delivered by Prime Minister José Sócrates, Health Minister Ana Jorge and Education Minister Maria de Lurdes Rodrigues at the Nuno Gonçalves Secondary school in Lisbon on April 28th. (Photo: Lusa / João Relvas)**



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## Socialist MP defies party over Roma deportations

Socialist MP Sérgio Sousa Pinto has broken from his party's ranks and voted for a parliamentary motion censoring France's decision to deport hundreds of Roma gypsies.

The opposition Left Block submitted a motion condemning Paris for deporting hundreds of gypsy citizens to Romania and Bulgaria. The ruling Socialist Party, along with right-wing opposition parties PSD and CDS,

blocked the motion.

Sousa Pinto was the single Socialist MP to voice his dissent.

"The Left Block proposal had imperfections", Sousa Pinto told Lusa News Agency. "But, having to choose between those imperfections and silence, I believe silence is unacceptable in the face of what's going on in France."

A further 16 Socialist MPs abstained or left the assembly when the motion went to a vote.

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# Lisbon challenges donors to look beyond 2015 Millennium Objectives shortfall



The UN's Millennium Development Objectives (MDO), including the halving of extreme poverty, will not all be met by the 2015 target, says Portugal's top aid official, calling on the international community to begin thinking about post-deadline objectives.

"We will reach 2015 and realise that the specific goals were not met fully, or rather, that they were achieved in a mixed form – in some parts of the world, yes; in others, no", State Secretary for Foreign Affairs and Cooperation João Gomes Cravinho told Lusa News Agency in an interview last week.

He said the situation in sub-Saharan Africa, where most Portuguese development aid is directed, was "particularly worrying".

"The world will not end in 2015", he said, challenging aid donors and recipients to begin "thinking now about what should be the post-2015 goals".

Gomes Cravinho represented Portugal at the MDO Summit in New York on September 20-22 to assess achievements and problems in reaching the goals set by the UN in 2000 at the two-thirds milestone.

He shared blame for the ambitious programme's only partial success between donors and re-

cipients, saying "everyone failed a little".

Donors, including Portugal, Gomes Cravinho said had failed to mobilise all the funds received due to budget constraints, while some aid recipients had not adopted "the necessary policies", sometimes favouring "personal or group interests over global interests".

Lisbon, he added, was determined to continue raising its development aid contributions, but would fail to meet the 0.70% of GDP called for under the MDO programme.

In 2010, Portugal would provide €380 million in development aid, or 0.23% of GDP, he said, underlining that the UN target was "excessively utopian", given the global economic and financial crisis.

Beyond the crisis, he said part of the Portuguese population did not understand the need for such aid, arguing that Lisbon should use scarce resources for its own domestic needs.

Gomes Cravinho, said he was sure Portugal would increase its aid package yearly, insisted there was "no conflict between solidarity and personal interest", pointing to Angola as a successful example of the aid-trade relationship.

Budget restraints, he added, had led Lisbon to concentrate on "improving the effectiveness" of aid programmes and focusing them more tightly on MDO goals, especially within its five former African colonies and East Timor.

TPN/Lusa

**Photo left: Secretary of State for Foreign Affairs and Cooperation for Portugal João Gomes Cravinho addresses the general assembly hall, during a conference on the world financial and economic crisis and its impact on development, at United Nations headquarters in New York in June 2009. (Photo: EPA/Jason Szenes)**



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## Iberia “near unbeatable” when Portugal and Spain “join forces”

Portugal and Spain are among a group of only four “globally significant” European countries and when both “join forces” Iberia becomes a “near unbeatable” force, the departing Spanish Ambassador to Lisbon, Alberto Navarro, has said in an interview to Lusa News Agency.

“There are only four globally significant countries in Europe: the United Kingdom, France, Portugal and Spain. Our languages are spoken in all continents. When we join forces things change, our standing grows, and that’s why we must do more”, Ambassador Navarro said.

Mr. Navarro, a 55-year old career diplomat, is about to be transferred from the Lisbon post to Morocco. He will be replaced by Spain’s current ambassador to Paris, Francisco Vilar.

Navarro also mentioned the joint Iberian bid to host the 2018 or 2022 football World Cup and the Iberian Electricity Market (Mibel) as examples of cooperation to be praised.

In general, Spaniards are “prouder” while the Portuguese are “humbler, more polite”, Navarro said, adding that “cross-border cooperation” has been “clearly increasing”. *TPN/Lusa*

## Ambassador to UNESCO claims he was “fired”

Portuguese ambassador to UNESCO Manuel Maria Carrilho this week told Lusa News Agency that he was “fired” from his post, adding that he learned of his dismissal from a news agency report.

“I heard of the firing from Lusa’s report”, Carrilho, a former Socialist Party MP and Culture Minister, told the agency.

Asked whether he was fired

due to an interview with a weekly newspaper published the last weekend, Carrilho merely replied: “What’s evident needs no comment.”

Foreign Office sources told Lusa that Carrilho’s departure from the UNESCO post was merely part of a routine diplomat rotation.

However, Carrilho’s book publisher Sextante had released a press statement announcing

that he “has just been fired from his job (...) due to the publication of his book ‘E Agora? Por Uma Nova República’ [‘What Now? For a New Republic’]”.

The book is a collection of essays on Portuguese politics published in the daily newspaper

‘Diário de Notícias’ over the last three years.

In an interview with the ‘Expresso’ weekly published Saturday, Carrilho had said that “the country is better than its politicians” and that Portugal’s rulers are “dazzled by technology”.

Carrilho, appointed to represent Portugal at the UN’s agency for culture, education and science, will be replaced by current Portuguese ambassador to New Delhi, Luís Filipe Castro Mendes, according to the Foreign Office. *TPN/Lusa*



Prime Minister José Sócrates greets the Spanish Ambassador to Portugal, Alberto Navarro at an EU meeting at the Spanish Embassy in Lisbon in January this year. (Photo: Lusa / João Relvas)



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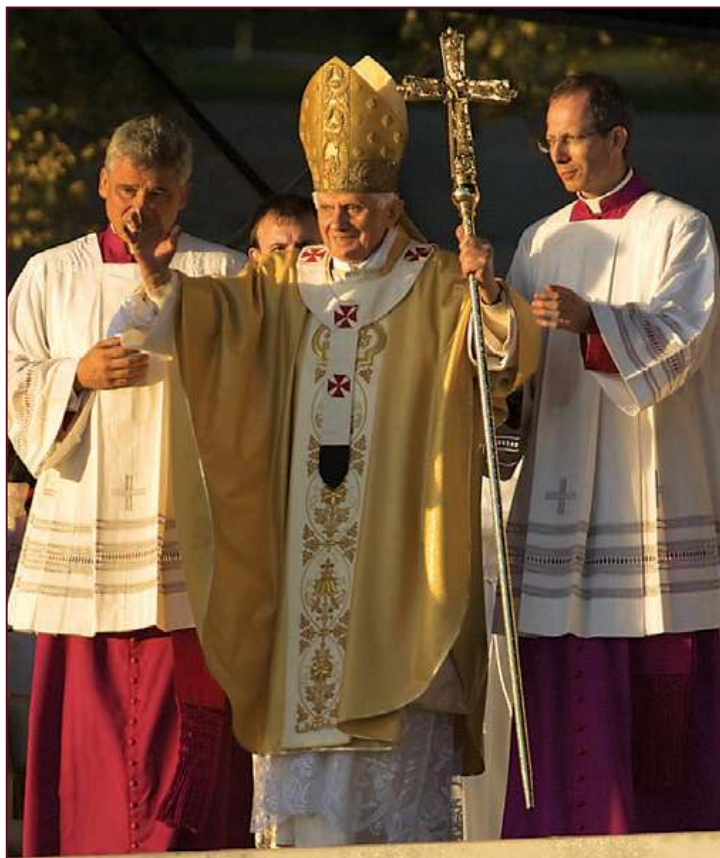


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Pope Benedict XVI (C) greets followers at Bellahouston Park, Glasgow, Scotland, Britain, 16 September 2010, in front of a crowd of around 65,000. The 83-year-old German-born pontiff used his homily to warn against a trend to 'exclude religious belief from public discourse.' He urged the young to resist the temptations of modern life, including drugs, sex, money, alcohol and pornography. The threat of growing secularization appears to be the guiding theme of the pope's visit to Britain. Earlier on 16 September, he warned against 'aggressive forms of secularism' in Britain that threatened to undermine traditional values. The Mass in Glasgow's Bellahouston Park is one of the highlights of the four-day state visit. (Photo: EPA/Brian Stuart)

# The Pope and the Atheists

The best defence is a good offence. A less worldly pope, making a state visit to Britain as the revelations about Catholic priests and bishops abusing the children in their care spread across Europe, might have been reduced to shame and silence. But Benedict XVI knows about the uses of power – he was the late Pope John Paul II's chief enforcer – and he immediately launched an attack on all the people he sees as the church's enemies.

Speaking in Scotland last week, he condemned "aggressive forms of secularism" and the threat of "atheist extremism." Never mind the hundreds or thousands of priests who raped little boys (and occasionally little girls). The real threat is the people who don't believe in God, and therefore have no morals. He even equated atheists with Nazis.

That was rich coming from a man whose predecessor, Pope Pius XII, personally negotiated a treaty with the Nazis in 1933 that was advantageous for German Catholics, and did not publicly condemn Hitler's extermination of the Jews although he was well informed about it. But Benedict's tactics worked very well, because all that the media could talk about after his Scottish speech was whether non-believers can be trusted to behave morally.

"As we reflect on the sobering lessons of atheist extremism of the 20th century," said the itinerant pope, "let us never forget how the exclusion of God, religion and virtue from public life leads ultimately to a truncated

vision of man and of society and thus a reductive vision of a person and his destiny." God, religion and virtue on one side; Nazis and Communists and a selfish, hedonistic wasteland of sex and secularism on the other.

Set the terms of the argument and you are already halfway to winning it. That is Benedict's game, and it is played by many other leaders of every religion. Only the fear of God makes people behave morally. Without that fear of divine punishment, they would act out every evil fantasy that popped into their minds. So stick with us.

It's an easy allegation to make, and almost impossible to test – or so those who make it believe. But actually, it has been tested, at least for the Christian parts of the world, and guess what? Religion does not make people behave better. It makes them behave worse.

We're not talking about suicide bombers and other religious extremists here. We're talking about ordinary people committing ordinary acts of violence, everyday thefts, and run-of-the-mill sex crimes. The more religious a particular society or region is, the more of that sort of stuff happens.

As researcher Gregory Paul puts it: "In general, higher rates of belief in and worship of a creator correlate with higher rates of homicide, juvenile and early adult mortality, venereal disease, teen pregnancy, and abortion." Whereas according to Pope Benedict's argument, the United States, one of the world's most religious countries, should be a crime-free paradise, while secular Sweden should be a vortex of crime and violence.

Direct observation suggests otherwise. So do Paul's two articles, "Cross-National Correlations of Quantifiable Societal Health with Popular Religiosity and Secularism in the Prosperous Democracies: A First Look," published in the *Journal of Religion & Society* in 2005, and "The Chronic Dependence of Popular Religiosity upon Dysfunctional Psycho-sociological Conditions," published in *Evolutionary Psychology Journal* in 2009.

Even within the United States, Paul reported, "the strongly theistic, anti-evolution South and Midwest" have "markedly worse homicide, mortality, sexually transmitted disease, youth pregnancy, marital and related problems than the North-East, where societal conditions, secularization and acceptance of evolution approach European norms."

There's a chicken-and-egg

question here, because what Paul's research actually shows is that people are more religious in societies where socio-economic conditions are poor. There is more crime and anti-social behaviour in such societies, but are people behaving badly because they are religious, or just because they are poor, ill-educated and desperate?

The real statistical correlation is between religiosity, poverty and ignorance. Hundreds of millions of religious people are neither poor nor ignorant, but the bottom of the pecking order is where religion has its strongest grip in any society. Raise that bottom level, as countries with good social welfare systems do, and religious belief will gradually decline.

Besides, it's not really secularism per se that horrifies Pope Benedict and his minions. Cardinal Kasper, his top official for relations with the Church of England, gave the game away in an interview last week with the German magazine *Focus*, condemning England as "a secular, pluralistic country. When you land at Heathrow, you sometimes think you might have landed in a Third World country."

Kasper was promptly removed from the list of high church officials travelling with the pope, but the Vatican spokesman, Monsignor Oliver Lahl, defended his remarks: "All he was saying is that when you arrive in Britain today it is like arriving in Islamabad, Mumbai and Kinshasa all at the same time."

It's the diversity, tolerance and necessary secularism of modern multicultural societies that religious leaders of every stripe really can't stand. Such societies have to be secular to accommodate all the different strands of belief and disbelief that must live alongside one another in peace, whereas the pope and his friends still long for the humble, homogeneous peasant societies where everybody believed, and believed the same thing.



Gwynne Dyer is a London based independent journalist whose articles are published in 45 countries.

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## Transport shape-up for Lisbon

Under the banner of European Mobility Week, which kicked off on Monday this week, a series of new initiatives have been created to make travelling around Lisbon easier, cheaper and more family friendly.

Amongst the new introductions is a webpage, which is in the process of being created, via which 'Lisboa Viva' passes can be ordered, topped-up or consulted without the holder needing to leave home.

National rail company CP has also announced it will be introducing a family pass.

"These are not fully sufficient steps and do not quite meet all needs, but they are going in the direction we need to take" said the head of Lisbon Metropolitan Council, Carlos Humberto de Carvalho.

State Secretary for Transport Carlos Correia da Fonseca reiterated the urgency in finding alternative solutions for financing public transport systems besides ticket revenues and State budgets.

CP's new 'family' ticket will be available for a group of four people travelling together, irre-

spective of their relation to each other, on CP's urban network on Saturdays, Sundays and national holidays.

It will allow a limited number of trips at a 50 percent discount on normal prices.

The family ticket will be tried and tested for six months.

Also at the beginning of 2011 CP will adopt the Zapping top-up system, which is already being used by Carris, Metropolitano de Lisboa and Transtejo/Soflusa.

It is hoped that Fertagus, the Metro Sul do Tejo and Barreiro's Collective Transport will follow suit.

Meanwhile a public tender has been launched to create the 'Lisboa Viva' portal.

It was further announced this week that Lisbon's metropolitan Public Transport System will be given a new image with a new logo.

Bus companies Rodoviária de Lisboa and Transportes Sul do Tejo also announced that they would be installing solar panels next to their bus stops for automated readings of passengers' cards to be made possible.

## City goes green on international 'No-Cars' day



To celebrate international 'No-Cars' day Lisbon's Marquês de Pombal tunnel was closed off to drivers and invaded by hundreds of eco-friendly forms of transport.



In the Marquês de Pombal tunnel. (Photo: António Cotrim / Lusa)

Skate-boarders, cyclists, roller-skaters as well as eco-friendly vehicles sped through the tunnel to mark 'No Cars' day, a global initiative which urges big cities to be car-free for a day.

Hundreds of 'alternative' travellers sped through the tunnel as part of a project organised specifically for 'No Cars' day by the 'Fast Idea' (Ideia Veloz) Association, which promotes eco-friendly transport.

Speaking to Lusa, Joana Ramalho, of 'Ideia Veloz' explained that the event was organised to "warn of the excessive use of cars and demonstrate that non-motorised vehicles also have a right to circulate within the city".

"Tonight ecological vehicles have taken over the tunnel. We will have less carbon dioxide, less noise and more peace", she stressed.

Together with a group of friends participant Jorge Ramalho rode through the tunnel on his bicycle for the first time, a unique opportunity that hundreds of fellow 'pedal-pushers', amongst others alternative travellers, took advantage of.

Other participants made the most of the opportunity to walk through the tunnel.

At the end of the initiative a

contest was held to find the most original eco-vehicle and the fastest eco-vehicle.

Inaugurated on April 25<sup>th</sup> 2007, the Marquês tunnel measures

1,725 metres, covering a stretch in the heart of the capital, from Amoreiras to Avenida António Augusto de Aguiar and also connects to other main arteries such

as Avenida Engenheiro Duarte Pacheco, the Marquês de Pombal Square, Avenida Fontes Pereira de Melo and Avenida António Augusto de Aguiar.

## Parking prices see-saw

Should a new Lisbon parking tariff, which is currently in a phase of public debate, be implemented, it could reduce fees charged by up to 62 percent on available parking places in areas managed by municipal parking company EMEL, though fees in other key areas could soar.

EMEL president António Júlio de Almeida explained that 35 percent of parking spaces would see fees being upped during the first and second hours, though only in three percent of all available spaces would prices be significantly altered.

"According to our calculations, the global effect will be a rise of between 0.2 and 0.4 percent on tariffs", he said during a presentation of the company's projects.

Júlio de Almeida stressed that the implementation of the new three-tiered price system – which is divided into three different price levels: high, medium and low depending on demand in the area – represents a "tremendous challenge" to management services, but it is "necessary" for the capital.

Other challenges being faced by EMEL are the creation of 3,000 new parking places by the end of 2013, and to promote, within the same deadline, the construction of car parks for the private sector with a further 5,000 spaces.

Júlio de Almeida admitted that one of the company's main problems is the matter of fines, which are managed by the National Road Safety Authority (ANSR). The EMEL chief believes that "increasing the level of efficiency" regarding the issuing of fines is necessary.

"Not for EMEL to depend on it or make profit from revenue, but to improve the efficiency of the system", he justified.

EMEL presently receives a percentage of revenue from parking fines issued by the ANSR, which Júlio de Almeida says is less than five percent of the overall total, currently estimated at around €20 million per year.

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### EXPO Revisited

Everyone I met in China advised me to stay away from the World Expo in Shanghai. The crowds were large, the weather hot and the EXPO too huge to navigate. But I have a soft spot for Expos having been the Press Director of the US Pavilion at Lisbon's Expo in 1998. I still have great memories of the six months I worked in our pavilion meeting Bill Gates (fabulous), Jean Michel Cousteau (don't ask) and BB: King (our dynamic musical ambassador). That Expo was fraught with controversy for the US. After it, our government decided never to sponsor another one. From then on, all US Pavilions have been privately funded. Hillary Clinton and the former US Ambassador to Portugal, Elizabeth Frawley Bagley, purportedly raised 56 million dollars for the US Pavilion in Shanghai. I applied to work there, even to sell souvenirs in the gift shop, but no one answered my inquiry.

Even with no job and the ominous reports, I decided to go to the Expo anyway. With tips about which areas to frequent and which to avoid, I set out for the EXPO several afternoons about 5 pm and stayed until late in the evening. I was told that evening crowds would be lighter and the temperatures cooler. During some days they soared over 35c. The advice

was sound, but I was still met with lines I estimated to be 5 and 6 hours long with the most popular pavilions being the UK, Spain, Saudi Arabia and, of course, China.

A waiter at my hotel gave me good advice when I told him that more than anything I wanted to visit the Portuguese Pavilion. "Take your Portuguese identity card," he said. "That will get you in." And it did! On my first night I headed for the Europe area and found a young helper who spoke English. In fact, most employees there spoke fluent English. I asked him, "Where's Portugal?" "You're lucky Lady" he said, "It's in the front." He pointed to a stunning brown colored building with the world Portugal distinctly written on the facade. (Some of the Pavilions camouflaged their identities.) I learned that the Portuguese Pavilion, 2000 square meters, was made out of cork, the national material, ecological and recyclable. I confess that when I saw the country name I choked up. I had been in China for six weeks and by that time homesickness had set in. I walked up to the front, showed my Permanent Resident Card and walked in. The theme of Expo is: Better City, Better Life, and Portugal, unlike some other pavilions I visited, stuck to the theme beautifully. The cleverly crafted film, complete with Mariza singing, showed the country's efforts with windmills, electric cars (one demo was on display) and water

conservation. A friend in China told me recently that visitors are taking small bits of cork off of the building for souvenirs. I can't verify, but the building does look unique and attracts a lot of attention.

After viewing the film and seeing the beautifully mounted displays (the Pavilion's Portuguese architect comes from Macao), I wandered into the gift shop. There I met the Commercial Director who confessed that he had *saudades* for Portugal but was contracted to stay in China for the duration of Expo. I bought some olive oil to support his efforts and then headed for the restaurant. That evening they were hosting a private party, but the well publicized bakery remained open. I bought two *pastéis de nata* and a fresh juice, took them to the tables outside into the warm Shanghai evening and savored them as the sweetest delicacies I had ever tasted.

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# Olhanense win historic Algarve derby

Christopher Wright

The best defence in the *Premier Liga* held tight against a Portimonense side who had put three goals past Rio Ave the previous week.

The 2-0 victory for the Olhão team ensured that they remained unbeaten this season and are currently in 3<sup>rd</sup> position behind FC Porto and V. Guimarães. The first local Algarve derby match, in the top flight, for twenty-one years was eagerly anticipated but

the attendance of 4,089 was disappointing with only a couple of hundred opposition supporters making the journey.

Olhanense manager Daúto Faquirá started with Lulinha playing behind front man Yontcha. Wide men Jorge

Gonçalves and Paulo Sérgio were soon in action and on seventeen minutes a flowing move between the two released Lulinha down the right. The exciting young Brazilian, who has played for his country at U15, U16 and U17 level, centred for Jorge Gonçalves to flick the ball into the path of Paulo Sérgio. His deft touch steered the ball into the far corner of the net beyond a helpless Ventura. 1-0 and Portimonense were on the back foot.

It was not until ten minutes before the break that they had their first effort on goal. Jumiisse and Pedro Moreira worked hard in midfield for the visitors but the home defence with Mauricio at its fulcrum was as solid as ever. Behind him keeper Moretto, improving with every game, was determined to keep his fourth clean sheet of the campaign. The second period was ten minutes old when a deftly taken free-kick resulted in man-of-the-match Paulo Sérgio winning a penalty

when he was adjudged to have been felled by Pedro Silva. Substitute Djalmir stepped up to place the spot kick past the former Olhanense keeper.

With fifteen minutes remaining Portimonense were reduced to ten men when Ivanildo was shown a straight red for throwing a punch after being fouled by Carlos Fernandes. The crowd were enjoying the full blooded encounter but kept their biggest cheer of the night for club captain Rui Duarte as he made his first appearance since April following injury. He nearly added a third goal in the final minute but his rasping shot was well saved.

Olhanense, above Benfica and Sporting in the league table, will be full of confidence for tomorrow night's (Saturday) stern test when they take on league leaders FC Porto at the Dragon Stadium. Porto boast a 100% league record and have won all nine competitive games this season including two UEFA Europa League matches. Former Olhanense loan players Castro and Ukra will feature in the FC Porto squad. The game is live on Sport TV1, kick-off: 9.15pm.



'Os gorilas' group with their display of flags.

## Three in every thousand mammographies proves positive



Three positive cases of breast cancer are detected per thousand patients examined in the Algarve, according to phase two of the regional screening campaign which has seen a rise in take up of around 13 percent, in comparison to phase one.

Phase two of the region's screening programme took place between 2008 and 2010, and according to the coordinators, saw an increase of 13 percent in the number of women undergoing mammographies, in comparison to phase one, which took place

between 2005 and 2007.

Coordinator Filomena Horta Correia confirmed that more women had had their breasts checked during phase two, particularly within rural regions of the Algarve.

"More public awareness and

increased efforts from professionals contributed to a take up of around 58 percent" she said, explaining that the figure is equivalent to 25,000 women, from a potential eligible population of around 43,000 women.

Phase three of the campaign starts in June this year.

Ahead of phase three women aged between 50 and 69 are already being contacted by their local health authorities to sign up for the free mammographies, which are carried out in mobile units parked next to key spots in and around the various localities, such as health centres and shopping centres.

Between 2008 and 2010, 71 cases of breast cancer were detected via the programme; ac-

cording to preliminary data, 27 percent of the cases were benign tumours and 64 percent were malignant, the coordinator revealed.

"Despite that number seeming quite high, the truth is that this means three cases of cancer were detected for every thousand women who were submitted to the exam, figures that are considered normal", Filomena Horta e Costa stressed.

The Algarve breast screening campaign was launched in 2005 and is organised and financed by the Regional Health Board (ARS) in partnership with the Algarve Cancer Association.

It is estimated that, in Portugal, every year some 4,000 cases of breast cancer are detected in women.

## Generations pull together to improve activities for Lagos' 'mature youth'

Brazilian Bernadete Bishop, who has lived in Portugal since 1990, has made it her goal to offer more and better, Bernadete is promoting what she calls an 'Encounter of Ideas', working together with a personal friend and teacher at Gil Eanes School, who started and runs a volunteer project, to come up with different ways of offering more variety and recreational activities to the local elderly.

Their overall aim is to be given permission to share a room with the local 'Espaço Jovem' (youth group) at a school that is soon to be renovated, to create an *International Centre for Mature Youth*.

The Gil Eanes School, otherwise known as the old Freiras School, is soon to be renovated and will become home to 'Espaço Jovem', which is to relocate from its current premises being provided by Lagos Town Hall.

Bernadete hopes the room could also be used for the *International Centre for Mature Youth*, catering for two generations with one renovation.

Using volunteers from her teacher friend's project – a sort of resource bank for young and willing volunteers – she hopes to "revive the connection between the generations, and make possible the exchange of knowledge."

"Together, we intend to build a bridge between the different communities", Bernadete explained in an email to *The Portugal News*.

"To start we are looking for an exchange of ideas, making good use of all the human resources we have around us and to find a middle ground to work together for this worthy cause".

A proposal suggesting the two generations share a room at the Gil Eanes School has been sent to the local Mayor. A petition has been launched to gather signatures and lend strength to the proposal.

Should it be approved Bernadete hopes Lagos' 'Ma-

turity Youths' could enjoy activities such as afternoon teas, dances, IT lessons and other recreational pastimes, socialising with different nationalities as well as mixing with the younger generation to exchange ideas.

"The reality is that we are all living longer, nothing wrong with that, but we should be doing something to improve conditions, to have a more productive and fulfilling life instead of a miserable old age", she reasons, adding "Age is an experience that cannot be avoided, and most probably the number of residents in that category is already quite high in our part of the world".

"My personal experience and contact with an elderly person made me aware of the lack of activities and spaces for them. The *Câmara de Lagos* and *Junta da Freguesia* are already doing good work, supporting and organizing activities for senior citizens, but most of the activities are directed at people who are still perfectly mobile, and most foreign citizens are not aware of them".

She concluded "All we ask is for open minds willing to build a bridge between 'now' and 'tomorrow', a challenge for all those who are willing to embark in this adventure of helping the second-youth generation to enjoy life and be treated with the respect they deserve".

Anyone interested in collaborating can contact Bernadete Bishop by email: bishpop@gmail.com.

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# Divers clean up Quarteira's fishing port



An extensive clean-up operation was carried out at Quarteira's fishing port by a team of 30 divers and local boy scouts who enthusiastically worked together to collect a plethora of discarded items from land and sea.

Broken chairs, tyres, nets and bottles were just a few of the many items strewn across the docks.

Six boats and a team of 30 divers were assigned to cleaning up the port's waters while a group of boy scouts collected rubbish from the area surrounding the port, the lighthouses and on the beach.

Poor visibility hindered the underwater operation, which took place for the second consecutive year.

Quarteira's port is one of the busiest in the Algarve used by some 300 boats, mainly small fishing vessels, every day.

Speaking to Lusa News Agency, Quarteira Parish Mayor José Mendes said the work was organised to raise awareness amongst the fishermen and alert them to the consequences caused by discarding their nets and other fishing equipment in inappropriate places.

"As careful as the fishermen may be there are always bits of net and other objects that fall into the sea, and it is damaging to the fishing industry" he warned, explaining how the rubbish keeps the fish at bay.

"Pollution harms not only the fishermen but also consumers because if fish becomes scarce it

will get more expensive".

Parish Mayor Mendes believes a new *lota*—a designated area in which fish is taxed and sold—that is planned for Quarteira will be beneficial for the town and help fish sales to soar.

This year's operation also targeted the sea off the beaches of Olhos d'Água, in Albufeira to Vale do Lobo, Loulé.

The gathered items will be passed on to the regional recycling company Algar, which is responsible for processing such waste.

Named 'Project Aware', the operation was organised by the 'Open Waters' dive school.



Six boats and a team of 30 divers were assigned to cleaning up the port's waters. (Photo: Virgilio Rodrigues/ Lusa)

## Health and safety seal Olhão's parking metres



Despite recent reports denouncing Olhão's dubious parking metres, which allegedly charge double the legally-allowed fee for the first 15-minute time unit, last week Portugal's health and safety authority ASAE sealed up the metres for a totally different reason – lack of a phone number to ask for assistance should coins get stuck.

However, the metres were only sealed up for a matter of hours due to the lack of a helpline phone number, which is required by law.

It has since emerged that the most controversial issue surrounding the metres – the charging of twice the legally-established amount for the first 15 minutes – is in fact covered by an old contract and no action will be taken.

Olhão's councillor for traffic, Alberto Almeida, denied that "the Town Hall has any responsibility" in the parking metre controversy.

Portuguese newspaper *PÚBLICO* first reported on the situation last week. According to the report, parking metres in Olhão have been charging a mini-

mum 30-minute initial time unit, when the first unit must be, according to present law, 15-minutes at maximum.

Twenty-four hours following *PÚBLICO*'s report ASAE asked Olhão Town Hall to supply all paperwork relating to the metres. That afternoon the machines were sealed off, only to be reactivated the following morning. The machines' management company, Masitrave, said that a few flaws had been corrected, but nothing regarding the tariffs. It has been confirmed that the machines will continue to charge a 30-minute period for the first time block for the foreseeable future.

According to a law implemented in 2006, metres should charge parking in quarterly-hour units.

Councillor Almeida clarified that the law which regulates parking periods was introduced after a public tender was held by the Town Hall via which the management of the metres was handed over to Masitrave.

ASAE has since conceded that the contract signed between the Town Hall and Masitrave, which was unaffected by subsequent law changes, should remain active and the 2006 law should not be applied in Olhão.

"The management company is complying with what was agreed in the contract", said the councillor, who added that "work is being done to alter the rules, and will be submitted in the next municipal assembly, which should take place before the end of the year".

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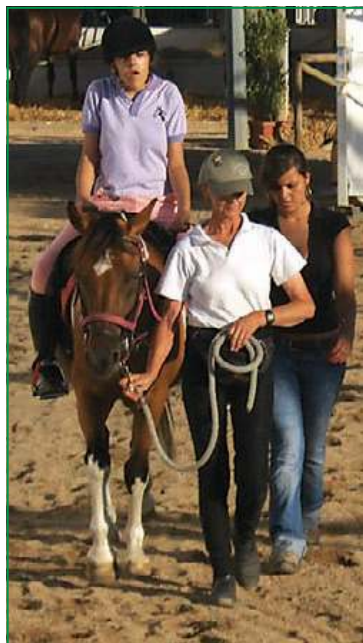
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## We need your help



Voluntary helpers are urgently needed to lead horses or walk alongside less able riders. Sessions are held during the school terms on Thursday and Friday mornings at Pinetrees Riding Centre, Almancil (between Quinta do Lago and Vale do Lobo) and last for approximately one hour or, once you are really fit, you could even do two sessions in one morning!

We will be holding introductory welcome sessions on Monday, 27th September (commencing at 10.00am) at Pinetrees for both newcomers and seasoned volunteers. Do not worry if you have not had any experience with either horses or disabled people as we will be holding on-going training sessions to provide you with the knowledge and confidence to be of most help.

Riding for the Disabled in the Algarve needs active and fun people from all language groups to assist with its project. If you would like to help in a very worthwhile way and, at the same time, meet new people, we would like to hear from you.

At the end of September Riding for the Disabled in the Algarve will be resuming sessions for physically and mentally challenged children and young adults in a specially designed programme, using the horse's movement to help with their problems.

Please do come along, meet the team, have a cup of coffee and hear more about our work. If you would like any further information please do telephone Sandie on 919060604 or Rosemary on 964027677.

## Algarve Senior Bikers Group

Algarve Senior Bikers now has a website which has been constructed by group member Leif Axelsson who has many years experience in the computer field. The website can be used by members and anyone interested in finding out more about the activities of the group. There will

be details of future and past events together with a password protected area for the private use of members. Leif is still developing the site but you can visit it at: [www.algarveseniorbikers.org](http://www.algarveseniorbikers.org)

There are two meetings organised for the near future. The first one will be a ride in the

## Algarve Wine Society

The September tasting for the Algarve Wine Society was held in the Real Indiana Restaurant in Vilamoura. The theme was to try a variety of Indian food with wine and to try to lay to rest the common misconception that wine does not 'go with', or complement, Indian food.

Members and guests enjoyed a welcome Espumanti in a setting with bright colours and Indian décor spicing up the atmosphere.

The first course was a delicious array of starters including Samosa, Mixed Tandoori and Prawn Puri. The rosé wine combined well with the prawns and everyone enjoyed the sauvignon blanc with the chicken. Those who started on the syrah and the Douro red found their match with the Samosa.

Then followed a buffet of Chicken Korma, Lamb Jalfrezi, Prawn Curry and Aloo Gobi with rice and naan. All were encouraged to try all 6 different wines with the buffet including a Moscatel! This caused much discussion and hilarity as all ate and drank their way through the food and wine.

The meal finished up with a refreshing Mango Kulfli. The Verdict! Excellent food and interesting wines.

The final events in the Algarve Wine Society's autumn calendar will be a one week trip for 38 members to Piemonte at the end of September, a tasting of Campolargo Bairrada wines at the EVA hotel in Faro on October 15, a visit to the Nova Cortiça cork factory in São Brás de Alportel on November 3 (to be repeated on November 8), a day trip to Cortes de Cima in the Alentejo for a tasting and a Danish Christmas lunch on November 24 and the Society's traditional Christmas dinner on December 8.

Membership in The Algarve Wine Society is at its upper limit, and there is a waiting list, but if you would like further information please contact the Society's Secretary, Larry Hampton by email: [hampton@mail.telepac.pt](mailto:hampton@mail.telepac.pt)



Leif Axelsson

Monchique area on Wednesday, 29th September. Meet at 10am south the Bacchus Bar at Porches Pottery on the left hand side of the EN125 just west of Porches roundabout shortly after the BP service station, for a light breakfast before starting the ride.

The second meeting in the Eastern Algarve will start from the Total service station on the São Brás de Alportel southern by

pass at 10am on Saturday, November 6th. This will include a ride along the side of the Guadiana River to Alcoutim for lunch with the usual stops on the way for coffee, photos etc. Alcoutim is a picturesque town with beautiful views across the river to Spain.

Details and information from David Shirley - email: [davethemoto@gmail.com](mailto:davethemoto@gmail.com) or tel. 282444061, mob. 918421613.

Zimmerli scored 36 Stableford points. He was followed by Peter Dekker with 31, and retired

founder member, Auke Bos, with 30 points. Zimmerli has been threatened with having to keep the "Quaich," should he win a third time in a season. The "Duffs and Shanks" trophy is prized for its lack of elegance and glamour, virtually assuring that Max will leave the winning to somebody else at the Society's next outing in November.

The TOFFS, first organized in 1999, meet about six times a year to visit Lisbon-area golf courses away from the members' base at Estoril.

**Pictured: TOFFS at The Lisbon Sports Club:** standing from left, Robbins, Nygren, sitting, Dekker, Zimmerli, Buxton, Eggers, Bos.



Max Zimmerli won a TOFFS (The Old Fogeys Friendly Society) competition for the second

time in a row on Monday, 20 September. Playing on the fine Lisbon Sports Club eighteen,

## Bike Rides

**Saturday, 25th September:** Bike Ride starting at Loulé Railway station. We meet at Loulé railway station at 9.40am ready to catch the 9.48am west bound train. We will be on the train for about 20 minutes and then ride back to Loulé station. This will be a fairly challenging ride with some hills. There will be a café stop somewhere along the way.

**Sunday, 26th September:** Bike Ride starting at Netto supermarket in Lagoa. We meet at Netto car park around 9.45am for a 10.00am start. This will be a fairly easy ride of around 35 km with a café stop somewhere along the way.

**Wednesday, 29th September:** Bike Ride starting at the Fat

Frog in Almancil. We meet at the Fat Frog at 5.45pm for a 6.00pm prompt start. This will be a fairly challenging ride of around 25km on a mixture of dirt track and tarmac roads. There will be drinks and snacks afterwards in the Fat Frog!

For more information call Paul Beesley on 913226954 or e-mail: [paul.beesley@sapo.pt](mailto:paul.beesley@sapo.pt) visit 'Algarve Bike Rides' on Facebook.



## Walking in the beautiful Algarve

**Wednesday, September 29th - Let's Walk from Poço Barreto**

A flat walk through the rice fields (home to a good variety of birds) and orange groves, about 2.5 hours long. Suitable for all wearing trainers or comfortable walking shoes. 10.00hr start - meet at the café opposite the train station at Poço Barreto. Poço Barreto is on the main road between Silves and Algoz, with the train station on the right.

**Saturday, October 2nd - Let's Walk to Fonte Velha (near Bensafirim)**

An easy walk with one short gentle climb in an area that sees no visitors and has great views - a secret paradise! Some short sections are quite rough but trainers should be ok. 14.00hr start - travel west along the A22 until it ends and at the roundabout take

the first exit for for Bensafirim. After 200m go right signed 'Cemitério Novo and Hortinha'. Follow this road for exactly 1km when the surface becomes broken for 10m on a gentle decline - at the bottom of the descent as the road bends left there is a clearing to the right - meet here.

All are welcome to come along - there is no need to book (there is a charge of €5 per walk some of which goes to aid children in the third world through a sponsorship programme with World Vision). Please wear comfortable shoes, bring some water and a sense of humour!

If you require more details or if it is raining please check that the walk is going ahead call: Dr. Julie Statham on 965753 033. See also: [www.portugalwalks.com](http://www.portugalwalks.com) and [www.pedalinportugal.com](http://www.pedalinportugal.com)

## The Royal British Legion

Having celebrated the 70<sup>th</sup> anniversary of the Battle of Britain at The Holiday Inn, Armação de Pêra on 15<sup>th</sup> September a very interesting talk and slide-show was presented by Group Captain Ewan Watson, who is attached to NATO HQ in Lisbon and was attended by 56 Members and their guests. Afterwards a wonderful lunch was enjoyed by all, for which we would like to express our thanks to Vicky and her staff.

**Dates for your diaries:** 20<sup>th</sup> October the RBL

monthly lunch. Please book early with Eddy.

6<sup>th</sup> November Poppy Ball. Details to follow soon

14<sup>th</sup> November Remembrance Service at St. Lukes Church Monte Paleogreiro with lunch at end of Service.

Details to follow soon. 17<sup>th</sup> November RBL National AGM to be held at The Holiday Inn in Armação de Pêra (formerly The Garbe Hotel).

Contact: Eddy de Bie, tel. 282-381184 or e-mail: [eddydymarie@sapo.pt](mailto:eddydymarie@sapo.pt)

## Walking the Algarve

**Saturday, September 25th - Vilamoura Cliffs**

This walk takes us along an earthen path on top of the cliffs of Vilamoura. The ocean will be on our left as we walk towards Albufeira. The terrain is somewhat challenging so please wear good, sturdy walking shoes. We will have a rest and a snack halfway after the cliffs (there is a café and toilets there) and walk back on a flat road to Vilamoura beach car park.

Walking time: about 2 ½ hrs. Bring your camera - there are stunning views all along the walk of

the red cliffs, the white sand beach and the beautiful blue ocean. Don't forget sun screen, a hat, water and a light snack. Bring a friend and a smile - we will have lots of fun!

We meet between 9:30am sharp at the church car park of the International Evangelical Church of the Algarve in Vale Judeu, near Loulé, or, if it is more convenient for you, in Vilamoura, across the hotel near the beach car park, at 10am. Mary Moore will lead this walk; if you need more information, please call Mary on: 289416 199 or Hanna on: 917 765 305.

[www.theportugalnews.com](http://www.theportugalnews.com)



## New season for Jazz Club

In co-operation with the associations *Gremio das Músicas* (AGM) and *Filarmónica de Faro*, the Jazz Club of the Museu de São Brás will start its new season with a 'Festival of Combos', outside in the beautiful garden of the Museum. Six combos with expertise levels ranging from beginners to professional will be presenting their own repertoire: Super Combo; Combo Segunda; Monday's Groove; Strak Track;

Thursday Mood and the Sunday Stompers.

Come and experience for yourselves that it's never too late to participate in musical activities and what great fun it is. All musicians will be playing completely free of charge. The proceeds from the sale of tickets at the door will be donated to both associations in order to help support their musical educational effort. Entry: €10 (*Amigos* €8).



## Ayamonte Animal Rescue Centre need your help



continued support and we look forward to seeing you at our future events.

Please contact one of the people listed to arrange collection or delivery of any items you may be able to donate: Maria Hodgson on 0034 959053096, e-mail: mariabuelizard@btinternet.com; Chris Martin on 0034 618975607, e-mail: chrisjohn.martin@yahoo.co.uk; Cas Woodward on 00351 281 952808, e-mail: peterandcas.flores@gmail.com.

We also have other regular fun events such as quiz nights, garden parties, lunches, BBQs and organised walks and trips. If you would like to be kept informed of these events please send an email to: ayamonteanimalrescue@yahoo.co.uk, asking us to add you to our mailing list.



## A new smile for one lucky girl



## 11<sup>th</sup> Annual Scruffts Dog of the Year Show

Once again Scruffts, APAA's dog show, proved to be a great day out for all the family at the Fatacil Showground many with their beautifully groomed dogs of all shapes and sizes to be judged by members of the Portuguese Kennel Club. The show was sponsored by Skinner's Pet Foods of Eye in Suffolk, who provided all the food prizes for each judging class.

Sheena Rawcliffe, of MMS Publishing, performed the opening ceremony and spoke about the importance of the work APAA and other animal charities in the Algarve. The owners and dogs then strutted their stuff in front of Pedro Albergaria, Vice-President of the Portuguese Kennel Club, who judged the Pedigree classes and International and Portuguese Judge, Georgie Saffin, who judged the Mixed Breeds.

Coming out on top at the end of the day were Pedigree Best in Show Henry, owned by Keith Brown. Mixed Breed Best in Show was rescue dog Bella, owned by Jilly Cassels. Clínica Veterinária da Guia supplied the Vets for the day. The Best in Show cups, rosettes and food prizes were presented by Martin Knock, Sales Manager of Skinner's, who flew over to attend the show.

But Scruffts is not just a judging show, it is a celebration of the work carried out by animal charities which, this year, were represented by ADAP from Portimão,

## Cambodia Garden Party great success for everyone

A huge thank you to those who helped with our Garden Party. It went very well, the weather was perfect and everyone had a lovely evening, the food and the music were excellent.

Almancil International Rotary Club (AIRC) was pleased to contribute to dental treatment for a young girl in the Almancil area. The treatment was for the replacement of her teeth most of which had deteriorated to the point where they needed to be removed. The Rotary Club Loulé and the Freguesia of Almancil also contributed towards the cost. It is hoped she will be able to return to school with a smile and renewed confidence.

President of AIRC Soren Højbjerg said, "This is the sort of project we like to be associated with. We were particularly



Pictured top: Henry with his cup, and bottom: Bella and her owner with her cup. (Photos: John Oliver)

The Donkey Sanctuary from Estombar who thrilled the children with donkey rides throughout the day, the Bianca charity from Cascais, São Francisco from Loulé, Carlota e Companhia from Lagos and LAPS represented by the well-known Bridget Hicks. And along with the many trade stands APAA also had a charity shop and tombola. While Virginia Gonçalves and her team demonstrated obedience training techniques and advised people on how to handle difficult and boisterous dogs.

Despite the current recession the 11<sup>th</sup> Annual Scruffts took an amazing €5,000.

The most important thing was the money we raised to help the students in Cambodia, €1,455 will be put together with funds we have already raised and sent off to Cambodia.

pleased to be asked to join RC Loulé and the Almancil Freguesia in providing funds for treatment for this young lady. We are looking forward to similar joint projects in the future".

For further details about AIRC please see their website: [www.rotaryalmancil.org](http://www.rotaryalmancil.org) or phone 289432286.

Pictured left from left to right: Dr. Gilberto De Sousa President of RC Loulé, Ilmo. Sr. João Martins Presidente Freguesia Almancil, Soren Højbjerg President of AIRC, Dr. Rui Filipe Director do Agrupamento Vertical de Almancil.

### Christian Worship Service

Hotel Delfim, Alvor in the Sunset Room (behind reception) Every Sunday, in September at 5pm.

Everyone welcome. For more information call: 282 461985 or 917358098

## The 'Spirit of Christmas Fairs'

With the demise of the Ladies' organisation Network, and the Christmas Fair they always organised so well, it seemed there would be a gap in this year's calendar of events on the Algarve. However, Linda Gonçalves of Griffin Bookshop and Alison Slater of Collections Ladies' Fashions thought this a great shame, and so resolved to arrange an alternative.

The Hotel Garbe is no longer available as a venue, which was the first stumbling-block; no other suitable venue was available in the same area. Much searching led to the first of the sponsors for the Fairs, the Oceano Atlântico between Portimão and Praia da Rocha. This will be a superb venue, with lots of space for stands, more parking than will be needed and a great bar and restaurant for the use of all comers. Linda said, "We wanted to arrange a Christmas Fair on 1st December, to continue the tradition Network had established, and with the help of the management at the Oceano Atlântico, this seemed possible. Of course, that is a long way to the west, so I thought it would be a good idea to do something else in the central area."

The solution was to arrange a second date, on 8<sup>th</sup> December, at a 5-star hotel in the Golden Triangle area. Of course, both 1st and

8<sup>th</sup> December are Bank Holidays, so it is hoped both Fairs will be very busy with businesses and the public. (Second venue yet to be confirmed.)

Alison said "Linda and I are both giving our time for free in organising these Fairs, and hope to be raising a considerable sum for two charities, Madrugada and ACCA. They are two of the most worthwhile causes on the Algarve, and will be helping us a lot in bringing a real feel of Christmas to both venues."

Alison and Linda are both regular supporters of all the big fairs and exhibitions, so know only too well what is needed for standholders and visitors; there will be lots of space to avoid overcrowding, refreshments available at well-staffed bars, and everything you might need for Christmas.

The *Portugal News* is delighted to be the main sponsor of both fairs, and wish Linda and Alison all the best in raising money for these two causes.

Stands will be large, and there has already been much interest from a wide range of businesses, so if you would like to participate, please e-mail Richard at: [algarvexmasfair@yahoo.co.uk](mailto:algarvexmasfair@yahoo.co.uk). The cost will be €75 for a stand at one Fair, with priority given to those booking stands at both Fairs for a total of €125.

## New appointment system at British Consulate

The British Consulate in Lisbon has informed *The Portugal News* that with effect from 17th September 2010, all notarial services at the British Consulate in Lisbon and the Honorary Consulates in Oporto and Funchal will be provided through an appointment system.

In Lisbon, appointment slots will be available everyday, except Thursdays, between 14:30 and 16:00. The time slots you can choose from are: 14.30/14.50/15.10/15.30. Appointments should be booked in advance by e-mailing: [Lisbon.Consulate@fco.gov.uk](mailto:Lisbon.Consulate@fco.gov.uk), stating the preferred day and time. They will reply as soon as they can to confirm your

appointment.

In Oporto, appointment times are available Mondays, Wednesdays and Thursdays between 09.30 - 10.30 and 14.30 - 15.30, and Tuesdays and Fridays between 09.30 - 10.30. Appointments should be booked in advance by e-mailing: [britcon.oporto@sapo.pt](mailto:britcon.oporto@sapo.pt).

In Funchal, appointment times are available everyday, except Wednesdays, between 13.00 - 14.30. Appointments should be booked in advance by e-mailing: [britcon.funchal@netmadeira.com](mailto:britcon.funchal@netmadeira.com).

For more information, kindly visit their website at: [www.ukinportugal.fco.gov.uk](http://www.ukinportugal.fco.gov.uk).

## German Youth Orchestra, 'Ensemble Divers'

The Youth Orchestra, 'Ensemble Divers' from North Rhine - Westphalia, Germany, founded in Cologne in 2008, will be performing at the Museu do Trajo de São Brás de Alportel on Saturday, 25th September at 20:30 and at Convento de Lagoa on Sunday, 26th at 20:00.

This young ensemble is made up of five musicians: Nastassja Zalica (transverse flute), Roxana Niesemann (violin), Thea Grütznier (viola), Johanna Bäß (violoncello) and Tobias

Haunhorst (piano). They have already been awarded several prizes for their musical achievements and are a delight to listen to. This year they have performed in Estonia, Poland, France and Croatia and will be touring Portugal in September.

These tours are sponsored by the German Embassies as well as the Goethe Institute. The programme will include works by Mozart, Andreae, Webern, Beethoven, Genzmer and Schuman.

Stories to: [copy@theportugalnews.com](mailto:copy@theportugalnews.com)



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### Motorway tolls

SIR, In last week's *Portugal News* it was confirmed that we are to be subjected to tolls on the A22 motorway running the length of the Algarve. This is despite repeated assurances from politicians that "there would be no tolls on the A22 unless there was a suitable alternative". Only a couple of weeks ago we were promised that residents would be exempt if tolls were ever to be instituted. This promise has also been broken as we are now being told that we shall be exempt for a period of up to ten months and then we shall receive a 15% discount!

It is ironic that a road which has been built with EU money now has to be a revenue generator for an impoverished government. It seems that maintenance is not ever considered when money is gifted from the EU to build some necessary facility. It reminds me of the sewage works near to Luz a few years ago, which was built with 'free' EU money but was pumping raw sewage into the sea because there was no money for maintenance.

I see that 150 million has somehow been made available to upgrade the EN125. However much is spent on this road it is not going to be an alternative. How much money are the tolls going to raise? Even today traffic east of Faro and West of Portimão is quite light so how much are these stretches likely to raise when tolls are imposed? That 150 million would be better spent maintaining the A22 over the next few years.

The proposed one-way fee of 21.30 is also hardly likely to encourage use of the motorway. I calculate that it will cost the average motorist well over 100.00 to travel the length of the motorway in both directions, allowing for overall running costs. I know that running costs are constant but it could be 'the final straw' that deters the holiday-maker from ever returning to Portugal, is that what the government wants?

NORMAN THOMPSON, Guia

### Monchique's first bullfight

SIR, Monchique's first bullfight was apparently a financial success, but many people here feel it has brought shame, controversy and anger to a previously peaceful town. The fact that a small, peaceful and legal protest by local people was abused and violently attacked by pro-bullfighter says it all.

Bullfighting is controversial everywhere, including those places where it is traditional. The people in Lagos managed to stop the regular bullfights there but the unfortunate result is that now pro-bullfighters are looking for and promoting this sickening spectacle in towns where it has never been a tradition. The unsuspecting people of Monchique knew nothing about it until the last moment, when adverts suddenly appeared everywhere, giving no time to organize a larger protest. No-one asked us if we wanted it. The fact that it was in aid of the Bombeiros, a very wor-

thy cause, made many people reluctant to protest, what a tragedy that they could not have found a better way to raise money. Many people, had they had the choice, would have given a donation rather than welcome bullfighters.

How can people condone such barbarism with the excuse of it being culture? Such entertainment (I can't call it 'art') should have gone the same way as bear-baiting, dog and cock fighting and gladiator fighting. All these were traditions at one time and all are now illegal.

What would be the response of the public if the newspapers were to report that groups of people were sticking skewers into

### Autumnal Reflections

Lovely September  
I long for the unattainable  
To be you  
Peaceful in afternoon light  
Untouched by fear you are.

Beautiful September  
Impossible my dreams are  
I will rest in you  
And terror shall not touch me  
When the night draws near.  
J.O. HANSEN

slashed and then being killed by locals under a cover, as reported in The Portugal News on the 6th September turned my stomach.

Bullfighting should have no place in a civilized society.

ALARA LIN TWINE, By e-mail

### Rubbish matters

SIR, Your substantial reply to my letter concerning rubbish makes two sound points although questions arise about the figures you cite. I have relied on this year's widely quoted Eurostat news release for the most recent year available, 2008, [URL below\*] which specifies Recycled and Composted levels

for Portugal of 9% and 8% or ~17% overall. This recycling total is certainly not "on a par with" the UK which according to Eurostat attained 23% & 12% respectively, a much higher 35% recycled total.

In your defence, however, there is considerable discrepancy among published solid waste figures. Other sources (including the UK's Conservative Party, no less) believe Britain's performance is far worse. If so, you are absolutely right that more prosperous and environmentally aware Britain and Ireland should do far better. Relative to Portugal's 477kg of annual waste per person, Britain (565kg) and, even more, Ireland (733kg) are indeed

"waste champions" although there are even more profligate members. Portugal definitely shines next to Greece. My point was that this isn't much to be proud of. Doubling ecopontos

since 2005 is [italic] an accomplishment; and a surprise since there are communities which have requested and waited years in vain for them. More ecopontos will help. But in light of how little and how sloppily current ones are used I would not overestimate their effect. (A glimpse at all the recyclables in the *lixo* bins right next to the 'eco' ones should make this clear.) Increasing awareness and concern will accomplish more than increasing ecopontos.

I would also question your belief that complacency "would only be apparent should the media turn a blind eye to deteriorating practices in waste management, which, as far as Portugal is

concerned, is clearly not the case."

No one is portraying the situation in the country as deteriorating. It is, in fact, improving. But to claim complacency occurs only if an issue is ignored is either naive or disingenuous. The media are important not only for what they say, and don't say, but HOW they say it. Your August article is unremarkably rosy. Indeed, the most serious problem in terms of the space allocated is noise and traffic in summer. The challenge of changing people's habits, a truly serious matter, is passed over without further elaboration.

Your concluding references to Portugal's accomplishments in the alternative energy sector, with which I wholly agree, might appear a digression from the rubbish matter. But, in fact, renewable energy can go a long way to offsetting a growing problem with burying or burning our waste - both landfills and incinerators are serious emitters of greenhouse gases.

ANTHONY LAMBE, By e-mail

\*[http://epp.eurostat.ec.europa.eu/cache/ITY\\_PUBLIC/8-19032010-AP/EN/8-19032010-AP-EN.PDF](http://epp.eurostat.ec.europa.eu/cache/ITY_PUBLIC/8-19032010-AP/EN/8-19032010-AP-EN.PDF)

### Colour blind?

SIR, I agree entirely with Ron Lavery's comments in last week's *News* with reference to his letter entitled "Colour Blind?". I attempt to complete the Codeword weekly but am dismayed to find it in different colours every week. When in blue or purple I find it difficult to decipher the numbers as they are very faint or blurred. Therefore, why not print it in good old fashioned black and white to make it easier on the eye?

LINDA HARTLEY, By e-mail

Thank you, we have taken this criticism on board and our Puzzle page is now in black and white. Ed.

will.

Look at some of the recent attendances at *Liga Zon Sagres* matches: Nacional v. Guimarães 1,978; Portimonense v. Rio Ave (at the Algarve Stadium) 1,658 and last Sunday Naval v. V. Setúbal attracted a meagre 712. How long can this state of affairs continue? All I would say is, go along and support your local football team. The friendly and hospitable fans will make you very welcome and you will be helping to maintain what is part of Portugal's rich and varied culture.

CHRIS WRIGHT, Tavira

### Faro Airport car parking

On returning from the UK at the weekend on a very late Ryanair flight, I arrived back in the airport, only to realise I had lost my wallet from plane to terminal. I went to the help desk, who sent me to another desk, who then sent me to the police, but with no joy.

My biggest problem was I had no monies to pay the car park charge of €21. I explained the issue to the two car park attendants, who were very unhelpful and said "no money, no exit" I even offered to leave my passport and I would return the next day but this would not good enough for them; they were prepared to let me stay the night in the airport.

Fortunately a policeman in the airport (Sr. Carlos Vicente) restored my faith in humanity and gave me €25 and did not ask for any identification; he trusted me to go back and pay him. I thank him very much for his trust and he will be getting a bottle of whiskey for Christmas when I take the family back to the UK.

As for the car park company and their staff, they really need to sort their procedures out and show a little common sense in future.

GEORGE WILKINSON, Ferragudo

### A home for Snowball

SIR, Approximately 10 years old this little white dog called Snowball came to us at 9.30 last night covered in bald patches, one ear completely bare and two inches of tail hairless. A pitiful little figure who, when a male hand went to stroke him he attacked it! So who knows what cruelty this little one has gone through. Saved from the municipal kennels by Karen Green, when she learnt he was to be destroyed, he was subsequently brought to me. He now needs love and affection and to be able to trust again. Please call 282687334.

(Congratulations to the Camplin-Smiths for a lovely and loving Smiths.)

BRIDGET HICKS - L.A.P.S.

## Portuguese for Beginners

with Emília Rosendo

### Read the sentences which follow:

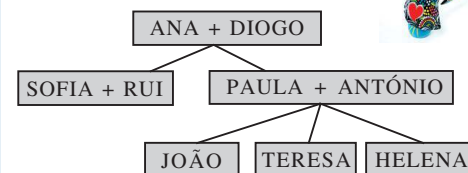
O meu pai é alto. ► My father is tall.

A minha mãe é alta. ► My mother is tall.

Os meus primos são altos. ► My (male) cousins are tall.

As minhas primas são altas. ► My (female) cousins are tall.

⇒ Look at the family tree and complete the following sentences accordingly. Use "meu", "minha", "meus" or "minhas" and the relative's name.



### LESSON 42

"meu", "meus", "minha" and "minhas". Family ties.

Diogo: A \_\_\_\_ filha chama-se \_\_\_\_ e o \_\_\_\_ filho \_\_\_\_ . O \_\_\_\_ genro é o \_\_\_\_ e a \_\_\_\_ nora é a \_\_\_\_ .

Ana: As \_\_\_\_ netas são a \_\_\_\_ e a \_\_\_\_ e o \_\_\_\_ neto é o \_\_\_\_ .

Sofia: O \_\_\_\_ sogro chama-se \_\_\_\_ e a \_\_\_\_ sogra \_\_\_\_ . O \_\_\_\_ marido chama-se \_\_\_\_ .

Rui: A \_\_\_\_ irmã chama-se \_\_\_\_ e o \_\_\_\_ cunhado \_\_\_\_ .

António: Os \_\_\_\_ sogros são o \_\_\_\_ e a \_\_\_\_ . A \_\_\_\_ esposa chama-se \_\_\_\_ .

João: A \_\_\_\_ avó chama-se \_\_\_\_ e o \_\_\_\_ avô \_\_\_\_ . As \_\_\_\_ irmãs são a \_\_\_\_ e a \_\_\_\_ .

Teresa: O \_\_\_\_ tio é o \_\_\_\_ e a \_\_\_\_ tia é a \_\_\_\_ . Os \_\_\_\_ tios não têm filhos, por isso eu não tenho primos.

Paula: Os \_\_\_\_ pais são a \_\_\_\_ e o \_\_\_\_ . O \_\_\_\_ irmão chama-se \_\_\_\_ e a \_\_\_\_ cunhada chama-se \_\_\_\_ .

Sofia: Os \_\_\_\_ sobrinhos chamam-se \_\_\_\_ e \_\_\_\_ e a \_\_\_\_ sobrinha chama-se \_\_\_\_ .

Helena: A \_\_\_\_ mãe chama-se \_\_\_\_ e o \_\_\_\_ pai \_\_\_\_ .

Completed exercises can be corrected either by scanning the hardcopy onto your computer or copy and download exercises from our online pages at: [www.theportugalnews.com](http://www.theportugalnews.com). Send it/them as an attachment(s) via e-mail to: [lessons@theportugalnews.com](mailto:lessons@theportugalnews.com). Emília Rosendo will then correct and return to your e-mail address.

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attachment(s) via e-mail to: [lessons@theportugalnews.com](mailto:lessons@theportugalnews.com). Emília Rosendo will correct and return them to your e-mail address along with any comments she feels are necessary.



# Beginner's guide to burning CD's and DVD's - Part 2



Thanks to a now long-settled feud between the DVD Forum (developers of DVD-ROM and the DVD-R, DVD-RW, and DVD-RAM formats) and the rival DVD+RW Alliance (developers of DVD+RW and DVD+R media), DVD media is available in a wide range of options for recordable and rewritable media. Thankfully, if you have a Super Multi DVD drive, you can use almost any of these formats, and keep in mind that every rewritable DVD drive is also a rewritable CD drive.

## Recordable DVD Media

The first recordable DVD media was DVD-R. It's available in speeds up to 24x, and is often recommended for playback in older DVD-ROM drives and DVD set-top boxes. DVD-R media holds up to 4.7GB. DVD+R media is also available in speeds up to 24x, and provides faster recording of smaller amounts of data than DVD-R. However, DVD+R media isn't as compatible in older DVD-ROM drives and DVD set-top boxes as DVD-R. DVD+R media is also rated at 4.7GB of capacity, but actually holds about 7 million bytes less than DVD-R media.

## Dual-Layer Recordable DVD

DVD+R DL was the first dual-layer media, enabling it to be used for creating backups of DVD video movies as well as high-capacity data backup and transport. It is rated at 8.5GB of capacity, and works well with most recent DVD-ROM and DVD set-top boxes.

DVD-R DL is also available for these purposes. While also rated at 8.5GB of capacity, DVD-R DL actually holds about 4 million bytes less than DVD+R DL media. Because DVD-R DL is a newer format, it is not as widely supported by DVD rewritable drives as DVD+R DL.

## Rewritable DVD Media

DVD-RW and DVD+RW are both rewritable formats. However, DVD+RW supports faster recording, easier editing of media contents, and no need to finalize the media before using it on another system.

Although you can use DVD-RW and DVD+RW to make larger backups of projects in process, and this media is less finicky than CD-RW, I don't recommend it for permanent storage of completed projects.

## DVD-RAM

DVD-RAM is often left out of DVD rewritable discussions, but since most recent DVD rewritable drives support it, it's worth a closer look. DVD-RAM supports native drag and drop file copying without the need to use special software, so you don't need to worry about UDF versioning problems. It also supports true random access for easy file editing and

erasure and hardware-based media defect management. DVD-RAM has a capacity of 4.26GB. If your systems support DVD-RAM, it's the easiest way to transport files between systems using optical media. However, keep in mind that most DVD-ROM and DVD set-top boxes can't use DVD-RAM, so consider it a data backup and transport solution only.

## Recordable and Rewritable Blu-Ray Disc

Recordable Blu-Ray discs are known as BD-R, while rewritable Blu-Ray discs are known as BD-RE. BD-RE discs version 2.0 and higher support UDF (drag and drop) file copying. The ability to record to Blu-Ray media depends not only upon hardware and media support, but burning software compatible with Blu-Ray recording.

## Creating CD's and DVD's with Windows

Windows XP, Windows Vista, and Windows 7 all include integrated CD burning (Windows Vista and Windows 7 also include integrated DVD burning). Is built-in disc burning enough, or do you need a third-party solution?

## Windows XP - Slow CD-only Burning

Windows XP, even in SP3, never added support for DVD media other than DVD-RAM. Thus, if you want to create DVD movie backups or data backups to DVD-R/RW or DVD+R/RW, you need to use a third-party burning program. The CD Writing Wizard doesn't support making ISO files, burning discs from ISO files, or burning Video CDs either. All it's designed to do is create CD file backups to either CD-R or CD-RW discs (to create music CDs in Windows XP, use the Burn menu in Windows Media Player).

Instead of creating a true mastered disc, Windows XP uses a

clumsy process that involves dragging or copying files to the drive letter and then sending the temporary files created to the disc using the CD File System (CDFS) first developed for CD-ROM drives in Windows 95. When you eject the disc, Windows XP closes the disc so it can be used on other systems. It's a slow process, and the only good thing you can say about Windows XP's built-in CD writing support is that it's slightly better than nothing.

If you are unable to burn CDs using Windows XP's CD Writing Wizard, open the drive's properties sheet and click the Recording tab. This tab is used to enable recording with CD Writing Wizard and Windows Media Player, and is also used to specify the location for storing temporary files, the write speed to use (options in this menu vary with the media installed), and whether to eject the CD after burning. Note that enabling these settings can interfere with some third-party CD and DVD recording programs.

## Creating CD's or DVD's with Windows Vista and Windows 7

Windows Vista and Windows 7 also offer built-in CD writing but also include DVD writing. Both versions support creating DVD video discs through the use of Windows DVD Maker, Windows Movie Maker (Vista only) or the optional Windows Live Movie Maker.

In addition to supporting a wider range of media, Windows Vista and Windows 7 also support more formatting options:

- Live File System (UDF)
- Mastered

Use Mastered if you are not planning to add more files to the disc later, to increase compatibility with older systems, and to prepare a disc for use with a standalone CD or DVD player.

The default Live File System selection is UDF 2.01, which provides backwards-compatibility with Windows XP. When you use the Burn a Disc feature in Win-

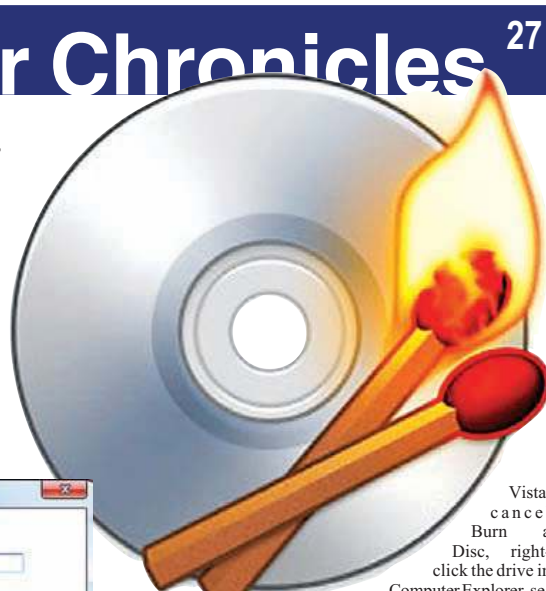
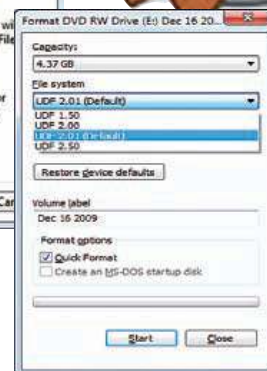


dows 7 and select Like a USB Flash Drive (Live File System) as the format type, it automatically formats the disc using UDF 2.01 (Windows XP refers to the option as Live File System, and also uses UDF 2.01 as the default setting).

**Note:** Windows XP can erase a CD-RW formatted using UDF 2.01, but can't add files to it. Win-

dows XP also supports older UDF versions 1.02 and 1.5.

To choose from other format types in Windows 7 or Windows



Vista, cancel a Burn a Disc, right-click the drive in Computer Explorer, select Format, and choose the appropriate file system from the pull-down menu. Windows 7 also adds the ability to burn a disc from ISO files using the right-click menu.



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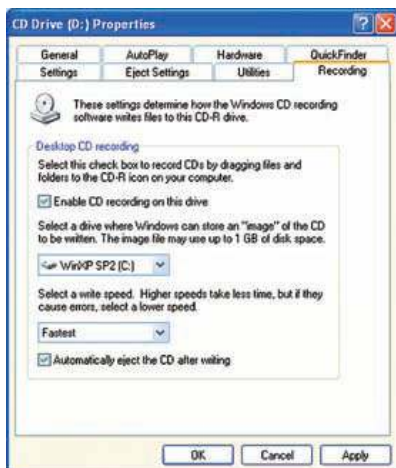
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## NORTH

## DAILY

## CALDAS DA RAINHA

**Museu José Malhoa** - Paintings, sculptures, drawings, watercolours and ceramics in temporary and permanent exhibitions - Parque D. Carlos I - T. 262 831 984

## CALDAS DA RAINHA

**Municipal Museum** - Since (1985) the construction of António Duarte Atelier and Museum, the Local Council of Caldas da Rainha has been constructing one of the most important nucleus of Portuguese Sculpture of the 20th century. The exhibit, conservation, study and divulgation of the collections is divided between the three museums - T. 262 840 280

## ESPINHO

**Dance Show** The Michael Jackson 'Tribute Dance' - Casino de Espinho daily - 20h30 (dinner) and 22h30 (show) - €20 (dinner-show, Sunday to Thursday) €32.50 (dinner-show, Friday and Saturday) - T. 227 335 500 - [www.solveverde.pt](http://www.solveverde.pt)

## GUARDA

**Museu Municipal de Arte Moderna Abel Manta** - The collection includes works by Carlos Botelho, Júlio Resende, Menez, Paula Rego, Vespeiro, António Dacosta and many others - Open: Tuesday to Sunday from 10h00 to 12h30 and from 14h00 to 17h00 - Free entrance - Rua Direita, 45, Gouveia - T. 238 493 648

## PORTO

**Casa da Música** - Guided visits from Mon-Sun: 10h30; 11h30; 12h30; 15h00; 16h00; 17h00; 18h00 - Tickets can be bought until 10 minutes before visit - Price: €2; Free for children under 12 - T. 220 120 214 - Avenida da Boavista, 604-610 - [www.casadamusica.com](http://www.casadamusica.com)

## PORTO

**Serralves Foundation** - Visits to the exhibitions - Sat: 17h-20h; Sun: 12h-13h - to the architectonic spaces (museum & Casa de Serralves) Sun: 15h-16h - Visits to the park; Sun: 11h-12h - Visits are free on the purchase of an entrance ticket to the museum - Location: Rua D. João de Castro, 210 - T. 226 156 584 - [www.serralves.pt](http://www.serralves.pt)

## September 25

## GUIMARÃES

**Musical 'Cigarras'** - Centro Cultural Vila Flor - 22h00 - Grand Auditorium - Tickets: €7.50 & €10 - T. 253 4274 700 - [www.ccvf.pt](http://www.ccvf.pt)

## GUIMARÃES

**Dance 'Na Terra a Olhar o Céu'** (On Earth looking at the sky) - Centro Cultural Vila Flor - 22h00 - Coliseu do Porto - Rua Passos Manuel, 137 - Tickets: €5 - T. 253 4274 700 - [www.ccvf.pt](http://www.ccvf.pt)

## September 29

## PORTO

**Sergei Prokofiev's Romeo and Juliet Ballet** - 21h30 - Coliseu do Porto - Rua Passos Manuel, 137 - Ticket prices: €17 to €32 - T. 223 394 940 - [www.coliseudoporto.pt](http://www.coliseudoporto.pt)

## October 14

## PORTO

**The Sleeping Beauty from Tchaikovsky** by the Russian State Ballet - 21h30 - Coliseu do Porto - Tickets: €15 to €45 - Reservations: 707 234 234 - T. 223 394 940

## October 21 to 24

## PORTO

**Lord of the Dance (Irish Popular Dance)** - Coliseu do Porto - Tickets: See bottom right of page

## October 27

## PORTO

**Tindersticks in Concert** - Coliseu do Porto - 21h00 - Ticket prices: €20 to €35 - Rua Passos Manuel, 137 - T. 223 394 940

## November 11 to 20

## GUIMARÃES

**Guimarães Jazz 2010** by Charles Lloyd, Kenny Garrett, Dave Liebman, Joe Lovano, Ravi Coltrane, Gonzalo Rubalcaba, New York Composers Orchestra, among others - Centro Cultural Vila Flor - T. 253 4274 700

## November 16 to 21

## PORTO

**Tchaikovsky's Swan Lake on Ice** by the Imperial Ice Stars - Artistic Director Tony Mercer - Coliseu do Porto - T. 223 394 940

## CENTRE

## Daily

## CASCAIS

**Cascais Cultural Centre** - Concerts, shows, exhibitions, & other events - shops, coffee shop & terrace - Open: 10h00-18h00 (Closed Mon) - Av. Rei Humberto II de Itália - T. 214 848 900

## CASCAIS

**Sea Museum 'Rei D. Carlos'** - Rua Júlio Pereira de Mello - 10h-19h; closed Mon & holidays - T. 214 825 400

## ESTORIL

**Casino Estoril** - Praça José Teodoro dos Santos - T. 214 667 700 - [info.estoril@estoril-sol.com](mailto:info.estoril@estoril-sol.com)

## LISBON

**Mercado da Ribeira** - On the waterfront, this popular market is the Coolest Place in Town - Crafts, events, gastronomy - Av. 24 de Julho

## LISBON

**National Coach Museum** - Set in a 17th century riding school, with a varied collection of royal coaches, uniforms and portraits of the royal family - Open: 10h-17h30 (Closed Mondays and public holidays) - Praça Afonso de Albuquerque - T. 213610850

## LISBON

**Oceanarium** - Spectacular design by Peter Chermayeff, it is one of Europe's biggest oceanarium - Park of Nations - 10h-18h - T. 218 917 002

## LISBON

**Influx contemporary** - A museum dedicated to African Contemporary Art - Open from Wednesday to Saturday from 14h00 to 19h00 - Rua Fernando Vaz, 20B - T. 918 501 234 - [www.influxcontemporary.com](http://www.influxcontemporary.com)

## SANTARÉM

**Visit** the Casa-Museu Braamcamp Freire on Rua Braamcamp Freire - T. 243 304 480/1

## SINTRA

**Exhibitions** at Galeria Municipal de Sintra - Praça da República, 23 (Turismo Building) 1st floor - T. 219 238 728 - [www.cm-sintra.pt](http://www.cm-sintra.pt)

[www.theportugallnews.com](http://www.theportugallnews.com)

## Until September 26

## LISBON

**Exhibition** by Ana Vidigal 'Menina Limpia, Menina Suja' (Clean Girl, Dirty Girl) - Calouste Gulbenkian Foundation - Avenida de Berna, 45-A - T. 217 823 000 - [www.gulbenkian.pt](http://www.gulbenkian.pt)

## ALGÉS

**Exhibitions** 'Graça Morais' and 'Por Paris' at Centro de Arte Manuel de Brito at Palácio dos Anjos - 11h30 - 18h00 (11h30-24h00 last Friday each month) - Alameda Hermano Patrone - T. 214 111 400

## October 13 to 17

## LISBON

**Lord of the Dance (Irish Popular Dance)** - Coliseu - Tickets: See bottom right of page

## October 13 to 24

## LISBON

**Cirque du Soleil 'Saltimbanco'** - The acclaimed acrobatic artists of Cirque du Soleil will perform at Sala Atlântico of the Atlantic Pavilion - Park of Nations - Tickets: See bottom right of page

## November 5 &amp; 6

## LISBON

**Concert** 'Uma Viagem até ao Som da Sétima Arte' (A Journey to the Sound of Cinema Art) by the Lisbon Film Orchestra at Aula Magna - On the 6th at 16h00 there will be a special session for children with music from children's films - Aula Magna is situated on Alameda das Universidades, Cidade Universitária - T. 210 113 400/406 / Fax: 217 963 151 - Ticket prices: €20, €25 and €35 - Ticketsales: Please see bottom right of page and [www.ticketline.sapo.pt](http://www.ticketline.sapo.pt) or 707 234 234

## November 12

## LISBON

**Concert** by Interpol - 21h00 - Campo Pequeno (Praça do Campo Pequeno) - T. 217 932 093

## November 21

## LISBON

**Shakira in Concert** - Sala Atlântico of Atlantic Pavilion - Park of Nations

## SOUTH

## Daily

## LAGOS

**Charity Shop in Almádena** - Charity Shop in what was old supermarket on the square past 'Brody' and 'O Poço' restaurants - LAPS - Lagos Animal Protection Society - T. 282 687 334

## SILVES

**Exhibition** of artwork by Hilary Cunningham - Vivenda Rosal Pedreira - Watercolour, pen ink & wash, oil & pastel. Prior to visit, please call 282 332 190 or 917 169 053

## September 25

## LAGOS

**Arts & Crafts Fayre**, Saturday, Sept. 25th from 11:00 to 3:00 at the Mirage Restaurant in Praia da Luz, in aid of the Madrugada Charity - Free Admission

## FARO

**Concert** 'Bandas de Cá' Mad Cats Blues on the Rocks - Lethes Theatre - 21h30 - Price: €5 - T. 289 888 110 - [www.teatromunicipaldeparo.com](http://www.teatromunicipaldeparo.com)

## LAGOS

**10th Lagos Meeting of Youth Choirs** - Cultural Centre - 16h00

## LAGOA

**Romeo and Juliet** by the Moscow Ballet La Classique - Centro de Congressos do Arade - 21h30 Ticket sales at the venue and info. at bottom of page - T. 707 234 234 (bookings)

## PORTIMÃO

**Play** 'As Lágrimas de Saladino' (Saladin's Tears) in a programme commemorating the birth of Manuel Teixeira Gomes - Grand Auditorium Nuno Mergulhão of the Municipal Theatre - 21h30 - T. 282 402 475 / 961 579 917

## SANTA BÁRBARA DE NEXE

**St Patrick's Society walk** - Meet at A Canga restaurant 10.15am - Duration: approx. 2hrs 15 mins - Footwear: trainers - Non-members welcome - Contact: Margaret 913741251

## Sep 26 - Oct 23

## LOULÉ

**Loulé's 12th Meeting of Ancient Music** - Capela Joanina - T. 289 400 880

## Until September 29

## ESTÓI

**Exhibition** 'Pássaro em Terra' (Bird on land) by René Bertholo - Estói Milreu Ruins - 10h30-13h00 / 14h00-18h30 (closed Mondays)

## ALMANCEL

**Painting Exhibition** by Jean-Marie Boomputte titled 'The Seven Deadly Sins' at Centro Cultural São Lourenço - Open from 10h00 to 19h00 (Closed Sundays, Mondays and public holidays) - Rua da Igreja - Telephone number: 289 395 475 - [www.centroculturalsaolourenco.com](http://www.centroculturalsaolourenco.com)

## Until September 30

## MONCHIQUE

**Exhibition** of customs and habits of Monchique mountain - Parque da Mina - Daily from 10h to 19h - T. 282 911 622 - [www.parquedamina.pt](http://www.parquedamina.pt)

[www.theportugallnews.com](http://www.theportugallnews.com)

**For more events, see our Club and Community Pages - pp26-27 and our Classifieds - pp 58-62**

**TICKETS:** Most tickets are available at FNAC and Worten outlets across the country, ATM machines, Abreu agencies, El Corte Inglés, Casa Viola, Ticketline or at the event itself on the night.  
Websites: [www.pavilhaoatlantico.pt](http://www.pavilhaoatlantico.pt) / [www.ticketline.pt](http://www.ticketline.pt) / [www.blueticket.pt](http://www.blueticket.pt) / Phone numbers: Ticketline 707 234 234 / 707 700 000

## PREVIEW

## Until October 30

**Porto - Art Exhibition 'Monopoly World - Sloth'** by Isabelle Faria-Theart display is at Galeria 111 situated on Rua Dom Manuel II, 246 - The art gallery is open Monday to Saturday from 10h00 to 12h30 and from 15h00 to 19h30; Closed on Monday and Saturday morning, Sundays and public holidays - T. 226 093 279 - [info@111.pt](mailto:info@111.pt) [www.111.pt](http://www.111.pt)



Convento S. José - Experience the sights sounds and textures of our Algarve wildlife - Opening evening 24th Sept from 6pm until 10pm - Sylvain Bongard-stoneware sculptures - Tara Esaguy Cohen - illustrations - For info, please contact studio - 282 461383 / 96 8362930 - Convento - 282 380434 - [atelierbongard@hotmail.com](mailto:atelierbongard@hotmail.com) or [algarveanimals@hotmail.com](mailto:algarveanimals@hotmail.com) - Exhibition runs from 24/09/10 to 30/10/10 - Presenting the 'Algarve Animals' 2011 calendar.

## Until October 22

**Pera - 8th International Sand Sculpture Festival:** Theme: Living World - Open from 10h00 to 24h00 (15th September to 22nd October from 10h00 to 20h00) - Fiesa is located on the EN 524 road between Pera and Algoz (From EN125, at Pera crossroads, follow the indication for Algoz).



## LAGOS

**Exhibition** of Watercolour and Oils by Clive Cook in a new exhibition space on Rua Direita, Praia da Luz, situated between Gardeur and the hairdressers Victor Picardo in the direction of Lagos - T. 916 720 981 - [clivecookpaintings.com](http://clivecookpaintings.com)

## PORTIMÃO

**Exhibition** 'Posta Restante - The travels of the President Writer' - Casa Manuel Teixeira Gomes - Monday to Friday: 10h-19h; Saturdays: 15h-19h

## September 30

## PORTIMÃO

**New Orleans Jazz** session at Casa Inglesa Restaurant, Main square by the fountains - Details 935 086 365 or [www.algarvejazz.com](http://www.algarvejazz.com)

## Until October 4

## ALMANCEL

**International Print Exhibition** at Vale do Lobo Art Gallery - From silkscreen, lithograph and relief printing to etching, engraving and woodcut - Artists: David Almeida, Susan Norrie, Rafael Canales and Gunter Grass - Open from 10h00 to 19h00 - The entrance is free - T. 289 353 256 - [www.valedolobo.com](http://www.valedolobo.com)

## Until October 7

## MONCHIQUE

**Paintings** at Galeria Santo António by the Austrian artist Johanna Roth - opening hours: Tuesday from 12am till 7 pm and Wednesday to Friday and Sunday from 12am till 4pm - More details at [www.artelagrove.net](http://www.artelagrove.net) or contact 282 913 130 or 925 004 051

## Oct 9 to Dec 1

## ALMANCEL

**Sculpture Exhibition** (black granite) by Shintaro Nakaoka at Centro Cultural São Lourenço - [www.centroculturalsaolourenco.com](http://www.centroculturalsaolourenco.com)

## October 28, 29, 30

## SÃO BRÁS DE ALPORTEL

**Music Hall Revue** by Angels Theatre Group at the Museum - New production - Proceeds to benefit Special Needs Holiday Centre - [www.angels-theatre.org.uk](http://www.angels-theatre.org.uk) - e-mail [theangels-theatreco@live.com](mailto:theangels-theatreco@live.com) - T. 966086181

## Until October 30

## LAGOA

**Exhibition 'Animais do Algarve'** by Sylvain Bongard (sculptures) and Tara Esaguy Cohen (drawings) - S. José Convent - Rua Joaquim Eugénio Judice - T. 282 380 434 - [www.cm-lagoa.pt](http://www.cm-lagoa.pt)

## LAGOS

**Drawings and Paintings** 'Rainhas da Beleza' (Beauty Queens) by Timo Dillner - Art Gallery on Rua Joaquim Tello nº 3 - Monday to Friday from 10h00 to 13h00 and from 15h00 to 19h00 - T. 282 687 053 - [www.timodillner.com](http://www.timodillner.com)

## Until October 31

## PORTIMÃO

**Exhibition** 'Entre dois séculos e dois regimes e Portimão nos alcores do século XX' (Between two centuries and two regimes and Portimão at the dawn of the 20th century) - Portimão Museum - Tue from 14h30 to 18h00; Wed to Sun from 10h00 to 18h00

**Events may be cancelled, delayed or fail to live up to their billing. Send us your events to [copy@theportugallnews.com](mailto:copy@theportugallnews.com) by Tuesday before publication.**



## ALGARVE

**SBC**  
**FORUM ALGARVE**  
**TEL: 289 887 212**  
**23 SEP-29 SEP**



**1**  
**The Karate Kid**  
Jaden Smith, Jackie Chan  
(12.20 Sat & Sun) 15.20-18.15-21.10  
**Drag Me to Hell**  
Alison Lohman, Justin Long  
(00.25 Fri & Sat)  
**2**  
**Hot Tub Time Machine**  
John Cusack, Rob Corddry  
17.10-19.25-21.40 (00.00 Fri & Sat)  
**The Sorcerer's Apprentice**  
Nicolas Cage, Jay Baruchel  
(12.15 Sat & Sun) 14.45  
**3**  
**Resident Evil: Afterlife**  
Milla Jovovich, Ali Larter  
15.20-17.30-19.50-22.00 (00.15 Fri & Sat)  
**The Last Airbender**  
Noah Ringer, Dev Patel  
(13.00 Sat & Sun)  
**4**  
**Dinner for Schmucks**  
Steve Carell, Paul Rudd  
14.10-16.40-19.20-21.50 (00.20 Fri & Sat)  
**Marmaduke PV**  
Owen Wilson, Lee Pace  
(10.50 Sat & Sun)  
**5**  
**Going the Distance**  
Drew Barrymore, Justin Long  
(12.00 Sat & Sun) 14.15-17.00-19.15-21.30 (23.50 Fri & Sat)  
**6**  
**The Switch**  
Jennifer Aniston, Jason Bateman  
14.30-16.45-19.00-21.20 (23.40 Fri & Sat)  
**Toy Story 3**  
Animation PV  
(10.40 Sat & Sun)  
**7**  
**Wall Street 2**  
Michael Douglas, Shia LaBeouf  
(12.45 Sat & Sun) 15.25-18.10-21.00 (23.55 Fri & Sat)  
**Shrek Forever After**  
Animation PV  
(10.30 Sat & Sun)  
**8**  
**Salt**  
Angelina Jolie, Chiwetel Ejiofor  
(12.50 Sat & Sun) 15.05  
**The Last Airbender**  
Noah Ringer, Dev Patel  
17.25  
**The Sorcerer's Apprentice**  
Nicolas Cage, Jay Baruchel  
22.10  
**Predators**  
Adrien Brody, Alice Braga  
19.45 (00.35 Fri & Sat)  
**9**  
**Letters to Juliet**  
Amanda Seyfried, Christopher Egan  
13.40-16.00  
**Inception**  
Leonardo DiCaprio, Marion Cotillard  
21.05 (00.10 Fri & Sat)  
**El Secreto de sus Ojos**  
Ricardo Darín, Soledad Villamil  
18.20  
**Cats & Dogs 2 - PV**  
Chris O'Donnell, Bette Midler  
(11.00 Sat & Sun)

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**TEL: 707 220 220**  
**23 SEP-29 SEP**



**1**  
**The Switch**  
Jennifer Aniston, Jason Bateman  
13.10-15.40-18.10-21.25 (23.45 Fri & Sat)  
**2**  
**Resident Evil: Afterlife 3D**  
Milla Jovovich, Ali Larter  
12.55-15.00-17.10-19.20-21.40 (23.55 Fri & Sat)  
**3**  
**The Karate Kid**  
Jaden Smith, Jackie Chan  
12.50-15.35-18.25  
**Predators**  
Adrien Brody, Alice Braga  
21.45 (00.15 Fri & Sat)  
**4**  
**Dinner for Schmucks**  
Steve Carell, Paul Rudd  
13.15-15.50-18.30-21.20 (00.10 Fri & Sat)  
**5**  
**Cats & Dogs 2 - PV**  
Chris O'Donnell, Bette Midler  
13.00-14.55-16.50  
**Salt**  
Angelina Jolie, Chiwetel Ejiofor  
18.45-21.00 (23.30 Fri & Sat)  
**6**  
**Hot Tub Time Machine**  
John Cusack, Rob Corddry  
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13.40-16.20-18.50-21.35 (00.00 Fri & Sat)  
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**9**  
**The Sorcerer's Apprentice**  
Nicolas Cage, Jay Baruchel  
13.20-16.10-18.35-21.10 (23.40 Fri & Sat)

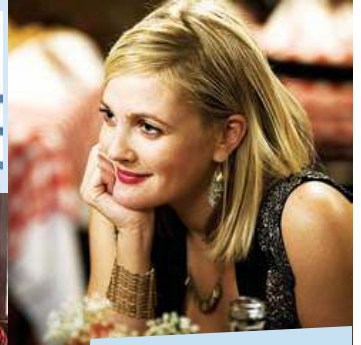
**CASTELLO LOPES CINEMAS**  
**PORTIMÃO**  
**TEL: 707 220 220**  
**23 SEP-29 SEP**



**1**  
**Wall Street 2**  
Michael Douglas, Shia LaBeouf  
13.00-15.45-18.30-21.30 (00.10 Fri & Sat)  
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Drew Barrymore, Justin Long  
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Steve Carell, Paul Rudd  
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**The Karate Kid**  
Jaden Smith, Jackie Chan  
12.50-15.35-18.25-21.10 (00.00 Fri & Sat)  
**6**  
**Resident Evil: Afterlife 3D**  
Milla Jovovich, Ali Larter  
13.10-15.20-17.30-19.40-22.00 (00.20 Fri & Sat)

**Title:** Going the Distance  
**Genre:** Comedy | Romance  
**Stars:** Drew Barrymore, Justin Long, Christina Applegate, Charlie Day, Jason Sudeikis, Jim Gaffigan  
**Director:** Nanette Burstein  
**Synopsis:** Erin and Garrett are very much in love. When Erin moves to San Francisco to finish her journalism degree and Garrett stays behind in New York to work in the music industry, they keep their romance alive with webcams and frequent-flyer miles. However, just when it seems the lovers will soon be reunited, Erin and Garrett both get big breaks that could break them up for good.

**GOING THE DISTANCE**



Everybody loves...  
**BABIES**

**Title:** Babies  
**Genre:** Documentary  
**Stars:** Bayar, Ponijao, Mari, Hattie  
**Director:** Thomas Balmes  
**Synopsis:** A visually stunning and joyful new film that simultaneously chronicles the lives of four of the world's newest human inhabitants - in Mongolia, Namibia, San Francisco, and Tokyo - from first breath to first steps, on a journey at once universal and amazingly original.



**Title:** Wall Street 2: Money Never Sleeps  
**Genre:** Drama  
**Stars:** Michael Douglas, Shia LaBeouf, Josh Brodin, Carey Mulligan, Susan Sarandon, Eli Wallach, Frank Langella  
**Director:** Oliver Stone  
**Synopsis:** Emerging from a lengthy prison stint, Gordon Gekko finds himself on the outside of a world he once dominated. Looking to repair his damaged relationship with his daughter Winnie, Gekko forms an alliance with her fiancé, Jacob. But can Jacob and Winnie really trust the ex-financial titan?



**Title:** Hot Tub Time Machine  
**Genre:** Comedy | Sci-Fi  
**Stars:** John Cusack, Rob Corddry, Craig Robinson, Clark Duke, Chevy Chase  
**Director:** Steve Pink  
**Synopsis:** A group of best friends become bored with their adult lives. After a crazy night of drinking in a ski resort hot tub, the men wake up, in the year 1986. This is their chance to change their futures.



**HOT TUB TIME MACHINE**  
JOHN CUSACK  
ROB CORDDRY  
CRAIG ROBINSON  
CLARK DUKE  
CHEVY CHASE

**Title:** After Life  
**Genre:** Drama | Mystery | Thriller  
**Stars:** Christina Ricci, Justin Long, Liam Neeson, Josh Charles  
**Director:** Agnieszka Wojtowicz-Vosloo

**Synopsis:** A young woman caught between life and death... and a funeral director who appears to have the gift of transitioning the dead, but might just be intent on burying her alive.



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**OV = Original Version**  
**PV = Portuguese Version**

### Film Classification

Resident Evil: Afterlife - M/12  
The Switch - M/12  
Solitary Man - M/12  
Step Up 3D - M/6  
Dinner for Schmucks - M/12  
Drag Me to Hell - M/16  
The Karate Kid - M/12  
Predators - M/16  
Cats & Dogs 2 - M/6  
Salt - M/12  
The Expendables - M/12  
Toy Story 3 - M/6

M/4 - Four years and over  
M/6 - Six years and over  
M/12 - 12 years and over  
M/16 - 16 years and over  
M/18 - 18 years and over









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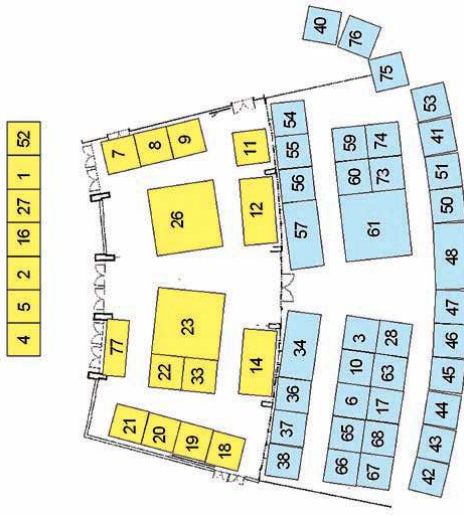
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Sat 2nd & Sun 3rd  
October

COMPANY	STAND N°	TYPE OF BUSINESS
Absolute Zero	75	Uniforms, leamwear + embroidery
Aquapuro	74	Water treatment products
ADS - Arroja da Silva Lda	47	Heating & Cooling systems
Alex Vermogensbeheer	57	Online Stockbroker (Bank)
Algarve Chiropractic Centre Almici	43	Chiropractors
Alumawood	41	Patio Covers
Ambientes com Arte	19	Interior Design
Aqua Aquatic Systems	03	Water treatment
Aquatics / Pousaleau	45	Water features / Pool Fencing
Ashtourne Villiers SPRL	26	Financial
Bedspreads Factory Outlet	60	Retail & household linens, duvets, pillows.
Blackwoud Group	12	Financial Services
Casa de Jinas	53	Construction
CBI - Inovação Em Inox	76	Construction
Celebrity Cruises	77	Cruises
Collecions	36 & 37 & 38	Ladies' Fashions
Daphnes Soft Furnishings	42	Interior Design
Direct International Transport	56	International Transport
Enoragroup	08 & 09	Energy and Home Control
F-Line Fashions	54	Ladies' Fashions
M2M Blinds	18	Blinds & Flyscreens
Giant Windows	67 & 68	Doors, Windows, Glass curtains
Global Web Com Ltd	07	Web Design
Hoffhouse-Portugal	55	Construction
House of Wonders	16	Furniture with a soul
IBC Security	48	Security
Marcelle Properties	02	Real Estate
Linen Warehouse	73	Linen & Towels retail
Lloyds TSB International	11	Banking
Mestre Raposa	14	Doors + Windows
Money Mails	10	Financial Services
Multiclínica Medefi	46	Dental Clinic and Esthetic Medicine Centre
Overseas Legal - Law Offices	05	Law offices
Paws 4 Pets	27	Pet Shop
Pim Travel	06	Travel Agent
Penguin	66	Air Con, Solar, Heating & Cooling
Porches Pottery	21	Ceramics
Portugal Auctions + I Spy360	20	Marketing / Virtual Tours
PremierFX	61	Currency Exchange / Mortgages
Property Lynx Chartered Surveyors	28	Chartered Surveyors
Salão Elysium Health + Beauty Salon	01	Health + Beauty
Shakti	51	Acupressure treatments
Simply Screens	40	Mosquito Screens
Sistónica, Alarmes e Seguranga Lda	52	Alarms & Security
Style Furnishings	04	English Beds
Summers Skin Clinic	65	Beauty
The Portugal News	44	News paper
Toldolanda	22 & 23 & 33	Awnings
TripleSky	59	Design & Branding
Vitalize Products	17	Health Supplements
World Telecom	63	Telecommunications
Worldwidebroker	34	Financial Services
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## This Week's profiles:

## Style Furnishings Z Z Z Z Zzz



## Style Furnishings

For more information please call 282 322 291, mobile: 93 440 8256, e-mail info@stylefurnishings.com. Alternatively, visit their website: www.stylefurnishings.com



We all need a good night's sleep, but did you know that 'Lack of sleep' can cause irritation, nausea, headaches, increase your blood pressure along with a list of other health issues.

At Style Furnishings they can advise you and help you make a well-informed choice. Now in their 11<sup>th</sup> year, they have been providing comfortable English Beds to homes in the Algarve for over a decade.

With their latest range for 2010, complimented by a range of attractive Bedroom furniture and not forgetting an extensive range of Hand-crafted Wall Designs to dress your walls with Style.

Style Furnishings first opened their doors back in August 2000.

In the years that have followed, the business has been actively promoted

in several forms of media and live exhibitions.

Essential as this is for any business, Elaine at Style Furnishings wholeheartedly acknowledges that her clients through the years are the reason that the business is still here today.

With their support and confidence in the products, the service they receive and personal rapport, being the reasons why they choose to use and recommend Style Furnishings to others. Elaine would like to say a personal thank-you to all of her clients, past and present.

Style Furnishings is located at Vale De Lousas Retail Park, on the EN125 between Porches and Aqualand Water Park. Open: Monday to Friday 10.30am-5.00pm and Saturday 10.30am-2.00pm.

## Amazing Day Spa

To book your appointment ring Amazing Day Spa on Tel: 282 098 086 or 918 682 304. Easy parking right outside. Check out their website www.amazingdayspa.com or e-mail them at info@amazingdayspa.com



## Blacktower FM

For more information on Blacktower FM, please contact us for further details (+351) 289 355 685



## House of Glass

For more information please visit their showroom, email: info@houseofglass.eu or call 289 389 157 or 919 716 428.

If you would like YOUR business's profile to feature on 'Trading Places', call our Sales Manager on telephone: 707 500 677.

## Blacktower Financial Management Group

In the increasingly complex world of finance and investments, independent, experienced wealth management advice has never been more important. The market is full of different products and solutions offering a myriad of features and benefits - but finding the right solution for you can be a daunting task.

Blacktower Financial Management Group is one of the most comprehensive and experienced wealth management companies around today. Since establishing in 1986, they have worked hard to build a business based on trust and transparency.

Under Blacktower Financial Management (International) Limited, they have offices in Portugal, Gibraltar, Spain and France. They lead the field in offering independent financial advice to expatriates.

Their range of financial planning services covers all your needs from personal and corporate tax planning, investments, mortgages and pensions/pension transfers (QROPS/QNUPS), to planning for long-term care.

They believe it is their approach that sets them apart from other wealth managers. They build strong and lasting relationships with their clients. They are there to help and advise, whatever unexpected surprises life may bring - good or bad. With regular reviews they aim to make sure that your investments work hard for you, whatever the financial climate.

It is this approach that sees them



receive the majority of introductions via referrals from existing clients and from other professional advisers and many international banks.

They are also very proud that Blacktower Financial Management Ltd is one of the few independent financial advisers in the UK to hold chartered status. The Chartered Insurance Institute awards the title only to firms who meet their rigorous standards of professionalism and capability. The UK business is regulated by the Financial Services Authority and its international arm comes under the authorisation of the Financial Services Commission in Gibraltar thus giving you the confidence in knowing that they are fully regulated to operate in 'key' European locations.

With a complete wealth management advice service for individuals and businesses in Europe - Blacktower aims to make sure that you 'don't chance with finance'.

As Independent Financial Advisers, Blacktower seeks to ensure that our clients receive the advice suitable for their specific circumstances.

Robert Mancera - General Manager

## Amazing Day Spa



The Amazing Day Spa first opened its doors in January 2009, when owner Lucia Gueirreiro, a Food Engineer & previously a teacher at the University in Silves, decided to put her extensive knowledge and experience in Food nutrition, Biology & Ecological agriculture, to good use in a new and exciting concept. She wanted to create a special place where her clients could relax, de-stress and at the same time receive nutritional advice for overall well being.

The treatment rooms at the Spa are beautifully designed with your total comfort and relaxation in mind and on offer are a whole range of relaxing and therapeutic massages and various body treatments to reduce fat, volume and cellulite, including Lymphatic Drainage and Green Tea Poulitice Cavitation. Lucia also provides physiotherapy, acupuncture and traditional Chinese medicine.

Also available are traditional beauty treatments including facials, manicures, gel nails, pedicures, permanent eyelash tinting and curling, waxing and permanent hair removal.

The paramount concern at Amaz-

ing Day Spa is your well-being and their personalised service is dedicated to carefully planning a range of treatments to meet your goals and desires. For clients seeking help with weight reduction, there are treatments with proven immediate results, nutritional advice and they will even do your personal food shopping and show you how to prepare a healthy diet in the home.

The key to the Spa's success has been not only meeting their clients needs, but also at a price they can afford. You will certainly find the cost of treatments here to be very reasonable indeed.

Lucia & her assistant therapist Claudia, have over 15 years experience of nutrition, health and beauty and will help you to both look and feel at your very best. The only difficulty you may experience is selecting which treatment to have with so many to tempt you.

From October their popular Pilates and Yoga classes will recommence from as little as €35,00 per month for two classes a week.

The Amazing Day Spa, located on Rua Candido dos Reis in Silves, is open every day except Sunday, from 9am until 8pm.

## House of Glass

House of Glass offers a variety of glass solutions for your home, from glass fencing to balustrades, shower doors and screens, glass table tops, table bases, glass curtains, mirrors or, in fewer words, anything made of glass!

Steven Emerson moved to Portugal knowing that his experience in the glass industry would be a benefit to the Algarve, shining above competition. His family owns a glass toughening plant, helping him to keep his prices extremely competitive and also to develop his own designs for several products.

Steven believes every home is different, so the company provides mainly bespoke products, each being specifically designed for individual customers to ensure all their needs are met.

One of their fantastic feature products are the glass curtains; perfect for outdoor patios, terraces and balconies, giving you the choice of having it secluded from weather if needs be. These glass curtains can fit any shape and have several configurations. They are independent frameless, slide and turn panels, and don't worry about safety as all of the glass used is toughened and laminated.

House of Glass also have glass fencing for swimming pools. Besides offering added safety around a pool, the glass fences also protect the areas from the wind, a common factor in the Algarve, and leave views unobstructed, providing added safety with no compromise.

Making windows and glass doors



to size, Steven believes quality must be upheld for every product and so he uses toughened, laminated 'reflectorsol' (keeps UV rays out) glass, with widths ranging from 6mm to 19mm, which can be chosen in a vast range of colours, keeping the inside of your home completely private from the outdoors, whilst keeping the view from indoors.

House of Glass also maintains the quality standard for their shower doors, complementing the glass with only the best stainless steel, ensuring it will last.

Other products House of Glass has to offer are glass roof panels, table bases, glass tables, mirrors and more. Covering the whole of the Algarve and beyond, House of Glass is situated in Quatro Estradas, near Alcanil. Their showroom is neatly presented, with great products on display and is open from Monday to Friday, from 09h30 to 18h00, closing between 13h00 and 14h00 for lunch. They provide free quotations, with fitting and delivery included in the price.



Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. Answers next week.

Egsv

Medium

Hard



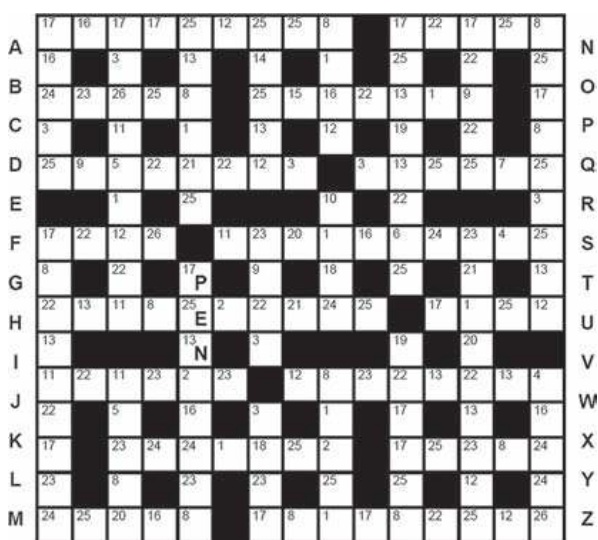
Each number in the grid represents a different letter of the alphabet. Decipher the code to fill in the crossword. Three letters are already in place and the check-box and letters either side will help you keep track of progress.



Last weeks solutions:



(Right: Last week's solution)

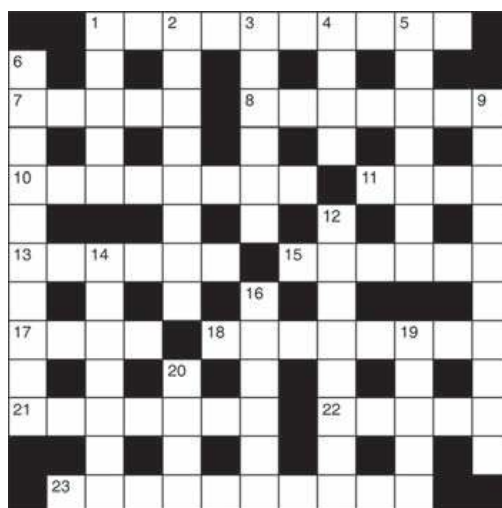


Find the hidden words within the square. The word may start anywhere and go in any direction.



RIGHT, DRESS, TRY, COMPERE, CALORIES, SLIP, SABOTS, STACKS, BRACELET,  
LOUDEST, LIMBO, STOP, ROT, ROYAL, GENERATE, TICKED, RIME, SHELLAC, STOCK,  
STILL, EXPOSITION, STICKLER, BANQUET, WRETCH, LIMIT, WEEP

## ACROSS



Five archive editions of **The Portugal News** will be sent to the sender of the first correct solution opened next Thursday. Solutions to: The Portugal News Crossword N° 1080, Apt. 13, 8401-901 Lagoa. Please be sure to enclose your name, address and phone number.

1. Proxy (10)
7. Brief (5)
8. Sickly (7)
10. Told (8)
11. Glide (4)
13. Instil (6)
15. Sundry (6)
17. Too (4)
18. Haphazard (8)
21. Distinguished (7)
22. Monarch (5)
23. Component (10)

**DOWN**

1. Hoax (5)
2. Support (8)
3. Interfere (6)
4. Borough (4)
5. Drip (7)
6. Absorb (10)
9. Half globe (10)
12. Scatter (8)
14. Fabric (7)
16. Excited (6)
19. Distribute (5)
20. Nobleman (4)

See if you can find 6 differences between the two photos.



## Last week's solutions

Across: 6 Subdued; 7 Topic; 9 Age; 10 Voluntary; 12 Incorporate; 15 Requisition; 17 Curiosity; 19 Hut; 21 Nasty; 22 Summary.

Down: 1 Judge; 2 Ado; 3 Zero; 4 Posterior; 5 Vibrate; 8 Output; 11 Infuriate; 13 Obsess; 14 Regular; 16 Guard; 18 Taut; 20 Imp.

**Last weeks winner: John Moody, Odiaxere**

Last week's solution:





# PROPERTY

A weekly guide to the latest and the best properties on the market in Portugal • The Portugal News • 25 Sep 2010

## PROPERTY OF THE WEEK

# Recently-reduced, pretty villa in Vilamoura



This week Property of the Week features a pretty three-bedroom villa located in a coveted part of Vilamoura. Just minutes away from all of the desirable town's amenities, such as its Marina, golf courses, hotels and restaurants, it is also just 20 minutes from Faro international airport.

Recently significantly reduced for a quick sale, this property offers considerable space at a remarkable price with a constructed area of 212 square metres.

It is an attached property but boasts various outdoor areas, including a covered passage, a courtyard and barbeque terrace.

As it is located in a private condominium there is also communal swimming pool and a nice garden area.

The villa comprises three bedrooms, two bathrooms, a cosy lounge with fireplace, a

fully-equipped kitchen, extra storage and spacious terraces.

It also has a carport.

To be sold furnished and equipped, the villa is currently priced at €239,000 (recently reduced from €350,000).

For more information, contact Venda Villa Real Estate Agency on telephone: (+351) 289 314 486 / 289 312 646 / 289 315 333, or mobile: 918 788 375. Alternatively, send an email to: [sales@vendavilla.com](mailto:sales@vendavilla.com), or see website: [www.vendavilla.com](http://www.vendavilla.com), reference number: 12605.





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Vilamoura

Completely renovated 2 bedroom apartment composed of 1 bathroom, lounge with dining area, equipped kitchenette, storage and terraces with barbecue area. Communal swimming pool and garden area. Const. area - 120 sq.m. Price: € 160.000,00



Vilamoura

Price just reduced!!!! Duplex apartment composed of 2 bedrooms, 2 bathrooms, lounge w/ dining area, equipped kitchen, storage, laundry room & terraces. Storage & parking space in basement. Communal sw. pool & garden area. Construction area: Approx. 114 sq.m. Ref: A1277 Price: € 190.000,00



Gambelas

Three bedroom villa, composed of 3 bathrooms, lounge, equipped kitchen, basement, hallway and terraces. Swimming pool and garden. Air conditioning and sprinkler system. Plot area - 460 sq.m. Const. area - 240 sq.m. Ref: V12645 Price: € 290.000,00



Vale Judeu

Attractive country villa composed of 3 bedrooms, 3 bathrooms, lounge with fireplace, dining room, kitchen and storage. Roof terrace and carport. Swimming pool and garden. Furnished & equipped. Plot area approx. 350 sq.m. Construction area approx. 115 sq.m. Ref: V12649 Price: € 365.000,00

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## The bright side of life

"You can instantly improve the feel of a room by maximising the light," says Chrissie Rucker, founder of The White Company.

"If you can't let in more natural

sunlight, you could choose a stunning chandelier with glass droplets that will catch the light and sparkle."

Simply adding table lamps, to

create soft pools of light around a room, large mirrors, or choosing reflective furniture made in mirrored or white glass, can also work magic.

Follow our guide to 'lighting up' at home and minimising the effect of gloomy days.

### Wicked windows

Hanging voiles or sheer curtains is a great way of making a room feel light and airy, and if light itself is an issue, put a blackout or plain blind behind the sheer.

Nowadays, blinds come in a wide variety of designs to suit taste and light level requirements. An economic choice is using adhesive window film to block out a poor view without reducing light.

### Playing with light

Even a simple lighting scheme can have a dramatic effect, and well-lit rooms will always look attractive.

"We respond to light in an emotional way," says Lucy Martin, author of new book, *The Lighting Bible*.

"Some forms of lighting make you feel comfortable and cosy - for instance, lamp light in a living

room - or active and vibrant, as in a brightly-lit kitchen."

Double the power of light with a mirror.

### Keep it white

Dark wood furniture can dominate a room and make it feel smaller, as well as darker.

Glass or transparent polycarbonate furniture can almost seem to float in a space, and is now so popular there are many ranges which are available and affordable from high street stores.

A clever way to bounce light around a kitchen is re-painting units with High Gloss kitchen cupboard paint, which has a lacquer effect. It's suitable for wood, melamine and MDF surfaces.

### Switched on

Gardens can become virtually invisible in the winter months, if all you see when you look out of the window in the evenings is a black space.

But outdoor lighting can trans-

form a space, says Sally Storey, design director at John Cullen Lighting.

"A little lighting goes a long way, so use it selectively, and remember that darkness can also be used to great effect - to conceal any less attractive areas," she says.

"The key to successful garden lighting is flexibility and spiked fittings, which can be easily moved to suit the changing seasons and plant growth."

### Open & shut case

Heavy curtains are effective for conserving warmth and helping to minimise draughts, but if they're dark coloured and overlap a window frame, even when drawn back, they'll reduce light in a room.

"Shutters are a chic yet simple solution to so many different window screening issues, not least of which is the need to have privacy without losing light," says Nick Garratt, director of The New England Shutter Company.

"This is a common problem at ground level, especially where windows overlook the street. But custom-made Cafe-style shutters provide a single tier with adjustable blades. So a window's screened at eye level while daylight pours in from above."

### Bring the outdoors in

Opening up the back of a house and fitting folding glass doors is an effective and increasingly popular way of blurring the boundary between the indoors and outdoors.

These doors allow an uninterrupted view of a garden and crucially, can improve light levels in a ground floor room.

### Floor show

"Flooring is the finishing touch when it comes to redecorating a room. However, it should be considered before decorating, as it's key in affecting the look of a room. For example, a light or pale coloured floor can work wonders in making a dark room appear lighter," says Forbo's Colour and Design Expert, Margareta Grieve.

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 <p><b>Algarve Property .com</b> VILAMOURA Professional Estate Agents Mobile +351 919 521 737 Paulo@AlgarveProperty.com www.AlgarveProperty.com</p>	 <p><b>Paulo Nascimento</b> your professional real estate consultant Gov. Lic. AMI 2196</p>	 <p><b>VILAMOURA</b> Ref. V102779 Three bed villa between Vilamoura and Vila Sol. 195 sq.m. 944 sq.m. plot. Large living room with separated dining room. Extra bedroom by the kitchen, ideal for a maid. Central heating. Borehole. Garage. Lovely secluded garden with pool and BBQ.</p> <p>Price: € 450.000</p>	 <p><b>VILAMOURA - MILLENNIUM</b> Ref. A102755 Two bedroom inside the Golf Course. 100 sq.m. Complex of 16 apartments. Furnished and equipped. Private garden with 40 sq.m. Air conditioning. Alarm. Underground parking space for one car. South facing with excellent sun exposure. Great letting potential.</p> <p>Price: € 220.000</p>	 <p><b>ALMANCIL</b> Ref. V92440 Great Opportunity!!! Five bedroom villa located on a very quiet area. 650 sq.m. plot w/ 207 sq.m. of constructed area. Fitted kitchen. Electric shutters. Two suites. Pre installed for a/c &amp; central vacuum. Private garden w/ pool &amp; BBQ area.</p> <p>Price: € 375.000</p>	 <p><b>VILAMOURA - MILLENNIUM</b> Ref. V61710 Four bedroom detached villa. 360 sq.m. Prime location inside the Golf Course with stunning golf views. Top finishes. Furnished and equipped. A/c. Private jacuzzi on the sun terrace. Enormous basement with 2 extra bedrooms.</p> <p>Price: € 750.000 (Reduced from €995.000)</p>
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 <p><b>ESTE ALGARVE</b> Sociedade de Mediação Imobiliária, Lda. E.N. 125, Cevadeiras, Vila Nova de Cacela, 8900 V. Real de Stº António Tel: 281 951 165 Fax: 281 951 438 Centro Comer., Av. 28 de Maio (Marginal) - 8800 Cabanas de Tavira Tel: 281 370 277 Fax: 281 370 761 belosantospedras@hotmail.com www.estealgarve.com</p>	 <p><b>Apartment Cabanas</b> Spacious 2 bedroom, 2 bathroom apartment, on the top = 2nd floor - only 1 on this floor - with 2 terraces (10,54 m2 each) close to Cabanas centre with its lovely lagoon and beach, variety of restaurants, shops, pubs and public transport. Good letting potential. 4 kms from Tavira. EA 073 ACAB – € 125.000</p>	 <p><b>Ruin w/ land - Santo Estevão</b> Property with a lovely location on a high point with stunning view of the coast consisting of approx. 1.000 m2 of land and a ruin. Max. possible construction area of 300 m2. Good access, mains water, 5 min. to the village of Santo Estevão and approx. 6 kms from Tavira. EA 074 RSEST – € 150.000</p>	 <p><b>Aptm. Vila Nova de Cacela</b> 1 bedroom apartment built in 1987, in need of some modernisation, on 2nd floor within a condominium, w/ private garage. Within walking distance to Vila Nova de Cacela centre with restaurants, commerce daily fruit and vegetable market. 2Kms from Manta Rota beach. EA 075 AVNC – € 78.900</p>	 <p><b>Cottage - Cacela</b> Exceptional property in one of the most traditional villages in the Eastern Algarve, opposite of the lagoon and sea, this charming property with 120 m2 consists of a 2 bedroom cottage and a separate 2 bedroom apartment on lower floor. EA 077 CCAC – € 530.000</p>	 <p><b>Villa Vila Nova de Cacela</b> Brand new 3 to 4 bedroom villa (290 m2) with swimming pool (7 x 3,5 m), garage, prepared air con., solar panels, on a plot of 291,79 m2, situated within walking distance to the village, 2 kms from Manta Rota beach, 5 min. to various gold courses and 15 driving min. to Tavira EA 088 VVNC – € 348.000</p>
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 <p><b>LAND &amp; HOUSES ALGARVE</b> YELLOW HOMES Sociedade de Mediação Imobiliária Lda. AMI 6232 - Val. 18.11.2010 For detailed information, please visit our website: www.landandhousesalgarve.com www.algarve-property-search.com <b>Tavira: 281 320 281</b> <b>Vilamoura: 289 301 294</b></p>	 <p><b>Tavira</b> Well-presented 3 bed / 3 bath villa (181 m2) with large pool &amp; beautifully landscaped garden located in walking distance to Tavira centre. Plot of 1049 m2 offering sea views. Reduced for quick sale. Ref: LHV-1085 Price: € 599.000 (was € 690.000)</p>	 <p><b>Tavira</b> High quality 4 bed / 4 bath villa (224 m2) with pool in final phase of construction. 2000 m2 plot enjoying gorgeous mountain &amp; sea views. Solar energy for hot water, pre-installed central heating and air conditioning. Ref: LHV-1097 Price: € 480.000 (open to offers)</p>	 <p><b>Tavira</b> A very nice, charming 3 bed / 2 bath villa in immaculate condition w/ pool &amp; garage located a 10 minutes drive from Tavira. Construction of 190 m2 + garage of 50 m2. Plot of 3850 m2. Easy road access. Ref: LHV-1080 Price: € 375.000</p>	 <p><b>Tavira</b> Tasteful, rebuilt 2 bed / 2 bath villa (122 m2) in final phase of construction situated on beautiful countryside location with distant sea views. Kitchen &amp; bathroom tiles can still be chosen. Must be seen! Ref: LHV-1098 Price: € 250.000</p>	 <p><b>Tavira</b> Brand new, attractively priced 1, 2, 3 &amp; 4 bed apartments with communal pool and garage, located in the heart of Tavira. Fully equipped kitchen. Pre-installed air-con. Good-size rooms. Great value for money. Ref: LHA-1023 Price: from € 127.500</p>
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 <p><b>Elly van Hulst</b> The fastest real estate agent in the Algarve (former World Record Holder 3.000mts running '89-'01) www.property-runner.com <b>Tel. +351 289 842 992</b> between Loulé and S. Brás AMI 6392</p>	 <p><b>Santa Bárbara de Nexe</b> • *APPROVED PROJECT* • For 4/5 bed villa • Spectacular ocean views • Excellent plot 900m² • Quiet &amp; private area • Mains electricity, water Ref. TRA1381 Price: € 195.000</p>	 <p><b>Palmela, Setúbal</b> • Spacious villa &amp; gardens • PLUS APPROVED PROJECT • - to construct 14 houses • Spectacular valley views • Villa 4 beds, 2 baths • Villa 400m² Plot 15.000m² Ref. V945 Reduced: € 1.300.000</p>	 <p><b>Almancil, Fonte Santa</b> • End-terrace townhouse • Excellent urbanisation • Views to coast, V. do Lobo • 2 bedrooms 2 bathrooms • Lovely garden, terrace • Villa 215m² Plot 600m² Ref. V1232 - <b>Must be Sold</b> Price Reduced: € 220.000</p>	 <p><b>São Brás de Alportel</b> • Attractive spacious villa • Lovely garden &amp; views • 3 bedrooms 3 bathrooms • Air conditioning, garage • Pool 10x4, large terrace • Villa 318m² Plot 2.616m² Ref. V1389 Price: € 350.000</p>	 <p><b>São Brás de Alportel</b> • Attractive villa built 1991 • With private guest aptm. • Total 3 beds, 3 baths • Pool, landscaped garden • Barbecue, dining terrace • Villa 170m² plot 1.700m² Ref. V1391 Price: € 349.000</p>
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**SOLD**



**Near Silves, Ref: S702**  
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# Boost your bulb displays



**Tulipa Sky High Scarlet**

is that they do need watering."

While beds and borders dry from the top downwards, patio tubs dry from the sides inwards and top and bottom. "March is the time to water because that's when the flower bud starts developing. Without enough moisture in the tubs, you won't get a properly developed flower."

Another problem can occur when tubs freeze in winter (as can occur in northern Portugal), he notes. "People have problems with hyacinths in tubs because they get frozen. It's not the freezing of the tub that does any harm, it's when the bulb is defrosting, the little cells burst and you get a mushy mess. If you are going to have freezing, windy weather, put a dustbin liner over the container which will break the wind."

"People should also remember that when it's frosty, it tends to dry the ground out a lot. When growing daffodils, especially in the garden, people need to plant them deep because they need moisture in the spring and in the garden the surface soil can dry out quite a lot."

"Daffodils should always be seen as an investment. If you plant 10 daffodils, the first year you'll get 15 or 20 flowers. In the next year you'll get 50 and above. The same goes for lilies."

The secret of a good display is to concentrate on five or six different types of bulbs, making sure you plant enough of each



**Anemone nemorosa**

type to make a show. Dwarf bulbs should be planted in groups of 10, larger bulbs such as crown imperials and alliums in groups of three. Crown imperials should be planted at a 45° angle to stop water settling in the bulb.

Unlike many designers, Chris doesn't necessarily agree with the idea of repeat planting the same bulb throughout a border.

"I personally think the beauty of a spring-flowering bulb is to bring the eye to a part of the garden which would otherwise be quite dull. It just lifts the whole garden. I prefer different types rather than the same all the way along. It's more interesting to the eye and keeps the interest going

as the seasons continue, from the winter-flowering crocus, to daffodils, tulips and then alliums."

Chris's top five bulbs to plant in the autumn are:

Tulipa 'Sky High Scarlet': These showy single late tulips, which flower in May, produce large elongated heads of brilliant scarlet red with a slightly darker bloom rising from the yellow base.

Allium 'Pink Jewel': Lovely allium, which grows to 75cm in height, producing large attractive heads packed with delightful lilac rose florets. Flowers in June. Plant in sun in the border and feed them with potash to encourage flowering in subsequent years.

Narcissus 'Tete a Tete': Delightful clusters of miniature trumpet daffodils daintily poised on each strong stem appear in March. Neat buttercup gold trumpets, clear yellow slender petals. Excellent for pot culture, superb naturaliser. Plant with the multi-flowered species tulip T. praestans 'Fusilier' for a stunning display.

Hyacinth 'Blue Jacket': Produces a solid spike of large blue-bell flowers silencing slightly towards the edges of the long petals. It stands straight and doesn't tend to fall over. The best way to stake a hyacinth is to push a thin wire stake down the stem and through the bulb when it's in flower, says Chris.

Anemone 'Blue Mist': Pretty flowers in slightly varying shades of blue, very effective on the rockery or used as an undergrowth. Produces a carpet of blossom and naturalises rapidly. Soak the bulbs for 24 hours before planting, to plump up the bulb, and site anemones somewhere damp.

For more information go to [www.blomsbulbs.com](http://www.blomsbulbs.com) or phone 00 44 (0)1234 709099.

Hannah Stephenson

There's not much that Chris Blom doesn't know about bulbs. As a director of Bloms Bulbs in the UK, the award-winning family-run firm which this year celebrates its 150th anniversary and its 60th gold medal at the Chelsea Flower Show, he has spent much of his life growing, developing and nurturing bulbs.

You might think that after more than a century of development it would be easier to grow bulbs now than it was when the company first started, but that's not so, he says.

"I don't think it's easier, but the varieties you have now are stronger and the breeding's better so you get better displays. But the fundamentals of gardening remain the same today.

"If you look at something like tulips, 'Alba Regalis', a lily-flowered tulip, used to be very weak, thin-stemmed and small-flowered. Now you have 'White Triumphator', which is immensely strong and big flowered. The development of it came about before the Second World War, when they discovered the viruses in tulips and they bred that out of them to get stronger plants."

Many people make the mistake of not sufficiently watering their bulbs in pots in spring, when the flowers are forming.

"One of the biggest changes we've seen over the years is the increase in patio gardening. But if you are growing bulbs in containers, what people forget, especially around March when you can get some very dry weather,



Planting tulip bulbs.

## From plot to plate

### Basil

The delicious flavour this herb adds to pasta dishes and salads, is worth it even though Basil seeds can be expensive, or you can buy a pot of live basil. Place on a window sill, balcony or terrace and water regularly.

Alternately give the pot a good watering, knock out the contents and divide the clumps of seedlings into individual clumps, planting them around 15cm apart in your herb garden, water them again. Plant in well-drained soil and protect from scorching sun if necessary.

Or sow seeds in April onto the surface of potting compost and cover them with a thin layer of the compost or vermiculite. Basil hates frost, so any sowings will need to be indoors on a sunny windowsill until around May. Once the seedlings emerge and are big enough to handle, prick them out into 9cm pots and grow them on until the weather warms up or place in the greenhouse if you live in northern Portugal.



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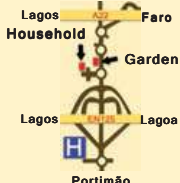
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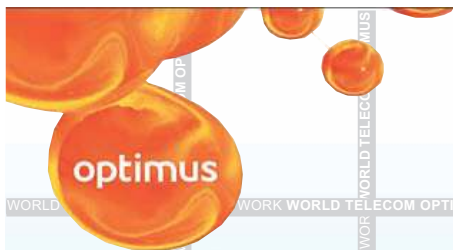
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# Ash cloud puts magical



Pictured left: The beautiful Skogafoss waterfall, Iceland, and right: The Icelandic government buildings!

“Order the puffin”, the waiter suggested politely as I dithered over the extensive menu on my first evening in Iceland. I didn’t have the guts - literally, but the others in our group all opted for smoked puffin - and gave it rave reviews. My salmon, caught the very same day from a river running past the restaurant window was perfect.

The adventurous menu marked the beginning of what was to be an action-packed four-day trip. Hours earlier, peering out of the window as we began our descent into Keflavik Airport, just west of Reykjavik, I had felt as though I was gazing down at the pages of a geography textbook. A massive expanse of lunar-looking terrain greets visitors as they touch down in Iceland, setting the scene for a country where the landscape is as dramatic as it is varied.

Over the course of our trip we took in spectacular glaciers, a bubbling volcano, tumbling waterfalls and rolling fields. It is impossible to forget that Iceland - nicknamed the land of fire and ice - is a country of extremes.

Earlier this year, that became a

harsh reality for millions of holidaymakers as flights across Europe were grounded when Eyjafjallajökull erupted and an ash cloud lingered in the skies for weeks.

Yet sitting in the grounds of the Hotel Ranga with a steaming mug of hot chocolate in my hands and the now infamous volcano just a short drive away, it was easy to forget the disruption and see only the startling beauty of a country so diverse and dramatic.

Guests braver than me stripped to their bikinis and lazed around in outdoor hot tubs, enjoying the spectacular view - Mount Hekla stands proudly on the horizon - and the surprisingly mild climate. We were pausing for a mid-afternoon break, having spent the morning driving along Iceland’s stunning south coast, visiting the waterfalls at Seljalandsfoss and Skogafoss - just two of hundreds in the country.

Volcano enthusiasts can drive to Eyjafjallajökull from Reykjavik along Route 1 - a journey of roughly 70 miles. It is also possible to fly over the volcano as we did, an experience well worth an afternoon if weather conditions permit. But there is so much more

to Iceland than lava and ash.

It is an over-used cliché that every cloud has a silver lining, but the people of Iceland hope the old adage holds true. Our guide told us Icelanders are confident the eruption, which caused little disruption in Iceland, will put them on the map.

A trip snowmobiling on one of the country’s glaciers is an absolute must. Tour providers run day trips from the capital. We hurtled

across the snow of Vatnajökull on the comfortably sturdy snow mobile, in convoy with a group of around 20, in padded red overalls. Admiring the view of snow-capped mountains and the seemingly endless pristine-white glacier, and taking in the complete silence, it was hard to believe I had travelled just one hour by air from London.

I was struck by that thought again and again, as we toured the

south of the island in our rented jeep. Iceland, situated just south of the Arctic Circle, is home to a population of 300,000.

Roughly half that number live in the capital, Reykjavik, and its neighbouring towns in the south-west. Corrugated iron-clad buildings, many painted in pastel hues, make a picture-postcard backdrop to Reykjavik - where Icelanders regularly party right through the night.

In the summer months, 24 hours of daylight lend themselves to long nights partying in the capital’s many pubs and bars. Younger inhabitants take up the challenge with gusto. By day, the city’s atmosphere is casual and relaxed, with a dress code to match. By night, the stilettos come out and the bar crawls commence, lasting into and beyond the early hours.

But Reykjavik has more to offer than its vibrant nightlife. In the daytime it is pretty and peaceful, with just enough bustle to create an atmosphere. The capital is small enough to explore by foot,

and wherever you are in the city, you are never far from a decent coffee and a spot to sit down and people-watch. A wander down to the harbour offers the perfect morning stroll, and on a clear day, the icy cap of the Snaefellsjökull volcano can be seen across Faxaflói Bay. The bay itself plays host to popular whale-watching tours, where catching sight of minke whales is a daily occurrence.

Reykjavik is also an ideal base from which to explore the rest of the country. About four buses leave the city each day for the Blue Lagoon, where you can share the locals’ fondness for outdoor bathing by plunging into mineral-enriched waters at a breathtaking 38C.

By car, the Golden Circle tour makes a fascinating day-long excursion from Reykjavik, taking in Thingvellir, setting for the Viking Parliament, the hot blowhole of Geysir (now dormant) and mighty Gullfoss, the ‘Golden Falls’, which you hear from miles away.

With a week to play with, it is just about possible to complete a



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# Iceland on the map

circuit of the island, along the main ring road - Route 1, nearly 800 miles long. It's similar to a British A-road, but with traffic jams virtually unknown.

Along the way, the Jokulsarlon iceberg lagoon, on the south side of Vatnajökull, is a must-see. The

lagoon is a sprawling lake of glacial meltwater into which huge icebergs have floated, having broken away from the glacier. Boat trips take visitors through gaps between the rough-edged icebergs but a walk along the water's edge is enough to draw gasps. The ice-

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Pictured above: The iceberg lagoon, Jokulsarlon, Iceland, and below: An aerial view of downtown Reykjavik.

bergs, white and blue and sludge-like black in colour, look like the setting of a blockbuster movie and

provide spectacular holiday snaps. Equally striking is the fact that

such an inevitably popular spot has been left exactly as nature intended. Except for the unobtru-

sive boat that chugs through the lagoon, there is nothing. No fast food chain to cash in on the scores of tourists flocking through the area, no souvenir store, no ticket booth. The same can be said about hundreds of Iceland's natural wonders and our guide tells us that Icelanders want to keep it that way.

### Travel facts

Danielle Dwyer was a guest of Discover The World, which offers six-night self-drive holidays in Iceland year-round from £808/€964 per person (April and October). The Arctic Edge package includes Icelandair flights ex-Heathrow, B&B hotel accommodation, including the luxury Hotel Rangá, car rental (unlimited mileage basis and semi-comprehensive insurance).

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# Old enough

With an ageing population and the divorce rate creeping up, middle, and indeed old age, is no longer a bar to having sex with a new partner.

**Left: Many older people who are divorced or widowed may believe they can't possibly have an STI because they were faithful to their former partner.**

According to the Family Planning Association, the oldest person to call their sexual health helpline was an 82-year-old man in a new relationship.

New figures suggest people becoming more sexually adventurous in later life could be leading to health problems.

Sexually transmitted infections (STIs) are a very real possibility among couples who are past worrying about conceiving a baby.

**Remember wearing this? Then remember to wear this!**

Remember when you thought this looked fun and groovy? When everything was peppy, sexy and tie-dye too? You're older and wiser now of course. An experienced lover. All the sexual adventures of youth a thing of the past. But if that's true, how come it's older people who are getting more sexually transmitted infections (STIs) than ever before? Simple. Once we hit our 40s and 50s, we drop our guard. We think things like syphilis, gonorrhoea, genital warts and chlamydia are strictly for young people. Well, unfortunately, STIs don't only have old you as their only victim. And they don't come from first sexual partners you've had recently either. So, if you want to enjoy a few more perfect summers of love, remember - condoms rock. Use them!

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# to know better

Figures from the Health Protection Agency (HPA) show that between 2005 and 2009, herpes infections rose by nearly 83 per cent in those aged over 45. There was also a rise in the other common STIs - genital warts, chlamydia, gonorrhoea and syphilis.

The FPA are now launching a campaign called Middle Aged Spread, to coincide with Sexual Health Week (September 13-19), to help combat the problem.

"Although we tend to think of younger people having STIs, there's been a marked increase in the number of STIs in the over 45 age group over the last 10 years," says Rebecca Findlay, of the FPA.

"People are coming out of long term relationships and dating again, which is great. But some of them aren't using condoms - possibly because they're not worrying about pregnancy any more. They think the safe sex message

isn't relevant to them, when the truth is, it's relevant to anyone who has sex.

"STIs aren't worried about a few grey hairs or wrinkles," she adds.

## Know your partner

Many older people who are divorced or widowed may believe they can't possibly have an STI because they were faithful to their former partner.

But Findlay points out that you can never be completely sure about your partner's sexual history. Some diseases such as genital herpes, warts and HIV, can stay in the body for years, she adds.

One of the most common, Chlamydia, goes undetected in 70 per cent of infected women and 50 per cent of men.

She stresses that you don't need to have lots of sexual partners to get an STI, and not everyone who has an infection knows about it.

Some symptoms don't appear for weeks or months and then they may go away - in the meantime you could still have the infection and pass it on to someone else.

While these are clearly issues a couple starting a sexual relationship should talk frankly about, the fact is an older couple may not be comfortable discussing these matters.

People of all ages are having sex with new partners, and the number of sexually transmitted infections is rising fast in the over 50s. Experts explain to Lisa Salmon, which infections the older generations are most at risk of and why it's important they realise safe sex isn't just for the young



Left: posters from FPA's Middle-aged Spread campaign, coinciding with Sexual Health Week 2010.



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"Older generations need to think about sexual health in 2010, rather than as it was when they were younger," says Findlay.

"They may have lived through a lot of sexual change, but it doesn't prepare them for being sexually active today."

She points out that middle-aged people won't have had sex education at school, and are much less used to talking about sex than younger generations.

#### Check it out

If you're embarking on a new relationship and have any questions about sexual health, it may be worth ringing the FPA helpline for advice. Just two generations ago, HIV wasn't even on the horizon - so there's lots to catch up on.

"People might put some STI symptoms down to getting older," says Findlay.

"But if there's something that's not normal for you, get it checked out."

Even if you don't have any symptoms, you may want to seek advice if you've had unprotected sex with a new partner recently, or if a sexual partner has any symptoms.

Left untreated, many STIs can be painful or uncomfortable, can permanently damage your health, and can be passed on to someone else.

Most can be treated, sometimes with antibiotics, and it's usually best if treatment is started as soon as possible.

"Using a condom is the best thing to do," advises Findlay.



## STIs and their symptoms

### Chlamydia

Bleeding between periods and after or during sex, heavier periods, pelvic pain, unusual discharge, pain when passing urine, pain in the testicles.

### Gonorrhoea

Unusual discharge, pain when passing urine, anal pain, throat and eye infection. Rarely, bleeding between periods or heavier periods and lower abdominal pain, testicular pain.

### Syphilis

In the first stage, painless infectious sores anywhere on the body, usually around the genitals. If untreated, the second stage can include a painless rash, warty-looking growths on the genitals, flu-like illness, tiredness and loss of appetite, swollen glands, white patches on the tongue or roof of mouth, patchy hair loss. The third stage involves serious damage to organs.

### Genital herpes

Feeling unwell with flu-like symptoms and aches and pains in the lower back, legs or groin, stinging, tingling or itching in the genitals, small, fluid-filled blisters in the genital area or on the buttocks and tops of thighs, pain when passing urine.

### Genital warts:

Most people with human papilloma virus (HPV), which causes the warts, won't develop visible warts. If they do appear, however, they are small, fleshy growths, bumps or skin changes in the genital and anal area.

### HIV:

Many people infected with HIV have no symptoms. About half have flu-like symptoms within a few weeks of infection, lasting one to four weeks. Some people are first diagnosed when they become ill due to their immune system becoming weakened.

For more information about Sexual Health - run by the Family Planning Association, call 0845 122 8690 or visit [www.fpa.org.uk](http://www.fpa.org.uk)

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# How to make a Roux

Michel Roux Jr is renowned as the owner of two Michelin-starred Le Gavroche and a judge on Masterchef: The Professionals. As he releases his latest cookbook, *Cooking With A Masterchef: Food For Your Family And Friends*, the infamous chef explains to Kate Whiting how family life - and exercise - is crucial to keep him grounded.

Michel Roux Jr may run a two Michelin-starred restaurant and critique young chefs on TV, but that doesn't mean his recipes are out of reach for amateur cooks.

In fact, as the lean, bearded chef prepares to judge a new series of Masterchef: The Professionals, he's compiled a book of "very doable" recipes.

Cooking With The Masterchef: Food For Family & Friends is a culinary compendium of his previous four books - including Le Gavroche Cookbook, based on his Michelin-starred restaurant - but simplified to make them "more approachable for anybody who's got an interest in cooking".

"There are no mad ingredients that you can't find," adds the 50-year-old, smiling that famous grin.

Family and cooking are deeply intertwined for Roux. His French father Albert and uncle Michel opened Le Gavroche in 1967, which became the first restaurant in Britain to gain a Michelin star.

His childhood was spent split between France, where he learnt to love good food, and his family home in Kent.

"My mother was also a fantastic cook and because we were brought up in the countryside, we had beautiful produce. My father used to rear his own rabbits and pigeons for the table and we grew our own vegetables."

His new book not only makes his food more accessible for the average cook, but it also encourages families to eat together - something that's crucial for the Roux clan.

"For me, a very important part

of life is eating with family and friends," he says.

"It's a great social activity - switch the television off, sit down around the table, with or without a glass of wine or two," he chuckles. "And most importantly, some great food. It doesn't have to be complicated - just a big wedge of the best cheddar possible, a few leaves of salad, a nice chutney and a piece of crusty bread, and then you let the conversation flow and enjoy it."

Roux believes that many of our social problems would be solved if we spent more time chatting - and eating - around the dinner table.

"Obesity is a big thing - I was just hearing on the news that more and more people are reverting to operations like gastric bands, which is a crying shame. If you eat healthily and walk to work or just get off your backside, then we wouldn't have that issue."

Roux need never worry about being obese - he's an obsessive runner, who runs everyday after the lunch service is finished at Le Gavroche, and has completed 16 marathons.

"It's a great way to relieve stress," he admits. "I know what I'm like if I don't go for a run and I remember what I was like before I took up running seriously, which was not nice. The great thing is it makes you hungry, so you can eat more!"

For Roux, there was "no question" of doing anything else but follow in his father and uncle's footsteps and now his daughter, Emily, is learning to cook in France. For all the hardships of being a chef, he's delighted with her choice.

"I was in Paris yesterday to see her and she looked like a typical chef, absolutely knackered, as white as a ghost, burns and cuts all over her arms, but she's absolutely loving it."

When the Roux clan are all together in London, and when Roux Jr has a day off, they'll often go out for dinner - or just gather for a bite to eat:

"We've got our favourite restaurants. But if we're eating at home, it'll be something very simple - and a good glass of wine."

Try cooking some of Roux Jr's classic recipes yourself...



## Lamb Tajine

(Serves 4-6)

1 boned lamb shoulder  
2tbsp olive oil  
2 garlic cloves, chopped  
3 onions, chopped  
2tsp turmeric  
2tsp coriander seeds, crushed  
2tsp cumin seeds  
1 lemon, cut into 8 wedges  
1tbsp honey  
300ml chicken or vegetable stock (page 208)  
50g whole blanched almonds, toasted

Preheat the oven to 140C/Gas 1. Cut the lamb into 3cm chunks. Heat the olive oil in a cast iron casserole dish and pan-fry the lamb until golden. Add the garlic, onions and spices to the dish and continue to cook and stir over a medium

heat for about 10-15 minutes. Add the lemon, honey and stock to the dish and bring to a simmer. Cover and cook in the oven for 1 hour. Stir in the toasted almonds and serve in traditional tajine dishes if you have them.



## Moules Marinière

(Serves 4)

3kg mussels  
1 large onion, finely chopped  
4 celery sticks, finely chopped  
1 garlic clove, finely chopped  
1tbsp butter  
400ml dry white wine  
200g crème fraîche  
1 bunch of flat leaf parsley  
Salt and pepper

Wash and scrape the mussels, discarding any broken ones. Sweat the onion, celery and garlic in the butter in a large, tall saucepan. Pour in the wine and bring to a rapid boil. Add the mussels and cover.

After 3 minutes shake the pan and stir the mussels. Cover again and continue to cook for about 7-8 minutes or

until all the mussels have opened.

Remove the mussels with a slotted spoon and put them in a large tureen or individual deep bowls. Continue to boil the liquid in the pan. Add the crème fraîche, chopped parsley and seasoning, and as soon as the liquid has come back to the boil, pour it over the mussels. Serve at once.



## Pears in red wine

(Serves 6)

6 pears, still a little firm  
1 bottle red wine (Pinot or Gamay)  
200g caster sugar  
1 cinnamon stick  
1 vanilla pod, split  
6 black peppercorns  
1 strip of orange peel  
4tbsp crème de cassis

Peel and core the pears, taking care to leave the stalks in place. Put all the remaining ingredients, except the crème de cassis, into a pan and bring to the boil. Add the pears, make sure they are submerged and cover with greaseproof paper.

Simmer for 20 minutes or until

tender, then leave to cool. Add the crème de cassis and chill in the refrigerator overnight.

If you want a thicker syrup, decant the liquid and boil until it's reduced by a third. Serve with crème fraîche. If you like, decorate the pears with thin strips of orange peel cooked in sugar syrup.

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"For example, we can show you in just a few minutes what to do if your toddler choked again. Effective back blows - basically hitting him between his shoulder blades with the heel of your hand - will cure the majority of choking incidents."

"We've teamed up with Tesco Baby & Toddler Club for their BabySafe campaign - a series of free seminars across the UK from October to March. British Red Cross experts will be present to teach basic first aid skills which could save a child's life."

"The two-hour session will cover topics including choking, resuscitation and meningitis and will also give you the chance to practise techniques on baby mannequins."

"Resuscitation isn't as complicated as many people think - if your child stops breathing, by simply giving compressions to the chest with two fingers for a baby or one or two hands for a child, and calling an ambulance, you'll be helping to keep your child alive."

"Should you suspect any signs of meningitis, such as the child shielding their eyes, or complaining of a stiff neck, seek medical advice straight away and keep the child cool by giving fluids."

"Unlike other rashes, the meningitis rash may not fade when pressed under a glass. If medical advice is delayed call 999/112 for emergency help."

"By just knowing a few simple steps, many child emergency situations can be resolved. The important thing is to remain calm."

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## CONTINENTE

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# The style playground

Lisa Haynes helps send your child to the top of the style class in next season's trends.

At the height of the election, we were following the fashion ensembles of the political WAGs. Fast forward a few months and the spotlight's on the latest arrival to 10 Downing Street - the Camerons' new baby girl, Florence Rose Endellion.

With designers such as Erdem on Samantha Cameron's speed dial, the nation's new sweetheart is sure to have amassed a mini wardrobe that would make even Suri Cruise stamp her custom-made Louboutins with envy.

Think statement accessories, designer booties and babygrows (in Conservative blue, naturally).

And while little Florence may have clothing bundles aplenty landing on the Downing Street doorstep, the rest of us are tearing around the shops on school shopping sprees.

Fun themes, playful prints and tactile textures are where it's at. Next season's Autumn/Winter trends are sure to put a spring back in their hopscotch step.

"Winter brights is one of the biggest trends for children this season," explains Kate Liska, director of childrenswear buying at Debenhams.

"Combining clashing colours, embellishment, patterns and textures creates a fun look for all ages."

Your child doesn't have to be a baby Cameron or Cruise to work the latest looks.

Zoe Woolls, Mamas & Papas clothing design manager, outlines the key trends for boys and girls

that will have everyone swooning over your child's style.

## Kitsch and quirky

"A traditional girly trend with twist - think wool tartan mixed with oversized spots," Woolls says.

"Opt for bubblegum shades like baby pink and parma violet, with magpie-like sparkle."

**Must-haves:** Loud prints, oversized beanie hat.

## Romantic Boho

"This girls' theme has a more casual overtone," explains Woolls. "It's inspired by enchanted dreams and surreal faraway places."

"Go for a muted colour palette with rose pink, minky brown, soft sand and highlights of peacock green."

**Must-haves:** Faux fur, slouchy boots.

## Mini Me

"This is a theme for the fashion-conscious girl," Woolls suggests.

"Think origami pleating and folds with a nod to Japanese design, as well as ballet and dance-inspired jersey pieces."

"Try a sophisticated palette of grey marl, shades of purple and highlights of jade, combined with beautiful textured prints."

**Must-haves:** Tiered dress, ballet pumps.

## Boys in blue

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"For a sophisticated boys' look, smart pieces such as fairisle knits and pinstripe shirts are mixed up with more casual pieces such as block stripe tees and fur-lined sweats," Woolls reveals.

"There's a strong colour palette of grey marl, navy, pale blue with flashes of accent orange."

**Must-haves:** Chunky knits, flat cap.

## Brit brilliance

"A trend that is strong throughout boyswear, it's all about classic heritage with a quirky English twist," says Woolls.

"Black cabs, big red buses, the Union Jack, tartan... they're all true British icons."

"There's a rebellious, preppy feel with washed, worn denim and creased shirts in a colour palette of red, white and blue mixed with grey marl."

**Must-haves:** Wool tartan checks, distressed denim.



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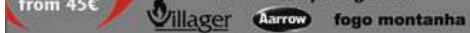
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## STYLE FURNISHINGS

English beds, Vale de Lousas  
Tel: 282 322 291

## Landscaping etc

## HARVEYS OF LOULÉ

Garden Construction, Loulé  
Tel: 289 412 462

## Q GARDEN

EN125 Odiaxere  
Tel: 289 799 633

## Motoring

## TYRES R US

Repair, service & upholstery, Lagos  
Tel: 282 799 263

## Office supplies

## AA PC SURGERY

Everything in English  
Tel: 707 940 332

## ALGARVE LAPTOPS

English laptops / PCs & support  
Tel: 282 312 044

## Pets

## VIP VETERINARY SURGERY

Lagos  
Tel: 282 782 282

## Pools &amp; Building

## BUILD 4 U.

Construction etc.  
Mob: 919 356 749.

## DIGGER HIRE

Construction & land clearance  
Tel: 917 316 211

## IBERIA BLUE

Pools & Equipment  
Tel: 282 761 116

## JOÃO NUNES

Building your home  
Tel: 289 417 867

## LIMPALUZ

Swimming without chlorine  
Tel: 913 878 057

## MESTRE CONSTRUTIVO

Insulation, pools & construction  
Tel: 289 422 525

## POOL SAFETY FENCING

Mob: 919 892 518  
poolfencing@aol.co.uk

## PURE POOLS

Pools & Equipment, Lagos  
Tel: 282 760 033

## ROCOCCO

Tiles, Barão de São João, Lagos  
Tel: 282 764 035

## SAL ÁGUA

Pool covers & equipment, Almancil  
Tel: 289 992 281

## SOLAR SAFE POOL COVERS

Most cost effective way of pool  
heating  
Tel: 963 346 631

## WALLWALL CONSTRUCTION

Construction - Albufeira  
Tel: 289 508 075, 962 848 744

## Property Agents

## LAND &amp; HOUSES

Yellow Homes - Real Estate, Tavira.  
Tel: 281 320 281

## ALGARVE MANTA

Properties, Manta Rota  
Tel: 281 952 820

## ALGARVE PROPERTY CENTRAL

Vilamoura  
Tel: 289 310 310

## ELLY VAN HULST

Between Loulé and S. Brás  
Tel: 289 842 992

## KASAS

Algarve Property - Vilamoura  
Tel: 289 310 310

## PALM PROPERTIES

Carvoeiro  
Tel: 282 352 100

## SORAIA SANTOS

Real estate, Vilamoura  
Mob: 962 014 793

## VILLAS LUZ LDA

São Martinho do Porto  
Tel: 262 989 452

## VENDAVILLA

Real Estate, Vilamoura  
Tel: 289 314 486

## SILVER HOLIDAYS

Real Estate, Vilamoura  
Tel: 289 314 312

## Property Services

## PVC TECH

Lagoa  
Tel: 282 343 325

## CHEMDRY

Carpet & upholstery Cleaning, Loulé  
Tel: 289 092 624

## DIGGER HIRE

Building, land clearance etc.  
Tel: 917 316 211

## THE DRAIN DOCTOR

Plumbing & drainage 24 / 7  
Tel: 289 425 480

## GFS METALWORK

Gates, grills etc  
Tel: 282 449 270

## PROPERTY AUCTIONS

Market your property privately  
Tel: 936 191 682

## JJ ENTERPRISES

Pest control & artificial grass etc  
Mobile 967 516 981

## LLOYDS PROPERTY SERVICES

Professional property management  
Tel: 282 792 630

## ALGARVECARPENTER.COM

Quality, design, function  
Tel: 282 768 662

## SIMPLY SCREENS

Flyscreens & Mosquito canopies  
Tel: 282 763 428

## HOFFHOUSE PORTUGAL

Construction Technology, Algoz  
Mob: 916 683 213

## Removals &amp; Delivery

## FREIGHT SOLUTIONS

UK  
Tel: 0044 1268 287 979

## NEIL &amp; EMILY RICHARDSON

Tavira  
Mob: 939 486 870 Tel: 281 963 191

## STORAGE

U-Store Self Storage  
Chinicato  
Tel: 282 798 490 Mob: 917 010 365

## Retail &amp; Food

## COLLECTIONS

Ladies fashion, Alvor  
Tel: 282 476 574

## FI-LINE FASHIONS

Fashions, Armação de Pêra  
Tel: 282 312 936

## GUYS &amp; DOLLS

Kids Shoes & clothes, Almancil  
Tel: 289 358 014 933 326 471

## LET THE MAGIC IN

British supermarket, Algoz  
Tel: 282 575 061

## MA MAISON &amp; PICA PICA

BOUTIQUE  
Furniture & Fashion, Lagoa  
Tel: 282 381 468

## THOMAS GREEN

UK Goods - Olhos de Água, Albufeira  
Tel: 289 541 119

## Security

## VILLA WATCH-SECURITY

Vilamoura  
Tel: 289 380 428

## Satellite systems

## SKYNET

Satellite systems  
Tel: 964 890 260

## TV AUDIO TEC.

Satellite TV - Algarve  
Tel: 289 821 911

## MARC ELECTRONICA

Satellite, TV, Audio & Video,  
Portimão. Tel: 282 410 400

## Travel

## VIP CHAUFFEURS

Airport Transfers, Lagos  
282 695 074

## Lisbon

## OCEAN CHRISTIAN COMMUNITY -

International Spirit-filled Church  
serving the Linha de Cascais area.  
Small group bible studies meet regu-  
larly. Sunday worship with a con-  
temporaty style at the Hotel Saboia,  
Rua Belmonte, No. 1, Estoril. Tel 21  
9282019

## BAPTIST MISSION - Esgueira

(Aveiro) Traditional Baptist church  
service in English on Sunday at 5pm.  
Contact: Pastor David Loop Tel 965-  
363-986

## RIVERSIDE INT CHURCH.

Contem-  
porary, caring, Christ-centered in-  
ternational and interdenominational  
Christian church. Sunday 11h00 (Eng-  
lish). Centro Comercial S. Pedro, Rua  
Nunes Santos 21, S. Pedro do Estoril.  
(Auditorium) inside small  
mall). Crèche and Children's Minis-  
try provided. Church Office in  
Cascais. For more  
details: www.riversideintchurch.com

## THE DOOR Christian Int. Church

Cidade Desportiva, Praceta Carlos  
Capitão, Loja "B" Massama / Queluz,  
Sunday 10.30am & 7.00pm. Pastor  
Frank Escobar at 21-467-3386 or  
Mobile 919 086 683

## ST GEORGE'S CHURCH; LISBON

(Church of England). Av. S Jorge 6  
(north of Estrela Gardens). Service  
11.45 am every Sunday. Tel.  
21.4692303.

## ST PAUL'S CHURCH, ESTORIL

(Church of England). Av. Bombeiros  
Voluntários 59 (behind Hotel Sana  
Estoril). Sunday School. Service  
10.00 am every Sunday. Tel.  
21.4692303.

## ST. MARY'S, S. PEDRO DO ESTORIL

368 Rua do Murtal, Mass each  
Sunday and Holyday 10.15am Tel. 21  
467 3771

## ST. ANDREW'S CHURCH OF SCOT-

LAND (PRESBYTERIAN) Rua Arriaga,  
13, Lisbon: Sun. 11.00. Bi-lingual  
Sunday school & creche is available.  
Minister's Tel: 218 043 410,  
www.standrewslisbon.com

## CASCAIS INT. CHRISTIAN CHURCH

Av. de Sintra, Nº 1154, Cascais (Tel:  
21 486 1856). Sunday English wor-  
ship 10.30. An int. evangelical fel-  
lowship, nursery provided, children's  
church programme, mid-week bible  
studies.

## THE SALVATION ARMY, LISBON

Reboleira Corps (Praceta Almada  
Negreiro, Lote 213 Loja Dt do  
Exército 11 A); Chelas Corps (Rua Rui  
de Sousa, Lote 65 A Loja C);  
Laranjeiras Corps (Bairro deLaranjeiras). At all these corps:  
Morning 9.30am Salvation Meeting  
5.00pm Picheleira Corp Rua Capitão  
Roby, Picheleira, Lisbon (21 805708).

## LISBON SYNAGOGUE:

Rua  
Alexandre Herculano 59, Tel 213 931  
130 Fax 213 884 304,  
celsoaboa@mail.telepac.pt

## IGREJA BAPTISTA de Queljas (close

to Cascais) Rua Carlos Santos 88,  
Queljas Near the Olympic Stadium  
off the A5. Tel: 214 172 087. Sunday  
Service: English 10:15 Prayer and  
Bible Study: Thursday 8pm Traditional  
Baptist Service in English followed  
by Sunday School.

## JEHOVAH'S WITNESSES - Public Talk

in English. Rua João de Deus, 76.  
Sintra. (Behind Sintra train station).  
Sunday 1.30pm. Tel: 214 690 600.  
Also Rua da Barroca, 122 (Bairro  
Rota), Lisbon. Sunday 11am. Tel: 213  
421 604. (Chinese: Saturday 3pm).

## The Algarve

## ALL SAINTS ANGLICAN CHURCH,

ALGARVE Holy Communion every  
Sunday. Almancil 10.30am with Ad-  
venturers at Almancil Community  
Centre (ASCAC). Lagoa 6pm at Lagoa  
Convent Chapel. www.allsaits  
algarve.org or 282 380 311.

## ST VINCENT'S ANGLICAN CHURCH

C of E. Sundays: 9.30am Igreja N Sra  
de Fatima, N125 between Quatro  
Estradas & Almancil, 11.30am St  
Luke's, Gorgões, 8.00am & 12noon  
Igreja N Sra da Luz, Praia da Luz,  
near Lagos 918 824 584.  
www.stvincentsalgarve.org

## THE SALVATION ARMY in São Brás

de Alportel will hold on the 1st  
Sunday of each month an Interna-  
tional Worship Service at the Salva-  
tion Army Citadel in São Brás at  
5pm, Rua 25 de Abril, nº 19 (next to  
the Market).

## INT. CHRISTIAN FELLOWSHIP Rua

N.S.do Amparo (just off Avda 25 de  
abril) in "The Bridge" rooms,  
Cedipraia Shopping Centre. Wor-  
ship Sundays at 11am. Sunday School  
for children in English & Portuguese.  
For more info call 282 461 985 see  
«www.coaa.co.uk/icf.htm»

## INT. COMMUNITY CHURCH in Lagos

invites you to attend its services  
in English Sundays 10.30am  
Newfrontiers Sunday School 5  
Travessa de Santo Amaro, Lagos.  
Tel. 282-086804 or 282-697546.  
www.icc-lagos.org.

## INT. EVANGELICAL CHURCH OF

THE ALGARVE Warmly welcomes  
residents & visitors of all national-  
ities and denominations to theirSunday Services in Vale Judeu at  
10.30. Blue sign on the N125 be-  
tween the Vilamoura entrance & the  
Atlântico Waterslide Park. Creche  
and Sunday School. For further in-  
formation: 289 328635.

## CHURCH IN LAGOS. Sundays

10.30am at 14, Praca Luis de  
Cameos. In the historical building,  
upper room, in the centre of the old  
walled city of Lagos. Messianic As-  
sembly. Our mission Math: 28 v 18  
to 20. Contact Stefan Saunders (Pas-  
tor) 963 165 983,  
stefanjsaunders@yahoo.co.uk

## LAGOA CHRISTIAN FELLOWSHIP,

English Speaking Calvary chapel of  
the Algarve, Christ Centred study of  
the Bible and modern worship, Sun-  
day school available for toddlers to  
teens. Sunday services 11am Mid-  
week study 8pm Wednesdays. EN  
125 Porches Retail Park, Vale de  
Lousas, Alcantariha. Tel: 282 381  
347 Pastor Gary O'Connor.  
www.lagoafellowship.org for more  
information

## TAVIRA CHRISTIAN CENTRE Meet-

ings in English, Sundays at 10.30 am  
at Av. Mateus Teixeira de Azevedo,  
61A (Opposite Skippers Bar)  
Full programme and further details  
from Jackie 281 322 857, Steve 917  
872 665 and 917 872 559 or Maria 966  
380 404. E-mail: jackieandmo  
@yahoo.co.uk

## RESGATE DE VIDA, LAGOS, Raising

up a new generation according to  
EPH.4 v 11-12, Church with a Brazil-  
ian Flavor. Portuguese speaking.  
Children Welcome. Meeting on Sun-  
days 8pm - 10pm at Rua, Hospital S.  
João de Deus. For directions phone  
Pastors Sidney 963414757 or  
Anderson 962934005



## Announcements

**HUGESALE** Artists & Crafts Supplies  
Huge amount of items to choose from, Saturday, October 16th, Almada Social Club, 11:00 to 4:00

**CANCER MEETINGS** Have you been affected by Cancer? Members of the women's cancer support group meet for advice or an informal chat on the first Wednesday of every month in Loulé. If you would like to join us, please contact Vi on 289 882 680 or 917962255.

**CASA - IS** a local social group established over 20 years ago. A friendly group who have a monthly newsletter and at least one activity per month, usually dinners at local venues. We have and annual trip to Spain or within Portugal, plus other activities. Open to everyone. For more information and a sample newsletter give Mary a call on 282 357 275.

## CLOSING FOR THE WINTER?

Café/Restaurant premises required. Very reasonable rent or profit share. Contact 4481@theportugalnews.com

**WEIGHTWISE** slimming group meets weekly in 3 locations & helps you to lose weight following a well known, successful weight loss program. Meetings details are as follows:

Tuesdays 10.30am - Browns Sports & Leisure Club, Vilamoura  
Wednesdays 11am-Mikki F Studio, Algoz  
Thursdays 10.30am- Restaurante As Aves, Ladeira do Vau, Portimão  
Thursdays 7.30pm-Mikki F Studio, Algoz. Cost is 20 Euros per month or 6.50 Euros per week. There is no joining fee. You can contact me on 939536347 or e mail wendyweightwise@yahoo.com for more details.

**FUN25-YEAR-OLD** babysitter available for evening sitting jobs in the Barlavento area. Call 968 698 783 or e-mail kkdsgn.algarve@gmail.com for CV request.

## LIONS CLUBE DE LOULÉ

Regrettably announce that the Charity Sale on September 26 has been cancelled.

The next sale will now be held on November 21. Donated items are much appreciated. For collection, phone 289 845 581 or 289 416 659.



**ALFIE**  
**LIVELY**, affectionate male dog, 6yrs old. Urgently needs a new home with garden. Please tel.960221131.

**ALVOR CHARITY SHOP** (APAA) End Of Summer Sale - 50% discount The APAA (Associação de Protecção Animal do Algarve) Charity Shop, located in the Dunas do Alvor complex, starts its 50% off clothing, shoes and jewellery sale on Tuesday, 28th September to Sunday, 3rd October. Opening hours 10:30am and 2:00pm. All proceeds towards veterinary costs of snipping and spaying stray cats and dogs. Please come and support us!

## Bureaucracy

**PAPERWORK, TRANSLATIONS** and all your bureaucracy needs dealt with GB / P / D. Sandra Eckert 282314158 or 968427829 or eckert\_sandra@hotmail.com

**TRANSLATIONS PERSONAL/LEGAL** Many years experience. Tel/Fax: 282 484 776 Mobile: 919 194 319 English / Portuguese / English

## Business Opportunities

**ADVERTISE YOUR** Business, Product, or Event Free! www.TheAlgarveLink.com Business with Pleasure

**FOR SALE**, automotive and domestic air conditioning business. Included in the price is all the equipment required for service and maintenance, company van, a very good customer base, reputation and existing contact details €19,500 910334493

**SMALL BUSINESS** For Sale. Tourist based, established 10 years with 75% regular clientele and excellent reputation. Ideal for single English speaker and can be part time, must be able to sell, great profits. Can also be great as part of larger company portfolio for free advertising. Delivery van (2007) also available. Sale due to likely relocation. Contact freemaponline@gmail.com

www.theportugalnews.com

**FOR SALE or RENT WITH OPTION TO BUY**  
Urgent health reasons. Bar in Lagos centre, 40 seater, fully licensed, equipped and recently refurbished, €75,000. Serious enquiries only. Tel: 913358837/ 938344920, e-mail: ange.duncan@yahoo.co.uk

**LANGLEY HOG**  
Roasts - BBQ or DIY self service Ph. 912 501 752

**RESTAURANT/BAR** Clearance Sale. Domestic and industrial equipment, plus many more items. Preview - Wednesday, 29th September. Sale day Friday, 1st October. 12-5pm at R. Santa Isabel, No. 28, Portimão. Tel. 914806310.

## Caravans & Motorhomes

**LARGE AREA** available now until May for caravan/tourer in private grounds near Moncarapacho. Excellent facilities, summer storage for the same vehicle if required. Sorry no dogs. Further details tel:281961900

## Charities

**CAR BOOT** Sale held every 3rd Sunday of the month at Restaurant 'Quinta dos Areões', adjacent to the Veterinary Clinic in Espiche. Stallholders pay from €3. All proceeds go to Rosco's Charity Association. Call Alfred on 919886955 or contact us on our website www.roscofoundation.org for more information.

**WANTED: THE** donkey sanctuary needs your unwanted furniture, clothes, books and bric-a-brac for our charity shops in Lagoa and Monte Carvoeiro, all proceeds to aid donkeys in distress. We will collect larger items. Call Nan Richardson 962 633 811, for details of our work for animal welfare. Please help.

**TAVIRA TREASURE** Charity Shop. Tavira Christian Centre, Av. Mateus Teixeira de Azevedo, 61A (Opposite Skippers Bar). Come and browse, Come and bring clothing, Bric-a-Brac, Books. Open Wednesdays, 2.30-4.30 and Saturdays 10.30-12.30. Phone 917872559/ 913617991 for further details. Volunteers needed so we can open more frequently.

**CHARITY SHOP**, Montechoro, Albufeira (behind chemist's) needs volunteers to help in the shop. Please ring Lesley: 962 414 584

**CHARITY BOOK** Sale & Coffee Morning. 2,000 nearly new paperbacks at 60c. each. All proceeds in aid of The Boy's Home in Faro. Friendly atmosphere in pleasant surroundings. Every Friday from 10am to 12 noon, in the Village Hall, Monte da Palhagreira, Gorjões, Sta. Barbara de Nexe. Info. Tel: 289 990 901.



**ARTS & CRAFT** Fair at the Mirage Restaurant in Praia da Luz on Saturday, September 25th, 11:00 to 15:00. Many beautiful hand crafted items made by artisans living in the Algarve. In aid of the Madrugada Charity.

**ALBUFEIRA ABA** Charity shop, 41D Avenida do Ténis, open Tuesday to Saturday 10h30 until 2pm. (next door to the Galeano Bar) on the road that leads to the Marina, from the dual carriage-way. We are an independent charity, using the income from the shop for neutering animals. Please help us by donating items for sale.

**APAA CHARITY** Shops. Cerro Grande, Albufeira, Monday to Saturday 10.30 am to 2pm; Dunas do Alvor, Tuesday to Sunday 10am to 1pm; Rua da Mesquita, Silves, Monday to Saturday 10.00am to 2pm. Good quality clothes, books, jigsaws, bric-a-brac, etc. Stock and new volunteers always welcome. Help us to help stray and abandoned dogs and cats.

**DO YOU** have some spare time? Would you like to make new friends and help animals, too? Become a volunteer for the Nandi Animal Charity Shops in Lagos. Most volunteers work one half-day a week. Join us! We are a friendly group and we need you! For more information, call Susan at 918575533.

**NEW CHARITY** Shop opened in Guia, situated one way street 3 doors up from Restaurant Atlântico opposite carpark. Open 10h30 to 18h30 each day except Saturday (10h30 to 14h30), closed Sundays. Books, excellent quality new and nearly new clothes for men, women, children and babies, toys, puzzles, bric-a-brac, towels, bed linen and many more quality items.

**ASSOCIATION BIANCA**, a registered Portuguese charity that runs an animal shelter near Lisbon (see more on www.bianca.pt/english) invites you to its online charity shop: http://www.fazendoanimaifeliz.blogspot.com/You can buy or you can donate. Either way, you are helping to feed 250 dogs and 50 cats."

**AUTUMN BAZAAR**, Saturday 9th October at the Mercado de Ribeira, Tavira from 10 - 13 hrs. Stalls include books, clothes, jewellery, greetings cards, Bric-a-brac, cakes and chutneys. Donations of good quality clothing and bric-a-brac - ring Cynthia on 281 324 795 or Pat on 281 323 493. Event organised by the Tavira Fund Raisers to help support the canil at São Francisco, Loulé.

**AYAMONTE ANIMAL** Rescue Fund Raising craft fair & car boot sale. Calico Park 0034 959053096.

## Education



**NEW COURSES STARTING**

German, Spanish, French, English, Italian, Portuguese. 1, 3º D Alex Herculanio Cascais Tel. 214 831 991

## ART LESSONS TAVIRA

David Haines (Oil Painting) Mal Mudge (Acrylic Embelishing) Where you can enjoy new ideas, new brushstrokes & new friends in a relaxed atmosphere. For more details,

tel. David - 968290627 or Mal - 962111516

**CHILDRENS BOOKS** for sale by internationally renowned author Julie Hodgson. In English, Portuguese and now on Kindle via Amazon. Come and meet Julie at www.juliehodgson.com

**PORTUGUESE LESSONS:** enjoyable group courses (all levels) starting in October. Payments made before 30 September: free enrolment. Centro de Línguas de Lagos. Call 282761070. Email: info@centrodelinguas.com

**PORTUGUESE LESSONS** at home with Portuguese teacher mob 914566017 Lagos

**CHILDRENS BOOKS** for sale by internationally renowned author Julie Hodgson. In English, Portuguese and now on Kindle via Amazon. Come and meet Julie at www.juliehodgson.com



## Entertainment

**ALGARVEAN'S EXPERIMENTAL** Theatre Group are active all year and need you as a member. Are you good with a needle or do you like to paint? Happy to go on stage and perform or would you prefer to assist backstage? Young or old join in the fun. Why not take a look at our website? www.thealgarveans.com. Want to be part of our group? Ring Pat on 282 695 614 or email patnlesport@hotmail.com

## For Sale Private

**DISCOUNT GAMESROOM**, pool, snooker, table tennis, foosball, trampolines www.fjnorth.net, 912264905

**9 STONEWARE VICTORIAN** ginger beer and lemonade bottles. Downsizing so have to go. €70 ono. Tel: 918721688

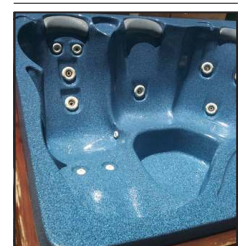
**HOMEBASE GAS** barbecue. Complete with gas very good condition. 60 euro o.n.o Alvor 282459026.

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**2 DIGITAL PHONES** (RDIS), and 1 analogue phone. All desktop designs and ready to plug in. €50 o.n.o. the lot. Tel. 912759461.

**QUALITY 2MTX1MT** double glazed sliding windows. offers. good condition. Tel.289396177 (8135-111)

**COFFEE TABLE**, glass top, €75; White loose cover Chesterfield sofa, €200; Metal shelving, €25; 1,000lt. Water tank, metal reinforced exterior, €70; 45kg. Galp gas cylinder, €60. Tel. 916340560.



**HOT TUB**, 4 seater inc. lounge, 2 yrs old, VGC inc cover and stand 3500€ 934491320



**DINING TABLE** (180x90cms), 6 Chairs and a Console Table. Pale ash, black granite inlay. As New. Offers. Please call 916809555 with prices etc.

## Health & Beauty

**ENGLISH HAIRDRESSER!** CABELLO-Vilamoura. Quality at amazing prices! Cut/ blowdry -25,00! Colour-20,00! Behind Hilton hotel. Tel: 289 322285

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â&#65533;-600,000.00.  
We are looking to swap  
it for a Villa with Pool in  
the Algarve. Phone  
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## Jobs Wanted

**HARD WORKING** english  
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Extremely computer literate  
with graphic design skills,  
organized, motivated and  
can multitask.  
Speaks Portuguese but not  
fluently. Anything consid-  
ered. Call: 00351  
934761478.

**LOOKING FOR** a part-  
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Available weekends.  
Contact 966232378

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Chef, highly experienced in  
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Contact

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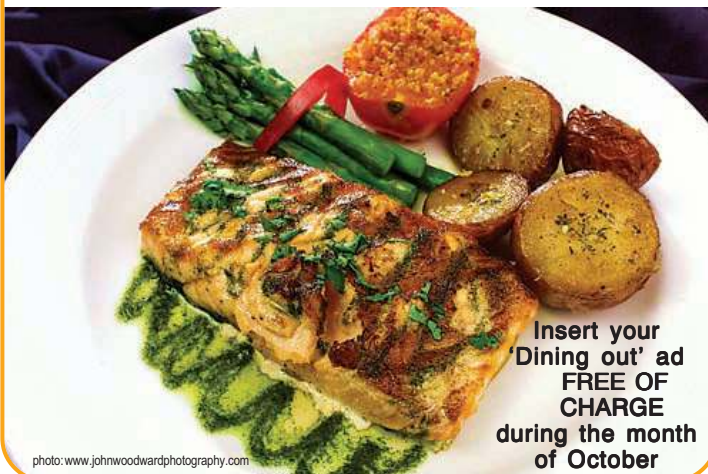
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# Portuguese Water Dog weekend

So this last weekend was Gibraltar Show weekend; all new to me and what I have been preparing for. Preparation for me has involved lots of running up and down roads and many baths for Cleo. Cleo is a love as she just accepts what comes her way---but she is 'her own woman' and as far as a ring is confirmed it is never cut and dried that she will actually perform on the day!

After all sorts of panics on my behalf we set off for Gibraltar on Friday, arriving early evening. Within an hour yet another panic as Cleo jumped from the only piece of grass in Gibraltar where she had been for a comfort stop-----she landed, screamed and stood crying with her leg hanging. Well you can all no doubt imagine what went through my mind, everything. Ended up sat on the pavement by a busy roundabout massaging Cleo's leg and calming her down. Luckily I had

with me some anti inflammatory medication which I gave her as I settled her back in her crate. A few hours later she was walking fine thank goodness.

We then went off to get lost finding the Hotel, checked in and then off for a meal. It was about 1982 when I was last in Gibraltar and that was a day trip so I wasn't sure quite what to expect. I had been told to expect an English City on a Rock---well that about sums it up. English money, English plugs, thank you Clare for the adapter for my phone charger---that had just not occurred to me.

Next morning the fun started. Not like any other show I have been to. Setting was next to the airport---where the runway is over the road---interesting and very noisy. The Marina was on the other side which was pleasant. The actual show set up was a little chaotic but I had been warned of that. I spent my time finding

rings, walking and grooming Cleo and desperately trying to shield her from my nerves which were on red alert.

Our ring time arrived and it has to be said Cleo was in a good mood which is always a plus. So what did she do? Everything I had dreamed of, Gibraltar Champion, her International point and qualification for Crufts 2011. So, she is now a Portuguese Champion, International Champion and Gibraltar Champion. She is my first Portuguese Water Dog and the first dog I have ever shown in my life, I dreamed of this but did not expect it.

I have lots of people who have helped me to get to this point with Cleo. Most important of all is Cleo---she is a darling, she looks after me, when I am down she 'picks' me up and she watches over me. My family, Jim and Julie for running me around and looking after dogs and shop for me as I trail around Europe. Lewis and Nicolas for their help. My UK family for their support. Very important, Laura Browne for taking me to so many shows and encouraging me when I decide I am too old for it all. The whole

Browne family for their help and support in all ways. Nuno Marques and António for their grooming for all the big shows. Nuno loves what he does and has a wonderful way with the dogs. Give him a call if you need any grooming advice 914 589 193. A very big thank you to Isabel Santos for her advice and Marta and Tiago for their help.

Our Sunday ring appearance

Best in Breed Mr Bojangles do Sol da Laurita with Laura and Best Female Ibn Harun Coral (aka Cleo)



## Hi There !



This is PELÉ. He is a 5-month old puppy and he won last Saturday the 1st prize as the cuttest pup in Mix-Breed category in Scruffs 2010. His history is as many others in Portugal: Found abandoned on the street, picked up by a merciful soul who already has too many dogs and now is waiting for a permanent home. So if you would like to give a home to a "champion puppy" - let us know. Bianca Association: [www.bianca.pt/english](http://www.bianca.pt/english) and email: [sesimbra.bianca@gmail.com](mailto:sesimbra.bianca@gmail.com)

An adult male dog was abandoned and he has obviously been well treated because he has no parasites, is healthy, not thin, and his fur is shiny. He is a big dog, kind and gets along well with other animals. He is clean and housebroken. If you are interested in this dog, please contact: 914 122 898

BELLA is 2 years old, female and a Lurcher cross, black rough haired. Bella has been spayed, vaccinated (until May 2011) and microchipped. She has an EC Passport. She is a lovely dog who has lots of energy and likes to play. Tel 282 471347 or 91 4767958 or e mail [pixley@sapo.pt](mailto:pixley@sapo.pt)



MACACO is 3 years old, male, a Terrier cross with light brown hair. Macaco is castrated, vaccinated (until August 2011) and microchipped. His previous life was not ideal and spent most of his day in a cage suitable for a chicken! In spite of this situation, he does not have any behavioural problems and loves to play. Tel. 282 471347 Mobile 91 4767958 or E-mail [pixley@sapo.pt](mailto:pixley@sapo.pt)



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was a repeat of Saturday with more rosettes to add to the Cleo store. I am still in shock over Cleo achieving all of this, in four years we have achieved so much.

We never got to the shops in Gibraltar as they all seemed to shut at 13.00pm Saturday for the weekend. Spain was the same and a plan to shop on the trip back was thwarted by Sunday closing.

So whilst I was having my adventure my good friends Anne and Keith Browne with Henry the

Portuguese Water Dog were winning the Pedigree Dogs group at Scruffs in Lagoa and followed that by winning Best in Show, Pedigree Dog---so many congratulations to them.

All in all it was a good weekend for the Portuguese Water Dogs---they are such a special breed, very clever, intelligent and fun to be with.

Jan Cobley  
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# Paulo Bento appointed as Portugal manager

The Portuguese Football Federation (FPF) this week officially unveiled Paulo Bento as the new national squad head coach.

Paulo Bento, 41, replaces Carlos Queiroz, whose contract was terminated following two suspensions over allegations of verbally abusing anti-doping officials.

According to a note on FPF's website, Bento's contract will run through until July 2012.

Also appointed were assistant coach Leonel Pontes, trainer João Aroso and goalkeeper coach Ricardo Peres, all of whom worked with Bento during his four year-stint at Sporting.

Paulo Bento's former experience as a coach consists uniquely of his time at the Lisbon club in which his team was consistently placed second in Portugal's league behind FC Porto.

He was sacked in 2009 after a spell of poor results.

Paulo Bento played for both Benfica and Sporting and was also a regular in the Portuguese national football team during the late 90s and the beginning of the new millennium.

Bento's hiring comes after a failed FPF attempt to recruit Real Madrid manager José Mourinho for a two-game contract. The Spanish club denied Mourinho permission to take a temporary job with the Portugal national team.

Bento's first matches will be Euro 2012 qualifiers at home to Denmark and away to Iceland, on October 8 and 12. *TPN/Lusa*

**Photo above right: A file photo dated 15 November 2008 of Paulo Bento in Lisbon. (Photo: Lusa / Tiago Petinga)**



## Queiroz filing criminal complaint against national football body

Portugal's former national football coach Carlos Queiroz told Lusa News Agency this week he was filing a criminal complaint over his sacking earlier this month due to a row with anti-doping officials last May ahead of the World Cup.

"I've instructed my lawyers to formalise a criminal complaint", he said, adding there were "strong indications of procedural fraud in the various phases of the

process" that led to his firing by the Portuguese Football Federation (FPF).

He said his lawyers filed the complaint on Tuesday.

In a related story, Carlos Queiroz is being considered by the Ukrainian federation to lead its national squad, the Ukrainian sports press has reported.

According to Ukraine's 'Sports Ekspres' paper and the 'FootballTransfer' website,

Queiroz is in the running to replace caretaker Yuri Kalitvinsev at the Ukrainian national squad. 'FootballTransfer' adds that "Queiroz has already sent a proposal to the Ukrainian Federation".

Lusa tried to confirm these reports with the Ukrainian Federation, who declined to comment.

The Ukraine will co-host the Euro 2012 with Poland.

*TPN/Lusa*

## SUPERLEAGUE FIXTURES WEEK 6

MATCH	DATE	TIME	TV
Braga-Naval	Friday	20h15	SportTV1
Académica-Guimarães	Saturday	17h00	SportTV1
Marítimo-Benfica	Saturday	19h15	TVI
FC Porto-Olhansense	Saturday	21h15	SportTV1
Leiria-Rio Ave	Sunday	16h00	
Portimonense-Beira-Mar	Sunday	16h00	
Sporting-Nacional	Sunday	20h15	SportTV1
Setúbal-P. Ferreira	Monday	19h45	SportTV1

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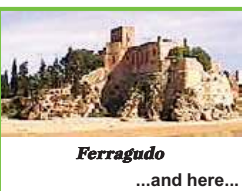
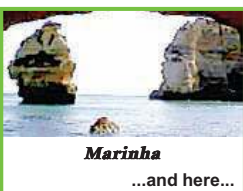
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